

EMILY A. SCHMIED, MPH, PhD

CONTACT INFORMATION

Email: eschmied@sdsu.edu

EDUCATION

- 2011-2015 **PhD, Public Health**, University of California, San Diego/San Diego State University Joint Doctoral Program
- Emphasis: Health Behavior
 - Dissertation: *Predicting parent engagement in a family-based childhood obesity prevention program*
- 2006-2008 **MPH, Health Promotion**, San Diego State University, School of Public Health
- Thesis: *Use of self-perceived fitness level to measure objective fitness in male and female Marine Corps recruits*
- 2002-2006 **BS, Health Science** (with distinction), San Diego State University

CURRENT POSITIONS

- 2023-** **Division Chair**, Health Promotion and Behavioral Sciences, School of Public Health, San Diego State University
- 2023-** **Associate Professor**, School of Public Health, San Diego State University

PREVIOUS PROFESSIONAL POSITIONS

- 2020-2023 **Assistant Professor**, School of Public Health, San Diego State University
- 2008-2020 **Behavioral Scientist**, LEIDOS, Naval Health Research Center, San Diego, CA
- 2017-2020 **Director**, Online MPH Program, San Diego State University, San Diego, CA
- 2015-2020 **Faculty Lecturer**, San Diego State University, San Diego CA
- 2011-2015 **Predocctoral Research Assistant**, Institute for Behavioral and Community Health, San Diego, CA
- 2011-2015 **Teaching Assistant**, San Diego State University, San Diego CA
- 2007-2008 **Data Manager/Research Assistant**, SAIC, Naval Health Research Center, San Diego, CA
- 2007-2008 **Research Assistant/Data Analyst**, Harder and Co. Community Research, San Diego, CA
- 2005- 2006 **Health Educator**, Healthy Youth Healthy Futures, San Diego, CA

PEER-REVIEWED PUBLICATIONS

Note: Underlining indicates student collaborators

39. **Schmied, E.A.**, Madanat, H., Chuang, E., Moody, J., Cervantes, G., Ibarra, L., Strong, D., Boutelle, K., & Ayala, G.X. Factors predicting parent engagement in a family-based childhood obesity prevention and control program. *BMC Public Health*, accepted. Impact factor: 4.1
38. **Schmied, E.A.**, Boltz, J., Levine, J., Koenig, H., Forbang, N., Shero, J., Dearth, C., Thomsen, C. (2023). All-cause and Cause-specific Mortality Rates after Severe Extremity Injuries among Previously Deployed Active-Duty Service Members. *Physical Medicine and Rehabilitation*, accepted. Impact factor: 2.2

37. **Schmied, E.A.**, Jun, H., Glassman, L., Pippard, N., Walter, K.H. (2023). Psychological Health Impact of Suicide Exposure among Active Duty Military Personnel. *Journal of Traumatic Stress, accepted*
36. **Schmied, E.A.**, Full, K.M., Lin, S., Gregorio-Pascual, P., Ayala, G.X. (2022). Sleep health among U.S. Hispanic/Latinx Children: An Examination of Correlates of Meeting Sleep Duration Recommendations. *Sleep Health, S2352-7218(22)00129-2*. doi:10.1016/j.sleh.2022.07.002. Impact factor: 4.5
35. **Schmied, E.A.**, Harrison, E., Hurtado, S.L., Powell, A., Glickman, G. (2022). Circadian, Light and Sleep Skills program for shipboard Sailors: a brief educational intervention that improves sleep and mental health outcomes at sea. *Sleep Health, 8(5):542-550*. doi:10.1016/j.sleh.2022.05.010. Impact factor: 4.5
34. **Schmied, E.A.**, Carinio, S.R., Glassman, L.H., Dell'Acqua, R.G., Bryan, C.J., & Thomsen, C.J. (2022). Suicide-specific training experiences and needs among military mental health providers. *Archives of Suicide Research, 1-15*. doi:10.1080/13811118.2022.2067510. Impact factor: 3.0 27% acceptance rate
33. Harrison, E., **Schmied, E.A.**, Hurtado, S.L., Powell, A., Glickman, G. (2022). The development, implementation, and feasibility of a Circadian, Light, and Sleep Skills program for Shipboard Military personnel (CLASS-SM). *International Journal of Environmental Research and Public Health, 19(5):3093*. doi:10.3390/ijerph19053093
32. Ferras, M., Dye, J., Ayala, G.X., **Schmied, E.A.** (2022). An Examination of Factors that Influence Receipt of Reproductive Health Screenings Among Female Veterans. *Military Medicine, doi:10.1093/milmed/usac036*
31. Glassman, L.G., **Schmied, E.A.**, Harrison, E.M., Englert, R., Thomsen, C.T. (2022). Relationships between self-reported psychological conditions and aggressive behaviors among crew members of a U.S. Navy aircraft carrier, January 2021. *Medical Surveillance Monthly Report, 28(9):13-16*.
30. Harrison E.M., Easterling, A., **Schmied E.A.**, Hurtado, S. & Glickman G.L. (2021). Chronotype and self-reported sleep, alertness, and mental health in U.S. Sailors. *Military Medical Research, 8, 43*. doi:10.1186/s40779-021-00335-2
29. Highfill-McRoy, R., Levine, J., Larson, G., Norman, S., **Schmied, E.A.**, Thomsen, C. (2021). Predictors of symptom increase in subsyndromal PTSD among previously deployed military personnel. *Military Medicine, DOI: https://doi.org/10.1093/milmed/usab034*.
28. Harrison, E.M., **Schmied, E.A.**, Easterling, A.P., Yablonsky, A.M., Glickman, G.L. (2020). A hybrid effectiveness-implementation study of a multi-component lighting intervention for hospital shiftworkers. *International Journal of Environmental Research and Public Health, 7;17(23):9141*. DOI: 10.3390/ijerph17239141.
27. Harrison E.M., **Schmied E.A.** & Glickman G.L. (2020). Implementation of interventions designed to enhance the circadian health of shiftworkers. *Chronobiology International, 38(4):467-479*. DOI: 10.1080/07420528.2020.1845190.
26. **Schmied, E.A.**, Englert, R.E., Harrison, E.M., & Thomsen, C. (2020). Studying the Health and Performance of Shipboard Sailors: An Evidence Map. *Military Medicine, 186, e512-e524*. DOI: https://doi.org/10.1093/milmed/usaa459.
25. **Schmied, E.A.**, Dell'Acqua, R., Harrison, E., Perez, V., Glickman, G., & Hurtado, S. (2020). A qualitative examination of barriers and facilitators to sleep experienced by shipboard Sailors. *Military Medicine*, in press. https://doi.org/10.1093/milmed/usaa321
24. Boltz, J., Del Re, A.C., Koenig, H. **Schmied, E.A.**, McRoy, R.M., Yablonsky, A. (2020). Caregiver health: An epidemiological study of Active Duty parents with special needs children. *Military Behavioral Health, 8:4, 364-377, DOI: 10.1080/21635781.2020.1825242*

23. Fraser, J.J., **Schmied, E.A.**, Rosenthal, M.D., & Davenport, T. (2020). Physical therapy as a force multiplier: Population health perspectives to address short-term readiness and long-term health of military service members. *Cardiopulmonary Physical Therapy Journal*, *31*, 22-28. doi: 10.1097/CPT.0000000000000129
22. Hurtado, S.L., Simon-Arndt, C. M., **Schmied, E.A.**, Belding, J.N., Subala, R.S., & Richardson, C.M. (2019). Reducing Stigma: An Evaluation of a Video to Demystify Mental Health Treatment for Military Personnel. *Psychiatric Services*, *70*.
21. **Schmied, E.A.**, Chuang, E., Madanat, H., Moody, J., Ibarra, L., Ortiz, K., Macias, K., & Ayala, G.X. (2018). A qualitative examination of parent engagement in a family-based childhood obesity intervention. *Health Promotion Practice*, <https://doi.org/10.1177/1524839918757487>.
20. Full, K., **Schmied, E.A.**, Parada, H., Cherrington, A., Ayala, G.X. (2017). The Relationship between Sleep Duration and Glycemic Control among Hispanic Adults with Type 2 Diabetes. *Diabetes Educator*, *43*, 519-529.
19. **Schmied, E.A.**, Larson, G., Highfill-McRoy, R., & Thomsen, C. (2016). Reciprocal relationships between stressors and mental health problems in military veterans. *Journal of Social and Clinical Psychology*, *35*, 705-721.
18. Conway, T., **Schmied, E.A.**, Larson, G., Galarneau, M., Hammer, P., Quinn, K.H., . . . Ly, H. (2016). Treatment of mental or physical health problems in a combat zone: Comparisons of post-deployment mental health and early separation from service. *Journal of Traumatic Stress*, *29*, 149-157.
17. **Schmied, E.A.**, Parada, H., Horton, L., Ibarra, L., & Ayala, G.X. (2015). A process evaluation of an efficacious family-based intervention to promote healthy eating: The *Entre Familia Reflejos de Salud* study. *Health Education and Behavior*, *42*, 583-592.
16. **Schmied, E.A.**, Padilla, G., Thomsen, C., Hiller Lauby, M., Harris, E., & Taylor, M.K. (2015). Sex Differences in Coping Strategies in Military Survival School. *Journal of Anxiety Disorders*, *29*, 7-13.
15. Ayala, G.X., Ibarra, L., Binggeli-Vallarta, A., Moody, J., McKenzie, T.L., Angulo, J . . . **Schmied, E.A.**, Arredondo, E., & Elder, J.P. (2015). Our Choice/Nuestra Opción: The Imperial County, California Childhood Obesity Research Demonstration Study (CA-CORD). *Childhood Obesity*, *11*, 37-47.
14. Chuang, E., Ayala, G.X., **Schmied, E.A.**, Gehre, C., Gittelsohn, J., & Davison, K. (2015). Evaluation Protocol to Assess an Integrated Framework for the Implementation of the Childhood Obesity Research Demonstration Project at the California (CA-CORD) and Massachusetts (MA-CORD) Sites. *Childhood Obesity*, *11*, 48-57.
13. Norman, S., **Schmied, E.A.**, & Larson, G.E. (2015). Physical Aggression Among Post-9/11 Veterans. *Military Behavioral Psychology*, *3(1)*, 47-54.
12. Norman, S., **Schmied, E.A.**, & Larson, G. (2015). Going Against the Norm: Who Continues Problem Drinking Following Military Discharge? *Journal of Studies on Drugs and Alcohol*, *75*, 557-566.
11. Taylor, M.K., Larson, G.E., Hiller-Lauby, M.D., Padilla, G.A., Wilson, I., **Schmied, E.A.**, Highfill-McRoy, R.M., & Morgan, C.A. (2014). Sex differences in cardiovascular and subjective stress reactions: prospective evidence in a realistic military setting. *Stress*, *17*, 70-78.
10. Booth-Kewley, S., **Schmied, E.A.**, Highfill-McRoy, R. M., Sander, T. S., Blivin, S., & Garland, C. F. (2014). A prospective study of factors affecting recovery from musculoskeletal injuries. *Journal of Occupational Rehabilitation*, *24*, 287-296.
9. **Schmied, E.A.**, Parada, H., Horton, L., Madanat, H., & Ayala, G.X. (2014). Family support is associated with behavioral strategies for healthy eating among Latinas. *Health Education and Behavior*, *41(1)*, 34-41.

8. **Schmied, E.A.**, Highfill-McRoy, R., Larson, G., & Crain, J. (2013). Implications of Psychiatric Comorbidity among Combat Veterans. *Military Medicine*, 178(10), 1051-1058.
7. Booth-Kewley, S., **Schmied, E. A.**, Highfill-McRoy, R. M., Larson, G. E., Garland, C. F., & Ziajko, L. A. (2013). Predictors of psychiatric disorders in combat veterans. *BMC Psychiatry*, 13(130).
6. **Schmied, E.A.**, Larson, G., & McRoy, R. (2012). Mental health and turnover following an initial term of military service. *Military Medicine*, 177(7),766-772.
5. Schmitz, K., **Schmied, E.A.**, Webb-Murphy, J., Hammer, P., Larson, G., Conway, T., Galarneau, M., Boucher, W., Edwards, N., & Johnson, C. (2012). Psychiatric diagnoses and treatment of U.S. military personnel while deployed to Iraq. *Military Medicine*, 177(4), 380-389.
4. Crain, J., Larson, G., Highfill-McRoy, R., & **Schmied, E.A.** (2011). Post-combat outcomes among Marines with preexisting mental diagnoses. *Journal of Traumatic Stress*, 24, 671-679
3. Conway, T., Hammer, P., Galarneau, M., Larson, G., Edwards, N., **Schmied, E.A.**, Ly, H., Schmitz, K., Webb-Murphy, J., Boucher, W., Johnson, D., & Ghaed, S. (2011). Theater Mental Health Encounter Data (TMHED): overview of design and methods. *Military Medicine*, 176(11),1243-1252.
2. Larson, G., Hammer, P., Conway, T., **Schmied, E.A.**, Galarneau M.R., Konoske, P., Webb-Murphy, J.A., Schmitz, K. J., Edwards, N., & Johnson, D. C. (2011). Symptom histories of war zone psychiatric patients. *Psychiatric Services*, 62(1), 15-21.
1. Knapik, J., Trone D., Swedler, D., Villasenor, A., Bockelman, T., **Schmied, E.A.**, Bullock, S., Han, P., & Jones, B. (2010). Injury reduction effectiveness of assigning running shoes based on plantar shape in Marine Corps basic training. *American Journal of Sports Medicine*, 38(9), 1759-1767.

PEER-REVIEWED PUBLICATIONS UNDER REVIEW OR IN PREPARATION

1. Lin, S., Zive, M., **Schmied, E.A.**, Helm, J., Ayala, G.X. The effects of a multisector, multilevel intervention on child dietary intake: California Childhood Obesity Research Demonstration Study (CA-CORD). *Public Health Nutrition*, under review.
2. Kipping, R., Huberty, J., **Schmied, E.A.** Social media use by pregnant women seeking health-related information: a descriptive study. *Maternal and Child Health*, under review (submitted January 2022). Impact factor: 2.2
3. **Schmied, E.A.**, Harrison, E., Englert, R., Glassman, L., Rhoton, J., Thomsen, C. A Qualitative Examination of Challenges and Opportunities to Maximize Mental Health among Shipboard Sailors. *Military Behavioral Health*, under review (submitted September 2022).
4. **Schmied, E.A.**, Briese, V., Metz, E., Lewis, S., Lemus, H., Godino, J., Liu, J. Examining Blood Sugar Levels During the COVID-19 Pandemic Among Patients with Type 2 Diabetes in a Federally Qualified Health Center System. *International Journal of Environmental Research and Public Health*, under review
5. Vialu, R., Hartmann, E., **Schmied, E.A.** The Role of Social Determinants of Health in Veteran Suicide: A Systematic Review. *Journal of Public Health Student Capstones*, submitted September 2022. Impact factor: Not available (new journal).
6. Larsen, J., Madanat, H., McClain, A., **Schmied, E.A.** An Evaluation of a Pilot Intuitive Eating Intervention for College Women. In preparation for submission to *Journal of Public Health Student Capstones*.
7. McGill, M., Dye, J., **Schmied, E.A.** An Examination of Women Veterans' Healthcare Seeking Experiences. In preparation for submission to *Military Medicine*.

BOOK CHAPTERS

2. Reinholz, D., **Schmied, E.A.**, Ridgeway, S., Shah, N. (2022). Utilizing data analytics to incorporate racial equity into STEM faculty development. In Linder, S., Lee, C., Stefl, S., High, K. (Eds). *Handbook of STEM Faculty Development*. Information Age Publishing, Inc.: Charlotte, NC.
1. **Schmied, E.A.** & Madanat, H. (2015). General program planning in public health. In Madanat, Ayala & Arredondo, *Introduction to Health Promotion and Behavioral Science in Public Health*. San Diego, CA: Cengage Publishing.

POPULAR PRESS AND INVITED COMMENTARIES

1. **Schmied, E.A.**, Quinlan, K. (January, 2022). Taking a Stand Against Suicide: How to use a new policy statement to guide your suicide prevention advocacy efforts. *Public Health Post*.
<https://www.publichealthpost.org/viewpoints/taking-a-stand-against-suicide/>

GOVERNMENT PUBLICATIONS

12. Booth-Kewley, S., McWhorter, S.K., Dell'Acqua, R.G., Altarejos, I.V., & **Schmied, E.A.** (2015). Perceived effectiveness of highly realistic and live tissue training for Navy corpsmen. Draft manuscript in progress. NHRC Tech. Report 15-34. San Diego: Naval Health Research Center.
11. McAnany, J., **Schmied, E.**, Booth-Kewley, S., Beckerley, S., Taylor, M.K. (2014). U.S. Naval Unit Behavioral Health Needs Assessment Survey: Overview of survey items and measures. Naval Health Research Center Report No. 14-37.
10. Larson, G.E., **Schmied, E.A.**, Stander, V., & Booth-Kewley, S. (2013). Life after service: Solutions to common challenges. Naval Health Research Center Report No. 13-11K.
9. Taylor, M.K., Sargent, P., Weatherford, Z., Drummond, S.P.A., Larson, G.E., Markwald, R.M., Harris, E.R., Padilla, G.A., **Schmied, E.A.**, Burns, J.P. (2013). The SEAL Sleep Working Group: Recommendations. Naval Health Research Center Report No. 13-38.
8. Hurtado, S., Taylor, M., Larson, G., & **Schmied, E.A.** (2012). Marine Corps Reservists Needs Assessment, 2011. (Technical Report No. 12-16). San Diego, CA: NHRC.
7. Conway, T., Hammer, P., Galarneau, M., Larson, G., Edwards, N., **Schmied, E.A.**, . . . Ghaed, S. (2011). Theater Mental Health Encounter Data (TMHED): overview of design and methods. (Report No. 10-40). San Diego, CA: NHRC.
6. Hurtado, S., Crain, J., McRoy, R., Simon-Arndt, C., **Schmied, E.A.**, & Woodruff, S. (2010). Substance Use Prevention in a Youth Development Program. (Report No. 10-05). San Diego, CA: NHRC.
5. Crain, J., Hurtado, S., McRoy, R., **Schmied, E.A.**, & Simon-Arndt, C. (2010). Modifiable Risk Factors for Marijuana Use among Adolescents in a Youth Development Program. (Report No. 10-04). San Diego, CA: NHRC.
4. Knapik, J., Trone, D., Swedler, D., Bockelman, T., Villasenor, A., **Schmied, E.A.** . . . Jones, B. (2009). Injury reduction effectiveness of assigning running shoes based on plantar shape in Marine Corps Basic Training, San Diego, CA, and Parris Island, SC March-October 2007. Technical Report No.12-HF-05SBA-07C, Army Center for Health Promotion and Preventive Medicine, Aberdeen Proving Ground, MD.
3. Hurtado, S., Crain, J., Simon-Arndt, C., McRoy, R., **Schmied, E.A.**, & Woodruff, S. (2009). Evaluation of Drug Demand Reduction Efforts in the Young Marines Program: Final Results. Naval Health Research Center, San Diego, CA: NHRC.
2. Larson, G. E., Highfill-McRoy, R. M., Booth-Kewley, S., Service, D., Kraft, H., **Schmied, E. A.**, & Koffman, R. L. (2008). Reintegrating subjective and objective aspects of war-related PTSD. (Report 08-

30). San Diego, NHRC.

1. Highfill-McRoy, R., **Schmied, E.A.**, Hurtado, S., Simon-Arndt, C., & Crain, J. (2008). Recommended Screening Tools and Referral Guidelines for Marine Corps Substance Abuse Counseling Center Clients with Mental Health Concerns. Naval Health Research Center report submitted to Headquarters Marine Corps, Quantico, VA.

REFEREED PRESENTATIONS

Note: Underlining indicates student collaborators

73. Tannenbaum, K. **Schmied, E.A.**, Rohrbeck, P. (2023). Evaluating and Adapting an Existing Health Promotion Program to Prevent Musculoskeletal Conditions Among Seafarers: A Research Protocol. *Military Healthcare System Research Symposium, Kissimmee, FL, poster presentation.*
72. Hurtado, L., Harrison, E. Perez, V., Englert, R., Thomsen, C., **Schmied, E.A.** (2023). Stressors and Support Experienced by Active Duty Navy Personnel at Sea. *Military Healthcare System Research Symposium, Kissimmee, FL, poster presentation.*
71. Briese, V., Delker, E., Lemus, H., **Schmied, E.** (2023). A1C management during the COVID-19 pandemic among type 2 diabetes patients at a federally qualified health center. *Epidemiology Exchange, poster presentation.*
70. **Schmied, E.A.** (2023). Training Public Health Students to Become Productive Health Advocates and Activists. *World Congress of Public Health, Rome, Italy, Oral Presentation.*
69. Glassman, L. H., Bonkowski, J. F., Walter, K. H., & **Schmied, E. A.** (November, 2023). Meeting Service Members Where They Are: Does Telehealth Access Increase PTSD Treatment Utilization? *International Society for Traumatic Stress Studies (ISTSS), Los Angeles, CA, under review*
68. **Schmied, E.A.**, Briese, V.L., Metz, E., Marquez, D., Lewis, S., Liu, J., Godino, J. (2023). Experiences of Type 2 Diabetes Patients during the COVID-19 Pandemic. *Research Centers in Minority Institutions Annual Conference, Poster Presentation, Bethesda, MD.*
67. Marquez, D., Metz, E., Lewis, S., Godino, J., Liu, J., **Schmied, E.A.** In their Own words: A Qualitative Study of Patient Perspectives on Best Practices for Management of Type 2 Diabetes. (2023). *Art and Science of Health Promotion Annual Conference, Poster Presentation, Colorado Springs, CO.*
66. Metz, E., Marquez, D., Lewis, S., Godino, J., Liu, J., **Schmied, E.A.** Successes and challenges faced by Patients with Type 2 Diabetes during the COVID-19 Pandemic: A Qualitative Study at a Federally Qualified Health Center in Southern California. (2023). *Art and Science of Health Promotion Annual Conference, Poster Presentation, Colorado Springs, CO.*
65. **Schmied, E.A.**, Briese, V., Priest, J., Metz, E., Lewis, S., Godino, J., Liu, J. (2022). A1C control during the pandemic among patients with type-2 diabetes. *American College of Epidemiology Annual Conference, Poster Presentation, Scottsdale, AZ.*
64. Hartmann, E., Pippard, N., & **Schmied, E.** (2022). How do social determinants of health relate to veteran suicide? An examination of California Health Interview Survey data. *Poster presentation, American Public Health Association Annual Conference, Boston, MA.*
63. **Schmied, E.A.**, Glassman, L., Jun, H., Walter, K.H. (2022). The impact of PTSD and behavioral health factors on suicidality in service members following suicide exposure. *Oral presentation, International Society for Traumatic Stress Studies Annual Conference, Atlanta, GA.*
62. Shero, J., **Schmied, E.A.**, Boltz, J., Levine, J., Dearth, C., Forbang, N., Thomsen, C. (2022). Factors Associated with Elevated Mortality Following Severe Traumatic Extremity Injuries among Previously

- Deployed Active Duty Service Members. *Poster presentation, International Congress on Military Medicine Conference, Brussels, Belgium.*
61. Kipping, R., Huberty, J., **Schmied, E.A.** (2022). Social media use by pregnant women seeking health-related information: a descriptive study. *Poster presentation, American Public Health Association Annual Conference, Boston, MA.*
 60. Boltz, J., **Schmied, E.A.**, Levine, J., Shero, J., Forbang, N., Thomsen, C. (2022). All-cause and Cause-specific Mortality Rates after Severe Extremity Injuries among Previously Deployed Active-Duty Service Members. *Oral presentation, Military Healthcare System Research Symposium, Kissimmee, FL.*
 59. Walter, K.H., Jun, H., Glassman, L., Pippard, N., **Schmied, E.A.** (2022). Examining the impact of suicide exposure in the military: Does it differ by gender? *Poster presentation, Association for Behavioral and Cognitive Therapy Annual Conference, New York, NY.*
 58. **Schmied, E.A.**, Gombatto, S., Priest, J., Briese, V., Liu, J. (2022). Examining use of Telehealth During the COVID-19 Pandemic among Patients with Type 2 Diabetes at a Federally Qualified Health Center. *Oral Presentation, UConn Center for mHealth and Social Media Annual Conference, Virtual.* Published in *JMIR IP* *Proceedings*;8(1):e39264; doi: 10.2196/39264
 57. **Schmied, E.A.**, Jun, H., Glassman, L., Pippard, N., Walter, K.H. (2022). Examining the impact of suicide exposure in the military: Does it differ by gender? *Poster Presentation, Suicide Research Symposium, Virtual.*
 56. Vialu, R., Hartmann, E., **Schmied, E.A.** (2022). The Role of Social Determinants of Health in Veteran Suicide: A Systematic Review. *Poster Presentation, American Psychological Association Annual Conference, Minneapolis, MN.*
 55. Ferras, M., Dye, J., **Schmied, E.A.** (2022). An Examination of Factors that Influence Adherence to Reproductive Health Screening Recommendations Among Female Veterans. *Poster Presentation. Annals of Behavioral Medicine, 56s: S109.*
 54. Dye, J., **Schmied, E.A.**, Ferras, M. (2021). Investigating Women Veteran Health-Related Quality of Life and Access to Healthcare. *Oral Presentation, Tri-Service Nursing Research Program, Research and EBP Dissemination Course.*
 53. **Schmied, E.A.**, Ferras, M., Dye, J. Challenges to Receiving Mental Health Care among Women Veterans. (2021). In Case Study Series: Applications of the Public Health Approach to Suicide Prevention in the Military Affiliated Population. *American Association of Suicidology. eResource.*
 52. **Schmied, E.A.**, Harrison, E.M., Hurtado, S.L., & Glickman, G. (2021). Can a Brief Sleep Education Training Improve Sleep Quality Among Shipboard Sailors? *Poster presentation, Annual SLEEP Conference (virtual).*
 51. **Schmied, E.A.**, Koenig, H., Chang, R., Thomsen, C. (2020). Mental Health Diagnoses in Injured Active Duty Service Members. *Poster presentation, Annual Meeting of the American Psychological Association, Washington, DC (virtual).*
 50. **Schmied, E.A.**, Dell'Acqua, R., Harrison, E., Hurtado, S. A qualitative examination of barriers and facilitators to sleep experienced by shipboard Sailors. (2020). *Poster Presentation, Annual SLEEP Conference, Philadelphia, PA (virtual).*
 49. **Schmied, E.A.**, Koenig, H., Chang, R., Thomsen, C. (2020). Do Military Service Members who sustain amputations face increased risks for suicide? *Poster presentation, Annual Meeting of the American Association for Suicidology, Portland, OR (virtual).*
 48. Dell'Acqua, R., **Schmied, E.A.**, Glassman, L., Bryan, C., & Thomsen, C. (2019). Perceived Barriers to Implementation of a Novel Evidence-Based Suicide Prevention Training for Military Behavioral Health Care Providers. *Poster Presentation, Academy Health Dissemination and Implementation Conference, Arlington, VA.*

47. **Schmied, E.A.**, Harrison, E.M., Yablonsky, A.M., & Glickman, G. (2019). What factors may affect the implementation of a workplace sleep and circadian health intervention for hospital shiftworkers? *Poster Presentation, Academy Health Dissemination and Implementation Conference, Arlington, VA.*
46. Kwiatkowski, H., **Schmied, E.A.**, McRoy, R., & Yablonsky, A.M. Active Duty Personnel Parenting Children with Special Needs: An Epidemiological Study of Military Career Outcomes. (2019). *Oral Presentation, Annual Military Health System Research Symposium, Orlando, FL.*
45. Del Re, A.C., Kwiatkowski, H., **Schmied, E.A.**, McRoy, R.M., & Yablonsky, A. (2019). Health Outcomes of Active Duty Personnel Parenting Children with Special Needs: An Epidemiological Study. *Oral Presentation, Annual Military Health System Research Symposium, Orlando, FL.*
44. Harrison, E., **Schmied, E.A.**, Hurtado, S.L., Kowitz, B., Reames, S., Perez, V., Powell, A., Jackson, J., & Glickman, G. (2019). Development and implementation of a circadian, light, and sleep skills program for U.S. military service members (CLASS-M). *Poster Presentation, Annual Meeting of the Associated Professional Sleep Societies, San Antonio, TX.*
43. **Schmied, E.A.**, Simon-Arndt, C., Belding, J.N., Richardson, C., Subala, R., Hurtado, S.L. (2019). Getting help: Can an educational video change service members' attitudes about mental health treatment? *Oral presentation, Society for Behavioral Medicine Annual Conference, Washington DC.*
42. Kwiatkowski, H., **Schmied, E.A.**, McRoy, R.M., & Yablonsky, A.M. (2018). Active Duty Personnel Parenting Children with Special Needs: An Epidemiological Study. *Oral presentation, Military Health System Research Symposium, Kissimmee, FL.*
41. **Schmied, E.A.**, Harrison, E. M., Powell, A., Yablonsky, A. M., & Glickman, G. (2018, April). Engagement and satisfaction with a multi-component lighting intervention for enhancing sleep, circadian health and performance in military hospital staff. *Oral Presentation, 2018 Illuminating Engineering Society (IES) Research Symposium, Atlanta, GA*
40. Highfill-McRoy, R., Levine, J., Larson, G.E., Norman, S., & **Schmied, E.A.** Predictors of symptom increase in subsyndromal posttraumatic stress disorder. (2018). *Poster presentation, Military Health System Research Symposium, Kissimmee, FL.*
39. **Schmied, E.A.**, Ibarra, L., Chuang, E., Arredondo, E., Ayala, G.X. Implementation of an Obesity Care Model in a Federally Qualified Health Center to prevent and control childhood obesity. (2018). *Southern California Regional Dissemination, Implementation, & Improvement Science Symposium, Los Angeles, CA.*
38. Harrison, E.M., **Schmied, E.A.**, Yablonsky, A., Powell, A., Dyslin C., Sode, J., Glickman, G. A Multi-Component Lighting Intervention for Shiftworking Hospital Staff. (2018). *Oral presentation, Society for Research on Biological Rhythms Conference, Amelia Island, FL.*
37. **Schmied, E.A.**, Ibarra, L., Chuang, E., Ayala, G.X. (2018). Implementation of the California Childhood Obesity Research Demonstration (CA-CORD) Project. *Oral presentation, Dissemination and Implementation Research Summit, San Diego, CA.*
36. Yablonsky, A., Harrison, E., **Schmied, E.A.**, Glickman, G. (2018). Sleep and circadian rhythms in Navy hospital nurses and corpsmen. *Oral presentation, Navy Medical Center, San Diego Annual Academic Research Competition.*
35. **Schmied, E.A.**, Harrison, E., Yablonsky, A., Glickman, G. A workplace intervention to improve sleep and performance of military hospital staff: Participant satisfaction and lessons learned. (2018). *Poster presentation, Annual Navy and Marine Corps Public Health Conference, Norfolk, VA.*
34. Hurtado, S., Simon-Arndt, C., **Schmied, E.A.**, Stander, V., Miller, B., Thomsen, C. Stepping in: Service Members' Willingness to Prevent Risky Behaviors Among Their Peers. (2018). *Poster presentation, Annual Meeting of the American Psychological Association, San Francisco, CA.*
33. **Schmied, E.A.**, Simon-Arndt, C., McBrien, C., Dell'Acqua, Subala, R., Altarejos, I., Belding, J., Hurtado, S. Predictors of information sharing in a military mental health stigma reduction intervention. (2018). *Annals of Behavioral Medicine, 52(S1). Oral Presentation.*

32. **Schmied, E.A.**, Chuang, E., Madanat, H., Moody, J., Ibarra, L., Ortiz, K., Macias, K., & Ayala, G.X. (2017). A qualitative examination of parent engagement in a family-based childhood obesity intervention. *Annals of Behavioral Medicine, 51*, S1115.
31. Simon-Arndt, C., Hurtado, S., McAnany, J., **Schmied, E.A.**, Use and acceptance of a mobile application to prevent alcohol misuse among military personnel. (2017). *Annals of Behavioral Medicine, 51*, S1105.
30. **Schmied, E.**, Madanat, H., Chuang, E., Moody, J., Boutelle, K., Patterson, R., Strong, D., Ortiz, K., Ayala, G.X. (2016, November). Predicting parent engagement in a clinic-based family-focused childhood obesity prevention and control program. *Poster presentation, Obesity Society's Annual Scientific Meeting, New Orleans, LA.*
29. **Schmied, E.A.**, Madanat, H., Strong, D., Chuang, E., Patterson, R., Boutelle, K., Moody, J., & Ayala, G.X. (2015). Use of a modified Parent Motivation Inventory to assess parent engagement in child obesity programs. *Annals of Behavioral Medicine, 49*, S232.
28. McKenzie, T., Ayala, G.X., Moody, J., Hoyt, H., **Schmied, E.**, Ibarra, L. (2015, October). School aspects of a community childhood obesity intervention: Our Choice/Nuestra Opcion. *Oral presentation, 2015 National PETE/FETE, Atlanta, GA, USA.*
27. **Schmied, E.A.**, Madanat, H., Ibarra, L., Moody, J., Ayala, G.X. (2015, March). Factors predicting parent engagement in family-based childhood obesity interventions. *Oral presentation, 2015 San Diego State University Student Research Symposium, San Diego, CA.*
26. Rauh, M.J., Padilla, G.A., **Schmied, E.A.**, Hiller Lauby, M.D., & Taylor, M.K. (2014). Sex differences in catabolic and anabolic hormone responses in military survival trainees. *Medicine and Science in Sports and Exercise, 46*(5).
25. Taylor, M.K., Larson, G.E., Hiller Lauby, M.D., Padilla, G.A., Wilson, I., **Schmied, E.A.**, Highfill-McRoy, R.M., & Morgan III, C.A. (2014, Aug). Sex differences in cardiovascular and subjective stress reactions: Prospective evidence in a realistic military setting. *Poster presentation, 2014 Military Health Services Research Symposium, Fort Lauderdale, FL.*
24. **Schmied, E.A.** & Kewley, S. (2014, Aug). Correlates of self-reported aggression in expeditionary Sailors. *Poster presentation, 2014 Military Health Services Research Symposium, Fort Lauderdale, FL.*
23. **Schmied, E.A.**, Hilton, S., Padilla, G.A., McAnany, J., & Taylor, M.K. (2014, Aug). Attitudes toward symptom reporting for potential mild traumatic brain injury among deployed Navy personnel. *Poster presentation, 2014 Military Health Services Research Symposium, Fort Lauderdale, FL.*
22. **Schmied, E.A.**, Horton, L.A., Parada, H., Arredondo, E., Elder, J., & Ayala, G.X. (2014, May). Factors predicting intervention fidelity of a family-based dietary intervention. *Oral presentation, 2014 California State University State-Wide Student Research Competition, Hayward, CA.*
21. **Schmied, E.A.**, Taylor, M., Padilla, G., Harris, E., & Thomsen, C. (2014, April). Sex differences in coping strategies in Military Survival School. *Oral Presentation, 2014 Navy Medical Center, San Diego Academic Research Competition.*
20. **Schmied, E.A.**, Horton, L.A., Parada, H., Arredondo, E., Elder, J., & Ayala, G.X. (2014, March). Factors predicting intervention fidelity of a family-based dietary intervention. *Oral presentation, 2014 San Diego State University Student Research Symposium, San Diego, CA.*
19. **Schmied, E.A.**, Horton, L.A., Parada, H., Arredondo, E., Elder, J., & Ayala, G.X. (2014, May). Factors predicting intervention fidelity of a family-based dietary intervention. *Poster presentation, 2014 Annual Meeting of the International Society for Behavior, Nutrition, and Physical Activity, San Diego, CA.*
18. **Schmied, E.A.**, Parada, H., Said, S., Cherrington, A., & Ayala, G.X. (2013). The relationship between sleep duration and disease control among Hispanic adults with type 2 diabetes. *Annals of Behavioral Medicine, 45*, S142.
17. Fox, C., Ayala, G.X., **Schmied, E.A.**, & Horton, L. (2013). Elucidating the Restaurant Food Environment for Children: Findings from a rural, border community. *Annals of Behavioral Medicine, 45*, S280.

16. **Schmied, E.A.**, Taylor, M., Padilla, G., McRoy, R., Harris, E., Hiller Lauby, M., & Thomsen, C. (2013, November). Sex differences in coping strategies in Military Survival School. *Poster Presentation, International Society for Traumatic Stress Studies Annual Conference, Philadelphia, P.A.*
15. **Schmied, E.A.**, Padilla, G.A., & Taylor, M.K. (2013, August). Measuring Coping: Adapting the Brief COPE for use in Military Combat Training Settings. *Presentation, Annual Warrior Resilience Conference.*
14. Engleberg, J.K., Hill, L., Rybar, J., & **Schmied, E.A.** (2013, May). Distracted driving in middle-aged San Diego adults. *Poster presentation, Annual San Diego Epidemiology Research Exchange Conference, San Diego, CA.*
13. **Schmied, E.A.**, McRoy, R., & Larson, G. (2013, May). Implications of Psychiatric Comorbidity among Combat Veterans. *Poster presentation, Annual San Diego Epidemiology Research Exchange Conference, San Diego, CA.*
12. **Schmied, E.A.**, McRoy, R., & Larson, G. (2012). Psychosocial Correlates of Self-Rated Health in Military Personnel with Multiple Physical Complaints. *Annals of Behavioral Medicine, 43*, S114.
11. **Schmied, E.A.**, Parada, H., Madanat, H., Horton, L., & Ayala, G.X. (2012). Psychosocial Correlates of Behavioral Strategies for Healthy Eating Among Latinas in Imperial County, California. *Annals of Behavioral Medicine, 43*, S189.
10. **Schmied, E.A.**, McRoy, R., & Larson, G. (2012, November). Social Support and Depression in Combat Veterans: Implications for Nonclinical Intervention. *Poster presentation, International Society for Traumatic Stress Studies Annual Conference, Los Angeles, CA.*
9. **Schmied, E.A.**, Parada, H., Madanat, H., & Ayala, G.X. (2012, October). Does acculturation moderate the relationship between food-related behaviors and BMI in Latinos? *Oral presentation, Annual American Public Health Association Conference, San Francisco, CA.*
8. **Schmied, E.A.**, Parada, H., Ibarra, L., Horton, L.A., & Ayala, G.X. (2012, October). Promotora models in community health: How much participant contact is needed for dietary change? *Oral presentation, Annual American Public Health Association Conference, San Francisco, CA.*
7. **Schmied, E.A.**, Parada, H., Madanat, H., Horton, L., & Ayala, G.X. (2012, March). Psychosocial Correlates of Behavioral Strategies for Healthy Eating Among Latinas in Imperial County, California. *Oral presentation, San Diego State University Student Research Symposium, San Diego, CA.*
6. Ballenger-Browning, K., **Schmied, E.A.**, Schmitz, K., Hammer, P., & Boucher, W. (2010, August). Does Military Service Protect Women from Stress Disorders? An Investigation of Gender and Deployment Health. *Poster presentation, Force Health Protection Annual Meeting, Phoenix, AZ.*
5. Schmitz, K., Ballenger-Browning, K., **Schmied, E.A.**, Webb-Murphy, J., Larson, G., Conway, T., Galarneau, M., Edwards, E., Boucher, W., & Hammer, P. (2010, August). In-Theater Mental Health Diagnoses among Combat-Deployed Service Members. *Poster presentation, Force Health Protection Annual Meeting, Phoenix, AZ.*
4. Ghaed, S., Webb-Murphy, J., **Schmied, E.A.**, Schmitz, K., Larson, J., Conway, T., Galarneau, M., Edwards, N., Boucher, W., & Hammer, P. (2010, March). Assessment and Diagnosis of Anxiety Disorders during Deployment. *Poster presentation, Anxiety Disorders Association of America Annual Meeting, Baltimore, MD.*
3. **Schmied, E.A.**, Rauh, M., Macera, C., Han, P., Trone, D., & Shaffer, R. (2009). Gender differences in preparatory exercise training among Marine Recruits. *Medicine and Science in Sports and Exercise, 41*(5) S232.
2. Rauh, M., Macera, C., **Schmied, E.A.**, Han, P., Trone, D., & Shaffer, R. (2008). Prevalence and Correlates of Menstrual Irregularity Among Female Marine Corps Recruits. *Medicine and Science in Sports and Exercise, 40*, S232.
1. **Schmied, E.A.**, Macera, C., Rauh, M., Han, P., Trone, D., Shaffer, R., Nichols, J., & Talavera, G. (2008, September). Use of self-perceived fitness level to measure objective fitness in male and female Marine recruits. *Poster presentation, Southwest Chapter of the American College of Sports Medicine Meeting, San Diego, CA.*

INVITED PRESENTATIONS

- San Diego State University, Public Health Initiative Lecture Series, *Stress, Stigma, and Sleep: Public Health Approaches to Mental Health Promotion*. December 2022
- Laura Rodriguez Research Institute Research Symposium, *Secondary Health Effects of the COVID-19 Pandemic among Patients of a Federally Qualified Health Center*.
- San Diego State University, Psi Chi and Psychology Club Lecture Series, *Public Health Approaches to Mental Health Promotion*. September 2022.
- Institute for Behavioral and Community Health Lecture Series. *Mental Health Promotion*. March 2021.
- San Diego State University, Aztec Mentor Program, “Mentor Monday” Speaker Series. *Finding Career Success in STEM*. July 2020.
- Naval Health Research Center Department of Medical Modelling and Simulation Quarterly Research Meeting, *Risk for Suicide Among Injured Service Members*. March 2020.
- UCSD Dissemination and Implementation Research Symposium, San Diego, CA. *Implementation of the California Childhood Obesity Research Demonstration Project (CA-CORD)*. April 2018.
- Western Association of Veterans Education Specialists Annual Conference, Anaheim, CA. *Life after service: Facilitating the transition to civilian life*. July 2015.
- Center for Disease Control and Prevention, Childhood Obesity Research Demonstration Project Monthly Meeting. *Factors predicting parent engagement in family obesity programs: Preliminary results of an ancillary study*. June 2015.
- American Medical Student Association Annual Meeting, San Diego, CA. *Program Planning in Public Health*. October 2011.

RESEARCH FUNDING

Current Grants

Military Operational Medicine Research Program JPC-5. Upstream risk factors for behavioral health and suicide in military personnel: An examination of social determinants of health. *FY24-26: \$611,759*. Role: Co-PI Schmied/Walter.

Military Operational Medicine Research Program JPC-5. Adapting and Evaluating an Existing Health Promotion Program to Prevent Musculoskeletal Conditions among Seafarers. *FY23-25. \$889,524*. Role: Co-I. (PI: Rohrbeck).

Development and Evaluation of Tailored Sexual Assault and Alcohol Misuse Prevention Programs in Military Settings. Medical Technology Enterprise Consortium, W81XWH-21-9-0011.012. *FY2022-FY2024: \$1,907,018*. Role: Co-PI Schmied/Kan/Hurtado

Patterns of Telebehavioral Healthcare Utilization among Active Duty Service Members across the Military Healthcare System. Department of Defense, Defense Health Agency, HT94022210011. *FY23-24: \$752,458*. Role: Co-PI Schmied/Walter

Imperial County Clinical Research Network for Health Equity. NIH/NIMHD, UG3MD18353. 09/2022 - 06/2025: \$2,584,614. PI: Ayala/Hoyt/Martinez. Role: Co-I.

Communities fighting COVID! With Vaccines. Health Resources and Service Administration, G32HS42673-01-00. *July 2021-July 2022: \$1,000,000*. Role: Co-I (PI: McDaniels-Davidson)

Completed Grants

SDSU HealthLINK Center for Transdisciplinary Health Disparities Research. NIH/NIMHD, U54 MD012397. *09/11/2018 – 05/31/2023: \$3,141,345* PI: Ayala/Wells; Identifying the Secondary Health Effects of the COVID-19 Pandemic Among Patients of a Federally Qualified Health Center. *June 2021-June 2023: \$49,992*. Role: Pilot Project Leader

Examining Secondary Effects of the COVID-19 Pandemic among Patients with Chronic Conditions. San Diego State University, SEED Program. *January 2022-December 2022*; \$7,072. Role: PI

Investigating the Effects of Suicide Exposure among Active Duty Service Members. Military Suicide Research Consortium (MSRC). Award number: W81XWH-16-2-0004. *March 2021 – December 2022*; \$117,465. Role: Co-PI (Schmied/Walter)

Investigating the Role of Social Determinants of Health in Veteran Suicide. San Diego State University, University Grants Program. *March 2021-November 2022*; \$9,992. Role: PI

Suicide Provider Training, Challenges of Operational Environments, and Suicide Amputee studies. LEIDOS. *FY2021-2022*; \$130,830. Role: PI. *This sub-contract encompasses the following awards:*

Psychosocial predictors of Suicide in Injured Military Service Members. Department of Defense, Extremity Trauma and Amputation Center of Excellence. *FY20-FY22*; \$386,000; PI: Thomsen, Co-PI: Schmied (Acting Contract PI)

Identifying Threats to Psychological and Behavioral Health and Readiness of Shipboard Sailors. Defense Health Agency Interservice Restoral Program. *FY18-20* (one-year no-cost extension); \$1,250,000; PI: Thomsen, Co-I: Schmied (Acting Contract PI)

Testing Two Interventions to Improve the Comfort and Skill of Mental Health Care Providers in Identifying and Working with Suicidal Patients. Department of Defense Congressionally Directed Medical Research Programs, Joint Program Committee-5 Suicide Prevention and Reduction Working Group. *FY2017-2021*, \$2,445,000; PI: Thomsen, Co-I: Schmied (Acting Contract PI).

Health-Related Quality of Life and Access to Healthcare in Women Veterans. San Diego State University College of Health and Human Services JumpStart! Pilot Program. *FY2021-22*; \$13,365. Role: Co-PI (Schmied/Dye)

Communities Fighting COVID: Community Health Worker Training. Supporting agency: Multicultural Health Foundation. *FY2020*; \$5,275. Role: Co-I (PI: McDaniels-Davidson)

Improving Sleep Health to Mitigate Negative Effects of Deployment on the Psychological Health of Active Duty Servicemembers. Department of Defense Congressionally Directed Medical Research Programs, Joint Program Committee-5 Suicide Prevention and Reduction Working Group. *FY2018-2020*; \$855,000; Role: Contract PI* (PI: Stander)

Rates and predictors of Suicide in Military Amputees. The Extremity Trauma and Amputation Center of Excellence. *FY18-FY20*; \$517,000; Role: Contract PI (PI: Thomsen)

Sleep and Circadian Rhythms in Navy Hospital Nurses and Corpsmen. TriService Nursing Research Program Investigator-Initiated Award. *FY2016-2018* (extended through *FY2020*); \$661,000; Role: Co-I. (PI: Yablonsky)

Evaluation of the Effect of a Mental Health Practitioner Video on Stigma-related Attitudes Supporting agency: Bureau of Medicine and Surgery; Wounded, Ill and Injured Program. *FY2015-2016*; \$192,000; Role: Co-I. (PI: Hurtado).

Explosive Ordnance Disposal Operational Health Surveillance System. U.S. Navy Bureau of Medicine and Surgery, Wounded, Ill, and Injured Program. *FY2015-2016*; \$250,000; Role: Contract Acting PI (PI: Taylor)

Naval Unit Behavioral Health Needs Assessment Surveillance: A New Capability for the post-OEF Era. U.S. Navy Bureau of Medicine and Surgery, Wounded, Ill, and Injured Program. *FY2013-2017*; \$1,895,000; Role: Co-I. (PI: Taylor)

Examining Predictors of Parent Attrition in a Family-Based Childhood Obesity Prevention Program. University Grants Program, San Diego State University. *CY2014-2015*; \$9,892; Role: Co-PI (Schmied/Madanat)

Grants Under Review

Reducing Suicidality through Improved Sleep Health. Defense Health Program Congressionally Directed Medical Research Programs Peer Reviewed Medical Research Program. FY24-27: \$2,051,961. PI: Schmied/Willing. Submitted May 2023.

Elucidating the Psychological Impact of Pregnancy Loss in Active Duty Service Members. Defense Health Program Congressionally Directed Medical Research Programs Peer Reviewed Medical Research Program. FY24-27: \$1,405,137 (\$632,886 SDSU contract). PI: Schmied/Conlin. Submitted May 2023.

Career Outcomes of Psychological Health and/or TBI Comorbidities. Military Health System Research Program. FY24-26: \$449,650. PI: Belding, Co-I: Schmied. Submitted June 2023.

TEACHING ACTIVITIES**San Diego State University
Undergraduate Courses**

Spring 2023	PH330 Plagues through the Ages, 75 students (Rating: 4.84/5)
Spring 2023	PH101 (Guest lecturer) Public Health Approaches to Mental Health Promotion
Fall 2022	PH496 (Guest lecturer) Public Health Approaches to Mental Health Promotion
Spring 2022	PH101 (Guest lecturer) Introduction to Public Health, 20 students
Spring 2012	PH101 (Guest lecturer) Introduction to Public Health

Graduate-Level Courses

Fall 2022	PH603: Behavioral and Social Science in Public Health, 31 students (Rating: 4.95/5) PH603 (Online, course development): Behavioral and Social Science in Public Health PH862: Advanced Theoretical Foundations of Health Promotion, 5 students (Rating: 5/5)
Spring 2022	PH603: Behavioral and Social Science in Public Health, 53 students (Rating: 4.86/5)
Fall 2021	PH603: Behavioral and Social Science in Public Health, 27 students (Rating: 4.79/5) PH661(online): Theoretical Foundations of Health Promotion, 16 students (Rating: 5/6) PH862: Advanced Theoretical Foundations of Health Promotion, 5 students (Rating: 4.95/5)
Spring 2021	PH603: Behavioral and Social Science in Public Health, 47 students (Rating: 4.72/5) PH650R: Field Placement Supervisor
Fall 2020	PH603: Behavioral and Social Science in Public Health, 31 students (Rating: 4.65/5) PH661(online): Theoretical Foundations of Health Promotion, 21 students PH650R: Field Placement Supervisor
Spring 2020	PH672: Public Health Program Evaluation, 31 students (Rating: 4.7/5) PH603: Behavioral and Social Science in Public Health, 36 students (Rating: 4.75/5) PH650R: Field Placement Supervisor
Fall 2019	PH668: Seminar in Health Promotion, 25 students (Rating: 4.65/5) PH603: Behavioral and Social Science in Public Health, 25 students (Rating: 4.75/5) PH661: (online) Theoretical Foundations of Health Promotion, 14 students PH650R: Field Placement Supervisor
Spring 2019	PH603: Behavioral and Social Science in Public Health, 45 students (Rating: 4.7/5) PH650R: Field Placement Supervisor

Fall 2018	PH603: Behavioral and Social Science in Public Health, 15 students (Rating: 4.6/5) PH661(online): Theoretical Foundations of Health Promotion, 21 students (Rating: 4.8/6) PH650R: Field Placement Supervisor
Spring 2018	SW850: Theories of Substance Abuse, 4 students (Rating: 4.8/5) PH603: Behavioral and Social Science in Public Health, 35 students (Rating: 4.8/5)
Fall 2017	PH603: Behavioral and Social Science in Public Health, 24 students (Rating: 4.7/5) PH661: Theoretical Foundations of Health Promotion (Guest lecturer), 30 students PH661: (online) Theoretical Foundations of Health Promotion, 14 students (Rating: 4.9/5)
Spring 2017	SW850: Theories of Substance Abuse, 3 students (Rating: 4.6/5) PH603: Behavioral and Social Science in Public Health, 39 students (Rating: 4.7/5)
Fall 2016	PH603: Behavioral and Social Science in Public Health, 43 students (Rating: 4.8/5) PH661: Theoretical Foundations of Health Promotion (Guest lecturer), 35 students
Spring 2016	SW850: Theories of Substance Abuse, 4 students (Rating: 4.6/5) PH603: Behavioral and Social Science in Public Health, 31 students (Rating: 4.7/5)
Fall 2015	PH603: Behavioral and Social Science in Public Health, 30 students (Rating: 4.2/5)
Spring 2015	PH603: Behavioral and Social Science in Public Health, 40 students (Rating: 4.6/5)
Fall 2014	PH603: Behavioral and Social Science in Public Health, 25 students (Rating: 4.4/5)
Spring 2014	PH603: Behavioral and Social Science in Public Health, 70 students (Rating: 4.2/5)
Fall 2013	PH661: Theoretical Foundations of Health Promotion (Teaching Assistant/Interim Instructor), 32 students (Rating: 4.4/5) DPT830 (Guest lecturer): Cardiopulmonary Therapy, 35 students (Rating: 4.3/5)
Fall 2011	PH666: Health Promotion Program Planning & Assessment (Interim Instructor), 20 students

ACADEMIC & RESEARCH MENTORING

San Diego State University

- Field Placement Supervisor (PH650), 2018-Present
- Mentor, School of Public Health Alumni Mentorship Program, 2017-2021

Committee Chair: Thesis

- Stephanie Vera (2023, expected)

Committee Chair: Plan B Manuscript, Systematic Review, or Capstone

- Lerocman Hall (2019)
 - Elinor Gaida (2019)
 - Kathrine Haluch (2019)
1. Sherlyn Gallo (2020)
 2. Jaime Albarelli (2020)
 3. Jessica Andrews (2020)
 4. Keri Garcia (2020)
 5. Samantha Correll (2020)
 6. Ariel Rampey (2020)
 7. Michelle Young (2021; co-chair)
 8. Nikki Berlin-Steiman (2021)

9. Naria LeMire (2021)
10. Sophia Shalabi (2021)
11. James Mucciarone (2021)
12. Ryann Kipping (2021)
13. Madisen Ferras (2021)
14. Kassandra Pascual (2021)
15. Ray Cameron Vialu (2022)
16. Angel Chukwu (2022)
17. Michael Nadolski (2022)
18. Nicole Paredes (2022)
19. Monica McGill (2022)
20. Janina Larsen (2022)
21. Eamonn Hartmann (2023)
22. Annie Dunlap (2023)
23. Carly Aozasa (2023)
24. Rola Kojok (2023)
25. Victoria Briese (2023)

Committee Member: Masters' Theses (Public Health degrees unless otherwise noted)

- Kaitlin Druffel (2020)
- Sally Windsich (2020)
- Kyra Sheeper (Psychology, 2021)
- Mandeep Bajwa (2023, expected)
- Lydia Hill (Psychology, 2022)
- Lily Wash (Psychology, 2023)
- Elana Metz (2023)

Committee Member: Doctoral Dissertation

- Adhana McCarthy (2023, expected)

Faculty Research Mentor & Student Accolades

Undergraduate students

- Sydnie Domingue, *Weber Honor's College Research Fellow*, Fall 2022
- Alexander Hyland, *Surveying the future: Which mode of survey administration is best suited for social science research?*, 2015

Master's students

- Lisbet Ruiz, Exploring barriers and facilitators of women's access to sexual and reproductive services in Santiago Juxtlaahuaca, Oaxaca through a Socio-ecological lens
*Awarded 2023 College of Health and Human Services Graduate Research Award
- Victoria Briese, Secondary effects of COVID-19 pandemic on patients with Type 2 Diabetes, 2022-2023
*Awarded 2nd Place Poster at American College of Epidemiology Conference, 2022
- Jessica Priest, Secondary effects of COVID-19 pandemic on patients with Type 2 Diabetes, 2022
- Denise Marquez, Secondary effects of COVID-19 pandemic on patients with Type 2 Diabetes, 2022-223
- Elana Metz, Secondary effects of COVID-19 pandemic on patients with Type 2 Diabetes, 2022-2023
- Eamonn Hartmann, Social Determinants of Veteran Suicide; Mental Health Treatment Engagement among Patients from Historically Marginalized Populations, 2021-2023
*Awarded SDSU Completion of Research and Creative Activity (CORE) Fellowship 2022-2023
*Graduate Student Travel Fund Award

- Annie Dunlap, Social and emotional support for adolescent refugees in San Diego, 2021-2023
*Awarded SDSU Graduate Student Research Award, 2022-2023
*Won Research Award for Diversity, Inclusion, and Social Justice at 2023 SDSU Student Research Symposium
- Ray Cameron Vialu, Social Determinants of Veteran Suicide: A systematic Literature Review, 2020-2022
*Won Research Award for Diversity, Inclusion, and Social Justice at 2022 SDSU Student Research Symposium
- Angel Chukwu, Parent mental health and childhood obesity status, 2021-2022
*Won HSI/AANAPSI Award at 2022 SDSU Student Research Symposium
- Monica McGill, Healthcare experiences among women veterans, 2021-2022
- Madisen Ferras, Reproductive healthcare among women veterans, 2021-2022
- Summer Reames, Measuring Military Mental Health Providers' Comfort and Proficiency in Assessing Suicide: Psychometric Properties of Two Novel Scales, 2019

Doctoral students

- Nicole Pippard, *Psychological outcomes of suicide exposure*, 2021-2022

AWARDS, FELLOWSHIPS, & RECOGNITION

Military Suicide Research Consortium, Department of Defense

- Outcomes to Military Implementation Scholars Program, 2022-2023

Navy Medical Center, San Diego

- 1st Place Podium Presentation Winner, 29th Annual Academic Research Competition, 2014, *Sex differences in coping strategies in Military Survival School*

San Diego State University

- Golden Apple Recognition for Exemplary Teaching, School of Public Health, 2023
- Mentor, SDSU Graduate Student Research Award (Awardee: Ruiz), 2023-2024
- Mentor, Completion of Research and Creative Activity (CORE) Fellowship (Awardee: Hartmann), 2022-2023 (\$2,364.81)
- Mentor, SDSU Graduate Student Research Award (Awardee: Dunlap), 2022-2023
- Weber Honors College Undergraduate Research Fellowship, 2022 (\$1,000)
- Grants and Research Enterprise Writing (GREW) Fellowship, 2021
- Teaching Excellence Award, School of Public Health, 2020
- College of Health and Human Services Dean's Award for Research and Scholarship, 2015 Student Research Symposium 2015, *Predicting parent engagement in family-based childhood obesity interventions (Oral presentation)*
- Office of Graduate Studies Graduate Student Travel Award (\$700)
- President's Award for Research and Scholarship, 2014 Student Research Symposium, *Factors predicting intervention fidelity of a family-based dietary intervention (Oral presentation)*
- Outstanding Public Health Undergraduate of the Year, Community Health Education, 2006
- Dean's List Honors, 2005-2006
- San Diego State University Scholar-Athlete, 2002-2006
- Team Captain, Women's Swimming and Diving Team, 2003-2006
- NCAA Division I Full Athletic Scholarship (Swimming), 2002-2006

Inamori Foundation

- Inamori Fellowship Award Winner, 2012-2013

American Public Health Association

- Nominee, Outstanding Student Paper Award, October 2012, *Does acculturation moderate the relationship between food-related behaviors and BMI in Latinos?*

Naval Health Research Center

- Letter of Appreciation from the Commanding Officer for Outstanding Research Support, February 2010
- Letter of Appreciation from the Commanding Officer for Outstanding Research Support, March 2009

LEIDOS (Formerly Science Applications International Corporation)

- Certificate of Appreciation for Outstanding Research Support, May 2014
- Certificate of Appreciation for Outstanding Research Support, April 2012
- Certificate of Appreciation for Outstanding Research Support, April 2008

Mountain West Conference

- All-Conference Scholar-Athlete, 2003, 2005, 2006

ACADEMIC & PROFESSIONAL SERVICE

Service to the University: San Diego State University

- Center for Teaching and Learning Faculty Advisory Board, 2023
- Undergraduate Curriculum Committee, 2021-Present
- Mentor, Aztec Mentor Program, 2019-Present
- Judge, SDSU Student Research Symposium, 2017-2023
- Judge, CSU Student Research Competition, 2023

Service to the College: College of Health and Human Services

- College of Health and Human Services Curriculum Committee, 2022-Present

Service to the Department: School of Public Health

- Chair, School of Public Health Alumni Affairs Committee, 2021-Present
- Member, School of Public Health Curriculum Committee, 2020-2021

Service to the Profession

- Scientific Review Panel Committee Member, Department of Defense Military Health System Research, 2022
- Secretary (elected position), American Public Health Association, Public Health Education and Health Promotion Section, 2021-2022
- Chair, American Public Health Association, Intersectional Council Steering Committee on Suicide Prevention and Mental Health, Suicide Prevention Working Group Research and Scholarship Subcommittee, 2021-2022
- Secretary-Elect, American Public Health Association, Public Health Education and Health Promotion Section, 2020-2021
- Abstract Reviewer, American Public Health Association Annual Conference, 2018-2022
- Guest Editor, International Journal of Environmental Research and Public Health, 2022
- Annual Conference Evaluation Group, American Association of Suicidology, 2020
- Moderator, American Public Health Association Annual Conference, 2019, 2020, 2021
- Member/Reviewer, Science Review Board, Naval Health Research Center, 2017-2020
- Ad Hoc Reviewer: American Journal of Preventive Medicine, BMC Psychiatry, American Journal on Addictions; Military Behavioral Health; JAMA Psychiatry; Journal of Healthcare for the Poor and Underserved; Health Education and Behavior; Journal of Behavioral Medicine; Maternal and Child Health; Military Medicine; BMJ Open; International Journal of Mental Health Systems; Health Promotion Practice; Journal of Racial and Ethnic Health Disparities
- Senior Editor and Co-founder, SDSU-UCSD Public Health Research Quarterly, 2011-2012
- Membership Ambassador, American Public Health Association Student Assembly, 2012-2013

PROFESSIONAL MEMBERSHIPS

- Society of Behavioral Medicine
- Society for Implementation Research Collaboration
- American Public Health Association
- American Association of Suicidology
- American Psychological Association

CERTIFICATIONS AND PROFESSIONAL DEVELOPMENT

- Hispanic Serving Institution, Faculty Learning Community, San Diego State University, 2022
- Flexible Course Design, San Diego State University, 2020
- Member, New Investigator Network of Expertise, Society for Implementation Research Collaboration, 2017-2018
- Military Ally Program, San Diego State University Veterans Center, 2017
- Mental Health First Aid, 2017
- Recognizing & Responding to Suicide Risk, American Association of Suicidology, 2017
- Crisis Response Planning for Suicidal Patients, 2017