

SAN DIEGO STATE UNIVERSITY
Health Promotion Department of Student Health Services
Peer Health Education Actives
Nutrition
Active Syllabus – Fall 2006

PH/PSY 499 (1 unit)

This syllabus covers the requirements and policies associated with the 1 unit Peer Health Education Active section of Community Health Education 499 (Special Study). All policies described with this syllabus also apply to students receiving credit through other departments.

Training Facilitator: Valerie Winstrom, BA

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Training Meeting Day/Time: Mondays 2-3:00pm

Class Meets at:

Office Hours: Call for appointment

Purpose of Course

This PHE active course will provide a continued foundation enabling students to meet requirements necessary for successful completion of the Peer Health Education Program. Requirements include attendance at scheduled meetings, a minimum of 6 presentations, and attendance and evaluation of PHE nutrition health trainees' final presentations.

Active Objectives

The objectives for the active meeting are as follows:

1. To provide students who already have a solid foundation of knowledge updated information in the area of nutrition.
2. To provide students with continued training necessary to attain an acceptable level of skills needed to effectively facilitate discussions, disseminate information and lead activities.
3. To provide students with training necessary to attain an acceptable level of skills needed for effective public presentations, including information giving, responding to misinformation, and responding to questions.

Requirements

Grades for this course will be based on the following requirements. There are 550 total points possible.

Attendance

150 points

Attendance and participation in all active meeting sessions is mandatory. Participation includes in-class activities such as “Your Choice” in-class presentations. A maximum of 2 excused absences will be allowed. Any additional absences will result in a lowering of your final grade. *Students are not allowed to miss any portion of class during the Evaluation component of the Training.*

Presentations

300 points

A minimum of 6 presentations are required to successfully complete this program. Students will sign up for presentations based on their availability and will work in pairs. It is important to gather materials and arrive prepared to all presentations. Presentations are evaluated by students and faculty. Students must notify PHE Program staff of any problems experienced during a presentation. Students must represent SDSU Student Health Services and the Aztec Recreation Center appropriately anytime serving as a PHE. If a student is not able to complete 6 presentations during the semester, presentation points can also be earned for tabling or participating in special events.

Evaluation of PHE Trainees’ Final Presentations

100 points

Attendance and evaluation of PHE Sexual Health Trainees final presentations is mandatory.

Other Training Policies

Do not hesitate to make an appointment to see the Training Facilitator to discuss any concerns or questions that arise during the semester. Call the Health Promotion Department to schedule an appointment.

Grading

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|----|---------|
| A | 95-100% |
| A- | 90-94% |
| B+ | 87-89% |
| B | 84-86% |
| B- | 80-83% |
| C+ | 77-79% |
| C | 74-76% |
| C- | 70-73% |
| D+ | 67-69% |
| D | 64-66% |
| D- | 61-63% |
| F | <60% |