

Course Number: PH 353
Course Title: Human Sexuality and Disease
Credit Hours: 3
Instructor: Virginia Kreisworth, Ph.D.
Office Location: Hardy Tower 119C
Office Hours: Wednesday: 1:00pm to 3:00pm
Thursday: 10:00am to 1:00pm
and by appointment
Telephone #: (619) 594-1623
Email address: vkreiswo@mail.sdsu.edu

Course Description

Prerequisite: Completion of the General Education requirement in Foundations II.B., Social and Behavioral Sciences.

Development of sexual values, attitudes and behaviors across ages, including evolution and occurrence of sexually transmitted infections worldwide. Focus on biological, medical, psychological, sociocultural, and political factors. Not open to students with credit in Community Health Education 353 and 475.

Course Objectives

Students will be able to:

1. Compare and contrast the concepts of natural and normal sexual behavior in relationship to societal norms.
2. List and describe the functions of the external female sexual structures.
3. List and describe the functions of the internal female sexual structures.
4. List the principal female reproductive hormones along with the role each plays in the reproductive process.
5. Describe oogenesis and the phases of the menstrual cycle.
6. List and describe the functions of the external male sexual structures.
7. List and describe the functions of the internal male sexual structures.
8. List the principal male reproductive hormones along with the role each plays in the reproductive process.
9. Explain the process of spermatogenesis and sex determination.
10. Analyze traditional male and female gender roles and sexual scripts.
11. Assess changes in contemporary gender roles and sexual scripts.
12. List and give examples of communication patterns in satisfied relationships and discuss gender differences in partner communication.

13. Describe and evaluate the different contraceptive methods available in the United States.
14. Discuss future contraceptive options that may become available for use in the United States.
15. Evaluate the disparities in the incidence of STIs among males and females, different age groups and racial and ethnic differences.
16. List and describe the major STIs.
17. Compare and contrast the characteristic symptoms of STIs in males and females.
18. Analyze factors involved in STI prevention.
19. Describe the process and progress of HIV infection.
20. List and describe the conditions and symptoms associated with HIV and AIDS.
21. Discuss AIDS in relationship to age, gender, sexual orientation, socioeconomic status, and ethnicity.

Required Textbook

Strong, Bryan, Yarber, William L., Sayad, Barbara W., and DeVault, Christine. Human Sexuality: Diversity in Contemporary America. 6th ed., Boston: McGraw-Hill, 2008.

Evaluation Procedures

1. Exam 1 - February 28, 2007 (100 points)

(Chapters 3, 4, 5, 8, 10, and class notes)

2. Exam 2 - April 4, 2007 (100 points)

(Chapters 15, 16 and class notes)

3. Exam 3 - May 16, 2007 (100 points)

(Chapters 11, 17, 18, and class notes)

4. Homework Assignment (20 points)

Invent a method of birth control, knowing that money and/or technology is not an issue. Write a one-page, typed-written paper including the following information:

- a) Name of the method
- b) Which sex would use it
- c) How it would work
- d) Cost
- e) Other than contraceptive benefits, would using the method provide other benefits?

Due Date: April 11, 2007

5. Visitation Assignment (40 points)

Go to an adult bookstore and “look around.” Write a 3-4 page paper addressing the following questions:

1. Which bookstore did you select and why?
2. Was this your first time in an adult bookstore?
3. Did you go alone or with someone else? Why?
4. What books, videos, gifts, etc. did you see?
5. Which book, video, gift, etc. was the most:
 - a) interesting?
 - b) unusual?
 - c) embarrassing?
 - d) expensive?
6. Were any other services offered in the bookstore? (For example: a video room)
7. What were your observations of the environment, personnel, people, etc.?
8. What were your overall feelings and thoughts before, during and after the visitation?
9. Was this an educational experience for you? Why or why not?
10. Can this type of “information” be beneficial in an educational setting?
 - a) If “yes,” under what circumstances?
 - b) If “no,” explain why.
11. Would you try this experience again? Why or why not?

Be prepared to share some of your responses in class.

*If for any reason you feel that you cannot do this assignment, please see me by February 21st to get an alternative assignment.

Due Date: April 25, 2007

6. Debates (50 points)

Instructions:

1. Six to seven individuals will be assigned to one of the topics listed below.
2. For each topic, there are advantages and disadvantages to both sides of the question.
3. Half of the group will be responsible for researching the “advantage” side and the other half will be responsible for the “disadvantage” side.
4. Each individual should work independently on his/her own research.
5. Find three documented facts to support your side.
6. Write down the three facts, along with the cited reference(s) for each fact. (To be submitted at the end of class).
7. Each group will form a panel in front of the class.
8. Each student will have approximately three minutes to present his/her facts to the class.

Topics:

1. Should sexual abstinence be taught in schools?
2. Should schools make condoms available to students?
3. Should sexual contact on the internet be restricted?
4. Should emergency contraception be available over-the-counter?
5. Should same-sex marriage be legal?
6. Should beauty pageants be eliminated?
7. Should there be mandatory testing of sexually transmitted infections?
8. Should there be mandatory reporting of sexually transmitted infections to all partners?
9. Should doctors/pharmacists have the right to refuse prescribing or dispensing birth control pills?
10. Should gender selection technology be used to choose the sex of a baby?
11. Should Roe vs. Wade be overturned?
12. Should Proposition 85 be passed in November’s election?
13. Should prostitution be legal?
14. Is pornography harmful to women and children?
15. Should single individuals be allowed to adopt children?

**Topics and “sides,” along with due dates, will be given out in class on
February 14, 2007**

Grading

- A = 90%-100%
- B = 80%-89%
- C = 70%-79%
- D = 60%-69%
- F = Below 60%

Important Class Information

1. No make-up exams will be given.
2. Assignments must be submitted no later than the specified due date.
3. Assignments will not be accepted past the due date. If you are unable to attend class The day an assignment is due, email the assignment to me.
4. It is your responsibility to get missed class notes from a fellow class member.
5. Announcements, assignments and class information will be posted on Blackboard.
6. It is your responsibility to check Blackboard daily.
7. I encourage everyone to participate in this class. If you have questions or comments, please share them with the class. It is expected that all class discussions will be conducted in a respectful manner. Please refrain from private conversations during class.
8. Cheating or plagiarism not only violates SDSU academic standards, but makes the offender liable to penalties. Refer to the “Course Documents” section on Blackboard for the SDSU Academic Senate Policy regarding, “Handling Cases of Suspected Plagiarism.”
9. If a class must be cancelled without prior notification, it will be posted on Blackboard the day of the class, no later than Noon.

Topics and Readings for PH 353

<u>Date(s)</u>	<u>Topic</u>	<u>Textbook Readings</u>
Jan. 24	Introductions/Announcements/ Course Overview	None
Jan. 31	Female Sexual Anatomy & Physiology	Chapter 3
Feb. 7	Male Sexual Anatomy & Physiology	Chapter 4
Feb. 14	Gender and Gender Roles/ Love and Communication	Chapter 5 Chapter 8
Feb. 21	Variations in Sexual Behavior	Chapter 10
Feb. 28	EXAM 1	
March 7 and 14	Sexually Transmitted Infections	Chapter 15
March 21	HIV and AIDS	Chapter 16
March 28	Spring Break	
April 4	EXAM 2	
April 11 and 18	Contraception and Birth Control	Chapter 11
April 25	Sexual Coercion	Chapter 17
May 2	Sexually Explicit Materials	Chapter 18
May 16	EXAM 3	

