Kristen Hanzak Walter, Ph.D.

**EDUCATION:**

**08/06 – 08/10 Doctor of Philosophy in Clinical Psychology, August 2010**

Kent State University, Kent, Ohio (APA approved)

**08/09 – 07/10 Predoctoral Psychology Internship**

Posttraumatic Stress Disorder (PTSD) specialty track

Cincinnati VA Medical Center, Cincinnati, Ohio (APA approved)

**08/04 – 08/06** **Master of Arts in Clinical Psychology, August 2006**

Kent State University, Kent, Ohio (APA approved)

**08/99 – 05/03** **Bachelor of Arts in Psychology and Sociology, May 2003**

**cum laude**

Case Western Reserve University, Cleveland, Ohio

**CURRENT LICENSES HELD:**

**State of Ohio** **State of California**

State Board of Psychology #6862 State Board of Psychology #26698

Licensed since November 23, 2011 Licensed since September 29, 2014

Currently licensed through September 30, 2024 Currently licensed through March 31, 2026

**CURRENT POSITION:**

**09/19 – Present Clinical Research Psychologist**

**Division Head, Clinical Research Program**

Health and Behavioral Sciences, Naval Health Research Center (NHRC)

San Diego, California

Supervisor: CDR Michael Ajao, MD

**PREVIOUS POSITIONS:**

**10/14 – 08/19 Clinical Research Psychologist, Leidos Contractor**

Health and Behavioral Sciences, Naval Health Research Center (NHRC)

San Diego, California

Supervisors: Cynthia Thomsen, PhD; Robyn McRoy, MA, MPH, CPH

**09/13 – 10/14 Psychologist/Independent Clinical Evaluator**

Veterans Medical Research Foundation

VA San Diego Healthcare System

San Diego, California

Supervisor: Steven Thorp, Ph.D.

**08/10 – 07/13 Staff Psychologist**

Trauma Recovery Center

Cincinnati VA Medical Center

Cincinnati, Ohio

Supervisor: Kathleen M. Chard, Ph.D.

**PEER-REVIEWED PUBLICATIONS:**

Otis, N. P.,**Walter, K. H.,** Glassman, L. H., Ray, T. N., Kobayashi Elliott, K. T., & Michalewicz- Kragh, B. (In press). Comorbidity of depression and PTSD: Outcomes from a randomized controlled trial of surf and hike therapies among service members. *Psychological Trauma: Theory, Research, Practice, and Policy*.

Kline, A. C., Otis, N. P., Panza, K. E., McCabe, C. T., Glassman, L.H., Campbell, J. S., & **Walter, K. H.** 2024). PTSD, depression, and treatment outcomes: A latent profile analysis among active duty personnel in a residential PTSD program. *Journal of Psychiatric Research, 173,* 71-79*.* https://doi.org/10.1016/j.jpsychires.2024.03.010

Miggantz, E. L., Prince, J., **Walter, K. H.,** Jackson, E., Ray, T. N., Hollingsworth, J. C., Zong, Z. Y., Meza-Lopez, R., Gilmore, A. K., Orchowski, L. M., & Davis, K. C. (In press). Sexual assault research in the military: is oversampling necessary for representativeness? 2023 MHSRS Supplement for *Military Medicine*.

Kline, A. C., Otis, N. P., Norman, S. B., Hunt, W. M., & **Walter, K. H.** (2024). Dropout in a clinical trial for comorbid PTSD and MDD among US service members: Are pretreatment characteristics predictive? *Psychotherapy Research.*

https://doi.org/10.1080/10503307.2024.2325519

Kline, A. C., McCabe, C. T., Campbell, J. S., & **Walter, K. H.** (2024). Residual posttraumatic stress disorder and depression symptoms following a residential posttraumatic stress disorder treatment program for U.S. active duty service members. *Psychological Trauma: Theory, Research, Practice, and Policy.* Advance online publication. https://doi.org/10.1037/tra0001621

Glassman, L. H., Otis, N. P., Kobayashi Elliott, K. T., Michalewicz-Kragh, B., & **Walter, K. H.** (2024). Gender Differences in Psychological Outcomes following Surf versus Hike Therapy among U.S. Service Members. *International Journal of Environmental Research and Public Health*, *21*, 241. https://doi.org/10.3390/ijerph21020241

**Walter, K.H.,** Hunt, W.M., Otis, N.P., Kline, A.C., Miggantz, E.L., Thomsen, C.J., & Glassman, L.H. (2023). Comparison of Behavioral Activation-Enhanced Cognitive Processing Therapy and Cognitive Processing Therapy Among US Service Members: A Randomized Clinical Trial. *Psychiatry Research,* 326, *115330*. https://doi.org/10.1016/j.psychres.2023.115330

**Walter, K.H.,** Otis, N.P., Hose, M.K., Ober, K., & Glassman, L.H. (2023). The Effectiveness of the National Veterans Summer Sports Clinic for Veterans with PTSD. *Frontiers in Psychology, Special Issue on Lifestyle Interventions for Traumatic Stress,* 14:1207633*.* https://doi.org/10.3389/fpsyg.2023.1207633

Miggantz, E. L., Orchowski, L. M., Beltran, J. L., **Walter, K. H.,** Hollingsworth, J. C., Davis, K. C., Zong, Z. Y., Meza-Lopez, R., Hutchins, A., & Gilmore, A. K. (2023). Alcohol-involved sexual assault in the U.S. military: a scoping review. European Journal of Psychotraumatology, 14(2), 2282020. https://doi.org/10.1080/20008066.2023.2282020

**Walter, K.H.,** Otis, N.P., Miggantz, E.L., Ray, T.N., Glassman, L.H., Beltran, J.L., Kobayashi Elliott, K.T., and Michalewicz-Kragh, B. (2023). Psychological and Functional Outcomes Following a Randomized Controlled Trial of Surf and Hike Therapy for U.S. Service Members*. Frontiers in Psychology, Special Issue on Lifestyle Interventions for Traumatic Stress.* 14:1185774. https://doi: 10.3389/fpsyg.2023.1185774

**Walter, K. H.,** Otis, N. P., Ray, T. N., Glassman, L. H., Beltran, J. L., Kobayashi Elliott, K. T., & Michalewicz-Kragh, B. (2023). A randomized controlled trial of surf and hike therapy for U.S. active duty service members with major depressive disorder. *BMC Psychiatry, 23:109*.

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Schmied, E.A., Jun, H., Glassman, L., Pippard, N., & **Walter, K.H.** (2023). Investigating the Effects of Suicide Exposure Among Active Duty Service Members. *Journal of Traumatic Stress.* https://doi.org/10.1002/jts.22909

**Walter, K. H.,** McCabe, C. T., Watrous, J. R., Kohen, C. B., Beltran, J. L., Kirk, A., & Campbell, J. S. (2022). Psychological Comorbidity: Predictors of Residential Treatment Response among U.S. Service Members with PTSD. *Journal of Traumatic Stress.* https://doi.org/10.1002/jts.22838

**Walter, K. H.,** Levine, J. A., Madra, N. J., Beltran, J. L., Glassman, L. H., & Thomsen, C. J. (2022). Gender Differences in Disorders Comorbid with Posttraumatic Stress Disorder Among U.S. Sailors and Marines. *Journal of Traumatic Stress.* https://doi.org/10.1002/jts.22807

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Hose, M. K. (2021). The National Veterans Summer Sports Clinic: Change

and Duration of Psychological Outcomes. *Psychology of Sport and Exercise, 55,* 101939.

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**Walter, K. H.,** Kohen, C. B., McCabe, C. T., Watrous, J. R., & Campbell, J. S. (2021).

Overcoming Adversity and Stress Injury Support (OASIS): Evaluation of

Residential Treatment Outcomes for U.S. Service Members with PTSD. *Journal of Traumatic Stress, 34,* 551–562. doi: 10.1002/jts.22652

Wells, S., **Walter, K. H.,** Strasshofer, D. R., Schnitzer, J. S., Thorp, S. R., Dedert, E., Morland, L.,

& Glassman, L. H. (2021). Do Older Veterans Experience Change in Posttraumatic Cognitions Following Prolonged Exposure Therapy and Relaxation Therapy?

*Psychological Trauma: Theory, Research, Practice, and Policy.* https://doi.org/10.1037/tra0001119

**Walter, K. H.,** LeardMann, C. A., Carballo, C. E., McMaster, H. M., Donoho, C. J., & Stander, V.

A. (2021). Service Members’ Posttraumatic Stress Disorder Symptom Clusters

Predict New-onset Depression among Military Spouses. *Journal of Traumatic Stress,*

*34, 229-240.* doi: 10.1002/jts.22575

**Walter, K. H.**, Glassman, L. H., Wells, S. Y., Thorp, S. R., & Morland, L. A. (2020). The

impact of depression severity on treatment outcomes among older male combat veterans

with PTSD. *Journal of Traumatic Stress, 33*, 345-352*.* doi: 10.1002/jts.22503

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Thomsen, C. J.(2020). Effects of PTSD and MDD comorbidity on psychological changes during surf therapy sessions for active duty service members. Special Issue of *Global Journal of Community Psychology and Practice* on Surf Therapy.

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in women and men with posttraumatic stress disorder. *Military Medicine, 1-7*. doi:10.1093/milmed/usz474

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**Walter, K. H.,** Otis, N. P., Ray, T. N., Powell, A. L., Glassman, L. H., Michalewicz-Kragh, B., &

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**Walter, K. H.,** Glassman, L. H., Hunt, W. M., Otis, N. P., & Thomsen, C. J. (2018). Evaluation

of an integrated treatment for active duty service members with comorbid posttraumatic

stress disorder and major depressive disorder: Study protocol for a randomized controlled trial. *Contemporary Clinical Trials*, *64*, 152-160. doi:10.1016/j.cct.2017.10.010

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member psychological health risk factors. *Depression and Anxiety, 35*, 1137–1144. doi: 10.1002/da.22820

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**Walter, K. H.,** Jak, A. J., & Twamley, E. W. (2015). Psychiatric Comorbidity Effects on Compensatory Cognitive Training Outcomes for Veterans with Traumatic Brain Injuries: A Brief Report. *Rehabilitation Psychology*. Advance online publication. doi: 10.1037/rep0000049

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**Walter, K. H.**, Varkovitzky, R. L., Owens, G. P., Lewis, J., & Chard, K. M. (2014). Cognitive processing therapy for veterans with posttraumatic stress disorder: A cross-sectional and longitudinal comparison between outpatient and residential PTSD Treatment. *Journal of Consulting and Clinical Psychology*, *82*,551-561. doi: 10.1037/a0037075

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Weaver, T. L., **Walter, K. H.**, Chard, K. M., & Bosch, J. (2014). Residual Injury, Appearance-

Related Concerns, Symptoms of Posttraumatic Stress Disorder and Depression within a

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with posttraumatic stress disorder. *Medical Care*, *12*, *Supplement 5*, 13-18. doi: 10.1097/MLR.0000000000000200

**Walter, K. H.**, Buckley, A., Simpson, J. M. & Chard, K. M. (2014). Residential

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childhood sexual abuse influence outcome? *Journal of Interpersonal Violence*, *29*, 971-986. doi: 10.1177/0886260513506055

Dickstein, B. D., **Walter, K. H.**, Schumm, J.A. & Chard, K. M. (2013). Comparing Response to

Cognitive Processing Therapy in Military Veterans with Subthreshold and Threshold

Posttraumatic Stress Disorder. *Journal of Traumatic Stress*, *26,* 1–7. doi: 10.1002/jts.21869

Schumm, J. A., **Walter, K. H.**, & Chard, K. M. (2013). Latent Class Differences Explain

Variability in PTSD Symptom Changes during Cognitive Processing Therapy for

Veterans. *Psychological Trauma: Theory,* *Research, Practice, and Policy*, *5*, 536-544. doi: 10.1037/a0030359

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McIlvain, S. M., **Walter, K. H.**, & Chard, K. M. (2012). The effectiveness of CPT-C in a residential treatment setting with an OEF/OIF veteran with PTSD and a history of severe TBI: A case study. *Cognitive and Behavioral Practice*, *20*, 375-382.

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**Walter, K. H.**, Barnes, S. M., & Chard, K. M. (2012).The influence of MDD on residential treatment outcome among veterans with PTSD and a history of TBI. *Journal of Traumatic Stress*, *25*,426-432. doi: 10.1002/jts.21722

**Walter, K. H.**, Kiefer, S. L., & Chard, K. M. (2012). The relationship between PTSD

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**Walter, K. H.**, Bolte, T.A., Owens, G. P. & Chard, K. M. (2012). The Impact of Personality Disorders on Treatment Outcome for Veterans in a Posttraumatic Stress Disorder Residential Treatment Program. *Cognitive Therapy and Research,**36,* 576-584.

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**BOOK CHAPTERS:**

**Walter, K.H.,** Wells, S. Y., Walker, H. E., & Gomez, R. M. (In press). Treating Military Personnel and Veterans with Cognitive Processing Therapy. In T. Galovski & J. S. Wachen (Eds), Cognitive Processing Therapy for Complex Cases - Evidence-based Strategies. Berlin, Germany: Springer Nature.

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**PRESENTATIONS:**

Schmied, E., Bonkowski, J. F., Jun, H., Levine, J. A., Glassman, L. H., & **Walter, K. H.** (July 2024). *Access to virtual psychological healthcare among U.S. military personnel during the Covid-19 Pandemic.* Presentation accepted to the 2024 International Congress on Psychology (ICP) in Prague, Czech Republic.

Orchowski, L. M., Miggantz, E. L., **Walter, K. H.,** Davis, K. C., Ray, T. N., Zong, Z. Y., Prince, J., Jackson, E., & Gilmore, A. K. (May 2024). *Iterative Development of the +Change Alcohol and Sexual Assault Prevention Program for Sailors.* Symposium accepted to the Society for Prevention Research (SPR) 32nd Annual Meeting in Washington, DC.

**Walter, K.H.,** Hunt, W.M., Otis, N.P., Glassman, L.H., Kline, A.C., Miggantz, E.L., & Thomsen, C.J. (November 2023). Comparison of Behavioral Activation-Enhanced Cognitive Processing Therapy and Cognitive Processing Therapy Among US Service Members: A Randomized Clinical Trial. In M. Goodkind (Chair), *Scaling to the Individual: PTSD Treatment for Veterans and Active Duty Service Members with Diverse Identities and Presentations*. Symposium accepted to the 2023 Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Los Angeles, CA.

Kline, A. C., **Walter, K. H.,** McCabe, C. T., & Campbell, J. S. (November 2023). *Residual PTSD and depression symptoms following a residential PTSD treatment program for US active duty service members*. Poster accepted to the 2023 Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Los Angeles, CA.

Glassman, L. H., Bonkowski, J. F., **Walter, K. H.,** & Schmied, E. A. (November 2023). *Meeting Service Members Where They Are: Does Telehealth Access Increase PTSD Treatment Utilization?* Flash talk abstract accepted to the 2023 Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Los Angeles, CA

Mullican, K. N., Moyer, K. J., Moore, C. J., Nagorski, J., Malin, A., Mazzone, G. M., Flanagan, J. C., Leone, R. M., **Walter, K. H.,** Tomko, R. L., Nielsen, K. E., & Gilmore, A. K. (November 2023). A Pilot Examination of Military Sexual Violence Perpetration Using an Innovative Dyadic Experimental Methodology with Drinking Buddies. Poster accepted to the International Society for Traumatic Stress Studies (ISTSS), Los Angeles, CA.

Glassman, L. H., Otis, M. P., Kobayashi Elliot, K., Michalewicz-Kragh, B., & **Walter, K.H.** (November 2023). *Gender Differences in Psychological Outcomes Following Surf versus Hike Therapy among U.S. Service Members*. Poster presentation accepted to the 2023 Association of Behavioral and Cognitive Therapies (ABCT), Seattle, WA.

Kline, A. C., Otis, N. P., Panza, K. E., McCabe, C. T., Glassman, L. H., Campbell, J. S., & **Walter, K. H.** (October 2023). PTSD, depression, and treatment outcomes: A latent profile analysis among active duty personnel in a residential PTSD program. Poster to be presented at the San Antonio Combat PTSD Conference, San Antonio, TX.

**Walter, K.H.,** Otis, N.P., Miggantz, E.L., Ray, T.N., Glassman, L.H., Beltran, J.L., Kobayashi Elliott, K.T., and Betty Michalewicz-Kragh, B. (August 2023). *Psychological and Functional Outcomes Following a Randomized Controlled Trial of Surf and Hike Therapy for U.S. Service Members.*Poster presentation accepted to the 2023 Military Health System Research Symposium (MHSRS), Kissimmee, FL.

Miggantz, E. L., Orchowski, L. M., **Walter, K. H.,** Hollingsworth, J., Davis, K. C., Zong, Z. Y., Meza-Lopez, R., Prince, J. R., Jackson, E., & Gilmore, A. K. (August 2023). *Adapting the +Change Alcohol and Sexual Assault Intervention for Use Among Sailors: Results from Qualitative Acceptability Interviews.* Paper presentation at the Military Health System Research Symposium (MHSRS), Kissimmee, FL.

**Walter, K. H.,** Otis, N. P., Ray, T. N., Glassman, L. H., Beltran, J. L., Kobayashi Elliott, K. T., & Michalewicz-Kragh, B. (June 2023). *A randomized controlled trial of surf and hike therapy for U.S. active duty service members with major depressive disorder*. In J. Whitworth (Chair), *Lifestyle interventions for traumatic stress (LIFTS): The importance of sport, exercise, and recreation for trauma survivors*. Symposium presentation at the 2023 American College of Sports Medicine (ACSM) World Congress on Exercise and Medicine, Denver, CO.

**Walter, K.H.,** Hunt, W.M., Otis, N.P., Glassman, L.H., Kline, A.C., Miggantz, E.L., & Thomsen, C.J. (April 2023). *Comparison of Behavioral Activation-Enhanced Cognitive Processing Therapy and Cognitive Processing Therapy Among US Service Members: A Randomized Clinical Trial.* Podium presentation at the Navy Medicine Readiness and Training Command (NMRTC) 2023 Academic Research Competition (ARC), San Diego, CA.

Kline, A. C., **Walter, K. H.,** McCabe, C. T., & Campbell, J. S. (April 2023). *Residual PTSD and*

*Depression Symptoms Following a Residential PTSD Treatment Program for US Active Duty Service Members*. Podium presentation at the Navy Medicine Readiness and Training Command (NMRTC) 2023 Academic Research Competition (ARC), San Diego, CA.

Hollingsworth, J.C., **Walter, K.H.,** Miggantz, E.L., Cue Davis, K., Orchowski, L., Meza-Lopez, R., Zong, Z., Prince, J., Jackson, E., & Gilmore, A. (April 2023). *Sexual assault research in the military: Is oversampling necessary for representativeness?* Podium presentation at the Navy Medicine Readiness and Training Command (NMRTC) 2023 Academic Research Competition (ARC), San Diego, CA.

Otis, N. P., **Walter, K. H.,** Glassman, L. H., Ray, T. N., Kobayashi Elliott, K. T., & Michalewicz-

Kragh, B. (April 2023). *Comorbidity of depression and PTSD: Outcomes from a randomized controlled trial of surf and hike therapies among service members.* Poster presentation at the Navy Medicine Readiness and Training Command (NMRTC) 2023 Academic Research Competition (ARC), San Diego, CA.

**Walter, K. H.,** Jun, H. J., Glassman, L. H., Pippard, N., & Schmied, E. (November 2022). *Examining the Impact of Suicide Exposure in the Military: Does it Differ by Gender?* Poster presentation at the 2022 Association of Behavioral and Cognitive Therapies (ABCT), New York, NY.

**Walter, K. H.,** Otis, N. P., Ray, T. N., Glassman, L. H., Beltran, J. L., Kobayashi Elliott, K. T., & Michalewicz-Kragh, B. (November 2022). *A randomized controlled trial of surf and hike therapy for U.S. active duty service members with major depressive disorder.* Poster presentation at the 2022 Association of Behavioral and Cognitive Therapies (ABCT), New York, NY.

Schmied, E. A., Glassman, L. H., Jun, H. J., & **Walter, K. H.** (November 2022). *The impact of PTSD and behavioral health factors on suicidality in service members following suicide exposure.* Flash talk presentation at the 2022 Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Atlanta, GA.

Otis, N. P., **Walter, K. H.,** Ray, T. N., Glassman, L. H., Beltran, J. L., Kobayashi Elliott, K. T., & Michalewicz-Kragh, B. (November 2022). *Comorbidity of depression and PTSD: outcomes from a randomized controlled trial of surf and hike therapies among service members.* Poster presentation at 2022 Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Atlanta, GA.

**Walter, K.H.** (October 2022). *A randomized controlled trial of surf and hike therapy for service members with major depressive disorder.* Invited keynote speaker at the 2022 International Surf Therapy Organization (ISTO) Conference, Manhattan Beach, CA. https://www.youtube.com/watch?v=NQW1RJI\_ByE&feature=youtu.be

Otis, N. P., **Walter, K. H.,** Ray, T., N., Glassman, L. H., Beltran, J. L., Kobayashi Elliott, K. T., & Michalewicz-Kragh, B. (October 2022). *Surf and hike therapy for major depressive disorder: A randomized controlled trial.* Presentation at Shaping How we Invest for Tomorrow (SHIFT) 2022 Annual Meeting, Fort Collins, CO.

Miggantz, E.L., Orchowski, L., Beltran, J., **Walter, K. H.,** Hollingsworth, J., Cue Davis, K., Zong, Z., Meza-Lopez, R., Hutchins, A., & Gilmore, A. (August 2022). *A scoping review of alcohol-related sexual assaults among veterans and U.S. active duty service members*. Poster presentation at the Institute on Violence Abuse and Trauma (IVAT) 27th San Diego International Summit, San Diego, CA.

Schmied, E., Jun, H. J., Glassman, L. H., Pippard, N., & **Walter, K. H.** (June 2022).*Examining the Impact of Suicide Exposure in the Military: Does it Differ by Gender?* Poster presentation at the 2022 Suicide Research Symposium, Virtual Meeting.

Miggantz, E.L., Orchowski, L., Beltran, J., **Walter, K.H.,** Hollingsworth, J., Cue Davis, K., Zong, Z., Meza-Lopez, R., Hutchins, A., Leone, R.M., & Gilmore, A. (June 2022). Percentage of alcohol-related sexual assaults among U.S. active duty service members and veterans: A scoping review. Poster presentation at the 45th Annual Scientific Meeting of the Research Society on Alcoholism, Orlando, FL.

**Walter, K.H.,** Otis, N.P., Ray, T.N., Glassman, L.H., Beltran, J.L., Kobayashi Elliott, K. T., &

Michalewicz-Kragh, B. (May 2022). *A Randomized Controlled Trial of Surf and Hike Therapy for U.S. Active Duty Service Members with Major Depressive Disorder.* Podium presentation at the Navy-wide Academic Research Competition (ARC), San Diego, CA.

**Walter, K.H.,** Levine, J.A., Madra, N.J., Glassman, L.H., Miggantz, E.L., & Beltran, J.L. (May 2022). *Sex Differences Among U.S. Active Duty Service Members with Posttraumatic Stress Disorder and Comorbid Disorders*. Poster presentation at the Organization for the Study of Sex Differences (OSSD) 2022 Annual Meeting, Marina del Rey, CA.

**Walter, K.H.,** Otis, N.P., Ray, T.N., Glassman, L.H., Beltran, J.L., Kobayashi Elliott, K. T., & Michalewicz-Kragh, B. (April 2022). *A Randomized Controlled Trial of Surf and Hike Therapy for U.S. Active Duty Service Members with Major Depressive Disorder.* Podium presentation at the Navy Medicine Readiness and Training Command (NMRTC) 2022 Academic Research Competition (ARC), San Diego, CA.

Miggantz, E.L., Orchowski, L., Beltran, J., **Walter, K.H.,** Hollingsworth, J., Cue Davis, K., Zong, Z., Meza-Lopez, R., Hutchins, A., & Gilmore, A. (April 2022). *Percentage of Alcohol- Related Sexual Assaults Among U.S. Active Duty and Reserve Service Members and Veterans: A Scoping Review.* Poster presentation at the Navy Medicine Readiness and Training Command (NMRTC) 2022 Academic Research Competition (ARC), San Diego, CA.

Orchowski, L. M., **Walter, K. H.,** Davis, K. C., Hollingsworth, J. Zong, Z., Meza-Lopez, R.,Beltran, J. L., Salamanca, N. K., Miggantz, E. L., & Gilmore, A. K. (March 2022). *Personalized Web-based Sexual Assault Prevention for Sailors*. Presentation at the 19th Hawaii International Summit on Preventing, Assessing, & Treating Trauma Across the Lifespan, Honolulu, HI.

**Walter, K. H.** (January 2022). *The Psychological Effects of Physical Activity Interventions among U.S. Service Members**and Veterans*. Invited virtual presentation at Tulane Medical School Grand Rounds.

**Walter, K. H.,** Levine, J. A., Madra, N. J., Glassman, L. H., & Beltran, J. L. (November 2021). *Sex*

*Differences among U.S. Active Duty Service Members with Posttraumatic Stress Disorder*

*and Comorbid Disorders.* Poster presented at the Association of Behavioral and Cognitive Therapies (ABCT) 2021 Annual Convention, Virtual Conference.

**Walter, K. H.,** Levine, J. A., Madra, N. J., Glassman, L. H., & Beltran, J. L. (November 2021). *Sex*

*Differences among U.S. Active Duty Service Members with Posttraumatic Stress Disorder*

*and Comorbid Disorders.* Poster presented at the at the 2021 Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Virtual Conference.

**Walter, K. H.,** Levine, J. A., Madra, N. J., Glassman, L. H., & Beltran, J. L. (October 2021). *Sex Differences among U.S. Active Duty Service Members with Posttraumatic Stress Disorder and Comorbid Disorders*. Poster presented at the 2021 San Antonio Virtual Combat PTSD Conference.

**Walter, K. H.** & Miggantz, E. L. (September 2021). *PTSD and Stress Exposure – Gender Differences*. Invited presentation at the VA/DoD Women’s Mental Health Mini-Residency, Virtual Conference.

**Walter, K. H.** (May 2021). *The Psychological Effects of Outdoor Recreational Activity among Service Members and Veterans.* Panel presentation on Nature and Mental Health among Veterans at the 2021 Department of Veterans Affairs Research Week. Virtual presentation.

Beltran, J., **Walter, K. H.,** Kohen, C., McCabe, C., Watrous, J., Madra, N., Campbell, J. (May 2021). *Overcoming Adversity and Stress Injury Support (OASIS): Evaluation of Residential*

*Treatment Outcomes for U.S. Active Duty Service Members.* Podium presentation at

the 36th Annual Navy-Wide Academic Research Competition. Bethesda, MD. Virtual presentation.

**Walter, K. H.,** Levine, J. A., Madra, N. J., Glassman, L. H., Beltran, J. L. (April 2021). *Sex*

*Differences among U.S. Active Duty Service Members with Posttraumatic Stress Disorder*

*and Comorbid Disorders.* Podium presentation at the 2021 Naval Medical Center San

Diego, Academic Research Competition. San Diego, CA. Virtual presentation.

Beltran, J., **Walter, K. H.,** Kohen, C., McCabe, C., Watrous, J., Madra, N., Campbell, J. (April 2021). *Overcoming Adversity and Stress Injury Support (OASIS): Evaluation of Residential*

*Treatment Outcomes for U.S. Active Duty Service Members.* Podium presentation at

the Naval Medical Center San Diego, Academic Research Competition. San Diego, CA. Virtual presentation.

**Walter, K. H.** (February 2021).*Reigniting the Stoke: The Psychological Effects of Surf Therapy*.

Invited Leverett lecture at The Citadel. Virtual presentation.

Miggantz, E. L. & **Walter, K. H.** (February 2021). *PTSD among Women in the Military:*

*Preliminary Results of a Scoping Review*. Poster presented at the TSNRP Women in Combat

Virtual Summit.

**Walter, K. H.** (December 2020). *Effects of PTSD and MDD Comorbidity on Psychological*

*Changes during Surf Therapy Sessions for Active Duty Service Members.* Invited panel

presentation at the 2020 International Surf Therapy Organization (ISTO) Symposium Virtual Conference.

McMaster, H. M., **Walter, K. H.,** LeardMann, C. A., Carballo, C. E., Donoho, C. J., & Stander,

V. A. (December 2020) *Service Members’ Posttraumatic Stress Disorder Symptom Clusters Predict New-onset Depression among Military Spouses.* Poster presented at the 2020

Annual Meeting of the Association of Military Surgeons of the United States (AMSUS),

Virtual Conference.

**Walter, K. H.,**McCabe, C. T., Watrous, J. R., Beltran, J. L., Madra, N. J., & Campbell, J. S.

(November 2020). Psychological Comorbidity: Predictors of Residential Treatment

Response among U.S. Service Members with PTSD. In P. Held (Chair), *Not Everyone*

*Responds Equally: Evaluating and Predicting Treatment Response Trajectories in*

*Residential and Intensive Outpatient Treatment Programs for Veterans/Service Members*

*with PTSD*. Symposium presented at the 2020 Annual Meeting of the International Society

for Traumatic Stress Studies (ISTSS), Virtual Conference.

**Walter, K. H.,** Otis, N. P., Kohen, C. B., Glassman, L. H., Ober, K. M., & Hose, M. K. (November

2020). *The National Veterans Summer Sports Clinic: Psychological Outcomes among*

*Veterans with Probable PTSD.* Poster presented at the 2020 Annual Meeting of the

International Society for Traumatic Stress Studies (ISTSS), Virtual Conference.

Otis, N. P.,**Walter, K. H.,**Glassman, L. H., Ray, T. N., Michalewicz-Kragh, B., & Thomsen, C. J.

(November 2020). *Effects of PTSD and MDD Comorbidity on Psychological Changes*

*during Surf Therapy Sessions*. Poster presented at the 2020 Annual Meeting of the

International Society for Traumatic Stress Studies (ISTSS), Virtual Conference.

**Walter, K.H.** (November 2020). *The Future of Surf Therapy Research.* Contributor Webinar,

invited series sponsored by the International Surf Therapy Organization (ISTO).

Madra, N. J., **Walter, K. H.,** Kohen, C. B., McCabe, C. T., Watrous, J. R., Campbell, J. S. &

Thomsen, C. J. (November 2020). *Overcoming Adversity and Stress Injury Support*

*(OASIS): Evaluation of Residential Treatment Outcomes for U.S. Service Members with*

*PTSD*. Poster presented at the 54th Annual Convention of the Association for Behavioral and

Cognitive Therapies (ABCT), Virtual Conference.

**Walter, K. H.** (September 2020).*Reigniting the Stoke: The Psychological Effects of Surf Therapy*.

Invited VA continuing education program at the 2020 National Veterans Summer Sports

Clinic (NVSSC). Virtual presentation.

**Walter, K.H.** (August 2020). *The Mental Health Benefits of Outdoor Recreation.* SHIFT Health &

Nature Webinar, invited series sponsored by the National Park Service and AllTrails.

McMaster, H. M., **Walter, K. H.,** LeardMann, C. A., Carballo, C. E., Donoho, C. J., & Stander, V.

A. (August 2020). *Service Members’ Posttraumatic Stress Disorder Symptom Clusters*

*Predict New-onset Depression among Military Spouses*. Poster presentation accepted to the

2020 Military Health System Research Symposium (MHSRS), Kissimmee, FL. (Conference

canceled)

Watrous, J. R., **Walter, K. H.,** Kohen, C. B., McCabe, C. T., Campbell, J. S. & Thomsen, C. J.  
           (August 2020). *Overcoming Adversity and Stress Injury Support (OASIS): Evaluation of  
            Residential Treatment Outcomes for U.S. Service Members with PTSD*. Presentation

accepted to the 2020 Military Health System Research Symposium (MHSRS), Kissimmee,

FL. (Conference canceled)

Madra, N. J., Otis, N.P., **Walter, K. H.,** Glassman, L. H., Ray, T. N., Michalewicz-Kragh, B.,

Beltran, J. L., & Thomsen, C. J. (August 2020). *Effects of PTSD and MDD Comorbidity on*

*Psychological Changes During Surf Therapy Sessions*. Poster presentation accepted to the

2020 Military Health System Research Symposium (MHSRS), Kissimmee, FL. (Conference

canceled)

**Walter, K. H.** (May 2020). *Overcoming Adversity and Stress Injury Support (OASIS): Evaluation*

*of Residential Treatment Outcomes for U.S. Service Members with PTSD*. Presentation

for the Navy Bureau of Medicine and Surgery Special Programs Regional Monthly Meeting.

Otis, N. P., **Walter, K. H.,** Glassman, L. H., Ray, T. N., Michalewicz-Kragh, B., & Thomsen, C. J.

(May 2020). *Effects of PTSD and MDD Comorbidity on Psychological Changes*

*During Surf Therapy Sessions*. Presentation accepted to the 2020 Annual Meeting,

World Congress on Exercise is Medicine®, and World Congress on the Basic Science of Exercise and Regenerative Medicine of the American College of Sports Medicine (ACSM), San Francisco, CA. http://www.acsm.org/events-detail/2020/05/26/default-calendar/acsm's-annual-meeting-2020 (Conference canceled)

Miggantz, E., Markwald, R., Poh, P., **Walter, K. H.,** Carter, C., Glassman, L., Markham, A., &

Sessoms, P. (December 2019). *Novel Approaches for Treatment Posttraumatic Stress with*

*a Synergistic Sleep and 3MDR Immersion Therapy Program*. Poster presentation accepted

to the 2019 Association for Military Surgeons of the United States (AMSUS) Annual Meeting, National Harbor, MD.

**Walter, K. H.,** LeardMann, C. A., Carballo, C. E., McMaster, H. M., Donoho, C. J., & Stander, V.

A. (November 2019). Service Members’ PTSD Symptom Clusters Predict New-onset

Depression Among Military Spouses. In K. H. Walter (Chair), *The Delicate Web of Dyadic*

*Relationships: Understanding and Reducing the Impact of PTSD*. Symposium presented

at the 2019 Annual Meeting of the International Society for Traumatic Stress Studies

(ISTSS), Boston, MA.

**Walter, K. H.,** Kohen, C. B., McCabe, C. T., Watrous, J. R., Campbell, J. S. & Thomsen, C. J.

(November 2019). Overcoming Adversity and Stress Injury Support (OASIS): Evaluation of

Residential Treatment Outcomes for U.S. Service Members with PTSD. In K. H. Walter

(Chair), *Along the Continuum: When Higher-Level PTSD Care is Needed for Recovery*.

Symposium presented at the 2019 Annual Meeting of the International Society for

Traumatic Stress Studies (ISTSS), Boston, MA.

Miggantz, E., Markwald, R., Poh, P., **Walter, K. H.,** Carter, C., Glassman, L., Markham, A., &

Sessoms, P. (November 2019). *Novel Approaches for Treatment Posttraumatic Stress with*

*a Synergistic Sleep and 3MDR Immersion Therapy Program*. Poster presented at the 2019

Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Boston,

MA.

**Walter, K.H.** (November 2019). *The Impact Zone: The Intersection of Surf and Science*.

Invited panel presentation at the 2019 International Surf Therapy Organization (ISTO)

World First Surf Therapy Symposium.

**Walter, K.H.** (November 2019). *Global Journal of Community and Psychology Practice – Special*

*Issue*. Invited panel presentation at the 2019 International Surf Therapy Organization

(ISTO) World First Surf Therapy Symposium.

Otis, N. P., **Walter, K. H.,** Glassman, L. H., Ray, T. N., Michalewicz-Kragh, B., &

Thomsen, C. J.(October 2019). *Effects of PTSD and MDD comorbidity on psychological*

*changes during surf therapy sessions for active duty service members*. Poster presentation at the 2019 SHIFT Festival in Jackson Hole, WY.

**Walter, K. H.,** Otis, N. P., Ray, T. N., Glassman, L. H., Powell, A. L., Humphreys, M. A.,

Michalewicz-Kragh, B., & Thomsen, C. J. (August 2019). *Changing the Tide: Psychological Outcomes among Active Duty Service Members Following a Surf Therapy Program*. Poster presentation at the 2019 Military Health System Research Symposium (MHSRS), Kissimmee, FL.

**Walter, K. H.** (July 2019). *Surf Therapy for Active Duty Service Members*. Presentation for the

Navy Bureau of Medicine and Surgery Special Programs Regional Monthly Meeting.

**Walter, K. H.,** Otis, N. P., Ray, T. N., Glassman, L. H., Powell, A. L., Humphreys, M. A.,

Michalewicz-Kragh, B., & Thomsen, C. J. (June 2019). Changing the Tide: Psychological

Outcomes among Active Duty Service Members Following a Surf Therapy Program. In G.V. Sarkisian (Chair), *Surf Therapy around the Globe*. Symposium presentation at the 17th Biennial Conference of the Society for Community Research and Action (SCRA), Chicago, IL.

**Walter, K. H.,** Otis, N. P., Ray, T. N., Glassman, L. H., Powell, A. L., Humphreys, M. A.,

Michalewicz-Kragh, B., & Thomsen, C. J. (May 2019). *Changing the Tide: Psychological*

*Outcomes among Active Duty Service Members Following a Surf Therapy Program*. Rapid fire platform presentation at the 2019 Annual Meeting, World Congress on Exercise is Medicine®, and World Congress on the Basic Science of Exercise, Circadian

Rhythms and Sleep of the American College of Sports Medicine (ACSM), Orlando, FL.

Miggantz, E., Markwald, R., Poh, P., **Walter, K. H.,** Carter, C., Glassman, L., Markham, A., &

Sessoms, P. (April 2019). *Novel Approaches for Treatment Posttraumatic Stress with a*

*Synergistic Sleep and 3MDR Immersion Therapy Program*. Poster presentation at the 34th

Annual Naval Medical Center San Diego Academic Research Competition (ARC) in San

Diego, CA.

**Walter, K. H.,** Otis, N. P., Ray, T. N., Powell, A. L., Glassman, L. H., Michalewicz-Kragh, B., &

Thomsen, C. J. (March 2019). *Breaking the Surface: Psychological Outcomes of Adjunctive*

*Surf Therapy among Service Members with Probable PTSD*. In M. Roy (Chair), Novel

Therapeutics for Combat-related PTSD. Symposium presentation at the 16th Annual

Congress of the Society for Brain Mapping and Therapeutics (SBMT), Los Angeles, CA.

**Walter, K. H.** (November 2018).*Reigniting the Stoke: The Psychological Effects of Surf Therapy*.

Medical Museum Science Café invited presentation at the National Museum of Health and

Medicine, Washington, DC. https://www.facebook.com/MedicalMuseum/videos/578386395948230/

**Walter, K. H.,** Otis, N. P., Ray, T. N., Powell, A. L., Glassman, L. H., Michalewicz-Kragh, B.,

& Thomsen, C. J. (November 2018). Breaking the Surface: Psychological Outcomes of Adjunctive Surf Therapy among Service Members with Probable PTSD. In K. H. Walter (Chair), *Treating the Mind and the Body: The Benefits of Physical Activity Interventions for PTSD*. Symposium presentation at the 2018 Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Washington, DC.

**Walter, K. H.**, Armenta, R. F., Geronimo, T. R., Porter, B., Sander, V., & LeardMann, C. A.

(November 2018). *Longitudinal Symptom Trajectories among Active Duty Service Members and Veterans with Comorbid PTSD and Depression*. Poster presentation at the 2018 Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Washington, DC.

Armenta, R. F., **Walter, K. H.**, Geronimo-Hara, T. R., Porter, B., Stander, V., & LeardMann, C. A.

(November 2018). *Longitudinal Trajectories of Comorbid PTSD and Depression among*

*Active Duty Service Members and Veterans*. Presentation at the 2018 American

Public Health Association (APHA) Annual Meeting in San Diego, CA.

**Walter, K.H.** (October 2018). *Nature Contact: A Dialogue between Researchers and Practitioners*

*on Emerging Best Practices*. Invited panel presentation at the 2018 SHIFT Festival in

Jackson Hole, WY.

Otis, N., Ray, T.N., Powell, A., Glassman, L.H., Thomsen, C.J., Michalewicz-Kragh, B., &

**Walter, K. H.** (April 2018). *Surfing as an adjunctive form of therapy for active*

*duty service members with major depressive disorder*. Poster presentation at the 33rd Annual Naval Medical Center San Diego Academic Research Competition (ARC) in San Diego, CA.

Otis, N., Ray, T.N., Powell, A., Glassman, L.H., Thomsen, C.J., Michalewicz-Kragh, B., &

**Walter, K. H.** (March 2018). *Surfing as an adjunctive form of therapy for active*

*duty service members with major depressive disorder*. Poster presentation at the Navy and Marine Corps Public Health Center (NMCPHC) Conference in Norfolk, VA.

Glassman, L. H., Wells, S. Y., Grubbs, K. M., **Walter, K. H.**, Thorp, S. R. & Morland, L. A.

(November 2017). Alliance and homework completion in a sample of older adult

veterans with PTSD. In J. S. Wachen & B. L. Niles (Chairs), *Factors influencing engagement with evidence-based psychotherapies for PTSD in diverse patient populations*.

Symposium conducted at the Association for Behavioral and Cognitive Therapies (ABCT) 2017 Annual Convention in San Diego, CA.

Ray, T.N., Otis, N., Powell, A., Glassman, L.H., Thomsen, C.J., Michalewicz-Kragh, B., &

**Walter, K. H.** (November 2017). *Surfing as a complementary form of therapy for active-*

*duty service members with major depressive disorder*. Poster presentation at the Association for Behavioral and Cognitive Therapies (ABCT) 2017 Annual Convention in San Diego, CA.

**Walter, K. H.**, Donoho, C.J., LeardMann, C., O’Malley, C. A., Riviere, L., Curry, J. F., &

Adler, A. (November 2017). Risk factors for depression among military spouses: The

contributions of demographic, military, and service member psychological health. In K. H. Walter (Chair), *PTSD does not occur in isolation: The wide-reaching impact of PTSD on romantic partners*. Symposium conducted at the 2017 Annual International Society for Traumatic Stress Studies (ISTSS) conference, Chicago, IL.

Monroe, J. R., Dickstein, B. D., **Walter, K. H.**, & Chard, K. M. An updated comparison of pre-

treatment characteristics and treatment response in veterans receiving outpatient and

residential PTSD treatment. (November 2017) In P. Held (Chair), *Adapting evidence-based PTSD treatments for delivery in intensive treatment settings*. Panel presentation conducted at the 2017 Annual International Society for Traumatic Stress Studies (ISTSS) conference, Chicago, IL.

Glassman, L. H., Wells, S. Y., Grubbs, K. M., **Walter, K. H.**, Morland, L. A., & Thorp, S. R.

(November 2017). Alliance and PE homework completion in a sample of older adult

veterans with PTSD. Poster presentation at the 2017 Annual International Society for

Traumatic Stress Studies (ISTSS) conference, Chicago, IL.

**Walter, K. H.** (October 2017). *Behavioral Activation and its Integration with Other Interventions.*

Grand Rounds, Naval Medical Center San Diego, San Diego, CA.

**Walter, K. H.** (April 2017). Surf Therapy for Psychological Symptoms. Bagby Lecture Series.

Naval Hospital Camp Pendleton, Oceanside, CA.

**Walter, K. H.,** Ray, T. N., Glassman, L. H., Otis, N. P., Humphreys, M. A., Michalewicz-Kragh,

B., & Thomsen, C. J. (April 2017). *Improving the Next Wave of Complementary and Alternative Medicine Research: Research Design for Evaluating Effects of Surf Therapy on PTSD and Related Outcomes*. Symposium conducted at the Anxiety and Depression Association of America (ADAA) 2017 Conference in San Francisco, CA.

**Walter, K. H.** (March 2017). *The Prevalence of Posttraumatic Stress Disorder and*

*Psychological Comorbidities among Active-duty Service Members from 2006-2013 and*

*Implications for Treatment.* Grand Rounds, Naval Medical Center San Diego,

San Diego, CA.

**Walter, K. H.,** Ray, T. N., Glassman, L. H., Otis, N. P., Humphreys, M. A., Michalewicz-Kragh,

B., & Thomsen, C. J. (March 2017). *Improving the Next Wave of Complementary and Alternative Medicine Research: Research Design for Evaluating Effects of Surf Therapy on PTSD and Related Outcomes*. Presentation given at the Navy Psychological Health Research Roundtable, San Diego, CA.

**Walter, K. H.,** Levine, J. A., Highfill-McRoy, R. M., Navarro, M., & Thomsen, C. J. (November

2016). *The Prevalence of Posttraumatic Stress Disorder and Psychological Comorbidities among Active-duty Service Members from 2006-2013 and Implications for Treatment.* Symposium presentation conducted at the 32nd Annual International Society for Traumatic Stress Studies (ISTSS) conference, Dallas, TX.

**Walter, K. H.,** Glassman, L. H., Wells, S. Y., Conover, K. L., Leek, T., & Thorp, S. R. (November

2016). *The Influence of Comorbid Depression on Treatment Outcome among*

*Older Male Combat Veterans with PTSD*. Presentation at the 32nd Annual International Society for Traumatic Stress Studies (ISTSS) conference, Dallas, TX.

**Walter, K. H.** (November 2016). *The Art of Socratic Questioning.* Grand Rounds, Naval Medical

Center San Diego, San Diego, CA.

**Walter, K. H.**, Hunt, W. M., Ray, T. N., Glassman, L. H., & Thomsen, C. J. (August 2016).

*BA + CPT: Integrating evidence-based treatments for active-duty service members with PTSD and Comorbid MDD.* Presentation given at the Combat & Operational Stress Control Symposium, San Diego, CA.

**Walter, K. H.**, Voelkel, E., Pukay-Martin, N., & Chard, K. M. (April 2016). *Effectiveness of*

*Cognitive Processing Therapy (CPT) for Veterans with and without Military Sexual*

*Trauma (MST)*. Poster presented at the Naval Health Research Center, Sexual Assault Awareness and Prevention Event, San Diego, CA.

Bormann, J. E., **Walter, K. H.**, Leary, S., Andrews, T., Glaser, D., & Kane, J. (April 2016). *Mantram Repetition Program for improving mindfulness and spiritual wellbeing in healthcare workers*. Paper presented at the 18th Annual International Society of Psychiatric Nurses meeting, Minneapolis, MN.

**Walter, K. H.**, Dickstein, B. D., Barnes, S. M., & Chard, K. M. (November 2015). *Comparing Effectiveness of CPT to CPT-C among U.S. Veterans in an Interdisciplinary Residential PTSD/TBI Treatment Program*. Symposium presentation conducted at the 49th Annual

Meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Chicago, IL.

**Walter, K. H.**, Luhring, S. K., Bartel, A., Parkinson, R. B., Chard, K. M., & Monroe, J. R. (November 2015). *An Exploratory Examination of the Association between PTSD, Depression, Subjective Cognitive Rating, and Cognitive Performance following PTSD/TBI Residential Treatment*. Poster presented at the 31st Annual International Society for Traumatic Stress Studies (ISTSS) conference, New Orleans, LA.

Morland, L. A., Wells, S.Y., Howard, I.C., Mikhael, T., Savage, U., Tunze, C. A., Sohn, M. J. **Walter, K. H**. & Thorp, S. R. (November 2015). *Preliminary Findings from a Study of Home- Based Psychotherapy for Posttraumatic Stress Disorder*. Poster presented at the 31st Annual International Society for Traumatic Stress Studies (ISTSS) conference, New Orleans, LA.

**Walter, K. H.**, Jak, A. J., & Twamley, E. W. (February 2015). *Effects of Compensatory Cognitive Training for Veterans with Traumatic Brain Injuries: Do Comorbid Posttraumatic Stress Disorder and Depressive Symptoms Limit Improvement?* Poster presented at the 43rd Annual Meeting of the International Neuropsychological Society, Denver, CO.

**Walter, K. H.**, Speicher, S. M., & Chard, K. M. (February 2015). *Treatment engagement among veterans with TBI and PTSD: Moving from practice to research and back again*. Workshop presented at the 17th Annual Rehabilitation Psychology Conference, San Diego, CA.

**Walter, K. H.**, Wells, S. Y., Howard, I. C., Liu, L., Agha, Z., & Thorp, S. R. (November 2014).

*Do expectations of treatment influence PTSD symptom change?* Poster presented at the 30th

Annual International Society for Traumatic Stress Studies (ISTSS) conference, Miami, FL.

**Walter, K. H.**, Bormann, J. E., Oman, D., & Johnson, B. D. (November 2014). *Mantram*

*Repetition improves mindfulness awareness in military veterans with posttraumatic stress*

*disorder: A randomized trial.* Poster presented at the 30th Annual International Society for

Traumatic Stress Studies (ISTSS) conference, Miami, FL.

Schumm, J. A., **Walter, K. H.**, Bartone, A., & Chard, K. M. (November 2014). *What Do Veterans*

*Want?: Treatment Preferences among Veterans Attending a Department of Veterans*

*Affairs Posttraumatic Stress Disorder Clinic Orientation Group*. Poster presented at the 30th Annual International Society for Traumatic Stress Studies (ISTSS) conference, Miami, FL.

Wells, S. Y., **Walter, K. H.**, Howard, I. C., Liu, L., Agha, Z., & Thorp, S. R. (November 2014).

*Evaluating dropout in a randomized controlled trial of veterans receiving cognitive*

*processing therapy in-person and via video-teleconferencing*. Poster presented at the 30th

Annual International Society for Traumatic Stress Studies (ISTSS) conference, Miami, FL.

Voelkel, E., Pukay-Martin, N., **Walter, K. H.**, & Chard, K. M. (November 2014). *Effectiveness of*

*Cognitive Processing Therapy (CPT) for Veterans with and without Military Sexual*

*Trauma (MST)*. Poster presented at the 30th Annual International Society for Traumatic

Stress Studies (ISTSS) conference, Miami, FL.

Gobin, R. L., **Walter, K. H.**, Liu, L., & Thorp, S. (November 2014). *Baseline Associations*

*Between Mindfulness and Posttraumatic Stress Disorder Symptoms among Treatment*

*Seeking Veterans*. Poster presented at the 30th Annual International Society for Traumatic

Stress Studies (ISTSS) conference, Miami, FL.

Belding, W., **Walter, K. H.**, & Bormann, J. E. (November 2014). *Anger Management in Veterans*

*with Post-Traumatic Stress Disorder after Completing a Mantram Program Intervention:*

*A Randomized Trial.* Poster presented at the 30th Annual International Society for

Traumatic Stress Studies (ISTSS) conference, Miami, FL.

Schumm, J. A., **Walter, K. H.**, Bartone, A. B., & Chard, K. M. (November 2014).

*What do veterans want?: Treatment preferences among veterans attending a department of veterans affairs posttraumatic stress disorder clinic orientation group*. Poster presented at the 30th Annual International Society for Traumatic Stress Studies (ISTSS) conference, Miami, FL.

**Walter, K. H.**, Buckley, A., Simpson, J. M. & Chard, K. M. (September 2014). *PTSD Treatment*

*for Female Veterans with MST: Does History of CSA Influence Outcome?* Oral

presentation at the 19th International Conference & Summit on Violence, Abuse

& Trauma, San Diego, CA.

**Walter, K. H.** (August 2014). *Posttraumatic Stress Disorder and a History of TBI: Co-*

*occurrence and Evidence-based Treatment.* Health and Behavioral Sciences Department presentation; Naval Health Research Center, San Diego, CA.

**Walter, K. H.** (July 2014). *Evidence-based Treatment of PTSD in the Context of a History of TBI.*

Grand Rounds, Naval Medical Center San Diego, San Diego, CA.

**Walter, K. H.** (December 2013). *Evidence-based PTSD Treatment within the VA Healthcare*

*System.* Health and Behavioral Sciences Department presentation; Naval Health Research

Center, San Diego, CA.

**Walter, K. H.**, Dickstein, B. D., & Chard, K. M. (November 2013). *Quality of Life among*

*Veterans receiving CPT for PTSD: Change Following Treatment and Association with*

*Psychological Symptoms.* Symposium conducted at the 29th Annual International Society for Traumatic Stress Studies (ISTSS) conference, Philadelphia, PA.

Forrester, J., **Walter, K. H.**, & Chard, K. M. (November 2013). *Examining the Interference of*

*Benzodiazepines on Veterans in Traumatic Brain Injury/PTSD Residential Programming*. Poster presented at the 29th Annual International Society for Traumatic Stress Studies (ISTSS) conference, Philadelphia, PA.

**Walter, K. H.**, Kiefer, S. L., Bartel, A., Parkinson, R. B. & Chard, K. M. (April 2013)

*The Association between PTSD, Depression, Subjective Cognitive Rating, and Cognitive Performance over the Course of PTSD/TBI Residential Treatment.* Poster presented at the VA Speech-Language Pathology National (AVASLP) Conference, San Francisco, CA.

**Walter, K. H.**, Kiefer, S. L., Schumm, J. A., Bartel, A. & Chard, K. M. (November 2012). *The association between PTSD and cognitive problems over the course of treatment in a*

*PTSD/TBI residential treatment program.* Symposium conducted at the 28th Annual

International Society for Traumatic Stress Studies (ISTSS) conference, Los Angeles, CA.

**Walter, K. H.**, Varkovitzky, R. L., Owens, G. P., & Chard, K. M. (November 2012).

*Demographic and Treatment Outcome Differences among Veterans Receiving*

*Cognitive Processing Therapy in Either Residential or Outpatient Settings: An*

*Exploratory Analysis*. Symposium conducted at the 28th Annual International Society for

Traumatic Stress Studies (ISTSS) conference, Los Angeles, CA.

Schumm, J. A., **Walter, K. H.**, & Chard, K. M. (November 2012). *Latent class*

*differences Explain variability in PTSD symptom changes during cognitive*

*processing therapy for veterans.* Symposium conducted at the 28th Annual Meeting of the International Society for Traumatic Stress Studies, Los Angeles, CA.

Chard, K. M., **Walter, K. H.**, & McIlvain, S. (November 2012). *Adapting Residential Programming to Respond to the Needs of OEF/OIF/OND Veterans.* Symposium conducted at the 28th Annual Meeting of the International Society for Traumatic Stress Studies, Los Angeles, CA.

Lewis, J., **Walter, K. H.**, & Chard, K. (November 2012). *The Relationship between VA*

*Service Connection and Treatment Outcome for Veterans in a Residential PTSD*

*Treatment Program.* Poster presented at the 28th Annual Meeting of

the International Society for Traumatic Stress Studies, Los Angeles, CA.

**Walter, K. H.**, Kiefer, S. L., Schumm, J. A., Bartel, A. & Chard, K. M. (November 2012).

*The association between PTSD and cognitive problems over the course of treatment*

*in a PTSD/TBI residential treatment program.* Symposium conducted at the Association

for Behavioral and Cognitive Therapy (ABCT) conference, National Harbor, MD.

**Walter, K. H.**, Gilbert, S., Owens, G. P. & Chard, K. M. (November 2012).

*Changes in Mindfulness Skills and Treatment Response among Veterans in*

*Residential PTSD Treatment*. Symposium conducted at the Association for

Behavioral and Cognitive Therapy (ABCT) conference, National Harbor, MD.

Barnes, S. M., **Walter, K. H.**, & Chard, K. M. (April 2012). *Does a history of mild*

*traumatic brain injury increase suicide risk in Veterans with PTSD?* Poster

presented at the Annual Conference of the American Association of Suicidology

(AAS), Baltimore, MD.

Barnes, S. M., **Walter, K. H.**, & Chard, K. M. (March 2012). *Does a history of mild*

*traumatic brain injury increase suicide risk in Veterans with PTSD?* Poster

presented at the University of Colorado School of Medicine, Department of

Psychiatry Poster Session. University of Colorado School of Medicine, March 14, 2012.

**Walter, K. H.**, Kiefer, S. L., & Chard, K. M. (November 2011). *Reductions in PTSD and*

*postconcussive symptoms following treatment in a PTSD/TBI residential program based on CPT-C.* Symposium conducted at the 27th Annual International Society for Traumatic

Stress Studies (ISTSS) conference, Baltimore, MD.

**Walter, K. H.**, Barnes, S. M. & Chard, K. M. (November 2011). *The influence of MDD*

*on residential treatment outcome among Veterans with PTSD and a history of TBI.*

Poster presented at the 27th Annual International Society for Traumatic Stress Studies

(ISTSS) conference, Baltimore, MD.

**Walter, K. H.**, Bertram, D. M., Chard, K. M. & Vasterling, J. J. (November 2010).

*Examining neuropsychological measures as predictors of treatment outcome for*

*Veterans with PTSD and TBI*. Symposium conducted at the 26th Annual International

Society for Traumatic Stress Studies (ISTSS) conference, Montreal, Canada.

Johnson, D., Perez, S., **Walter, K.**, & Johnson, N. (November 2010). *The Role of PTSD,*

*Personality, and Shelter in Battered Women’s Degree of Revictimization.*

Symposium conducted at the 26th Annual International Society for Traumatic Stress Studies

(ISTSS) conference, Montreal, Canada.

Johnson, D. M., Perez, S., Johnson, N., & **Walter, K.** (March 2010). *Predictors of*

*battered women’s reabuse after leaving shelter: A prospective study*. Presentation

at the National Summit on Interpersonal Violence and Abuse Across the

Lifespan, Dallas, TX.

**Walter, K. H.**, Johnson, D. & Palmieri, P. (November 2009). *Reduction of PTSD*

*symptoms reduces risk of future interpersonal trauma*. Symposium conducted at the 25th Annual International Society for Traumatic Stress Studies (ISTSS) conference, Atlanta, GA.

Horsey, K. J., **Walter, K. H.**, Lamoureux, B. E., Wright, C. V., Johnson, D. M., & Palmieri, P. A. (November 2009). *Trauma-related predictors of improvement in a sample of women in Dialectical Behavior Therapy.* Poster presented at the 25th Annual Conference of the International Society for Traumatic Stress Studies, Atlanta, GA.

**Walter, K. H.**, Palmieri, P. A., & Johnson, D. (June 2009). *Long-term benefits of trauma-*

*focused treatment: Are individuals whose PTSD symptoms improve through*

*treatment able to maintain these gains?* Northeastern Ohio Universities College of

Medicine & Pharmacy, Department of Psychiatry Thirteenth Annual Research

and Scholarly Activities Day. Summa Health System.

Horsey, K. J., **Walter, K. H.**, Lamoureux, B. E., Wright, C. V., Johnson, D. M., & Palmieri, P. A. (June 2009). *Dialectical behavior therapy treatment outcomes for*

*Women with borderline personality disorder and history of trauma.* Northeastern

Ohio Universities College of Medicine & Pharmacy, Department of Psychiatry

Thirteenth Annual Research and Scholarly Activities Day. Summa Health System.

**Walter, K.** **H.** & Johnson, D. (November 2008). *Risk and Resiliency in the context of*

*revictimization following domestic violence.* Poster presented at the 24th Annual

International Society for Traumatic Stress Studies (ISTSS) conference, Chicago, IL.

Johnson, D., Perez, S., Pinna, K. & **Walter, K.** (November 2007). *The Role of Resources in Trauma and Posttraumatic Stress Disorder.* Symposium conducted at the 23rd Annual International Society for Traumatic Stress Studies (ISTSS) conference, Baltimore, MD.

**Walter, K. H**., Lamoureux, B. E., Horsey, K. & Hobfoll, S. E. (November 2006). *Relationships among Childhood Trauma, Avoidance and Resource Loss: A Mediation and Direct Effect model*. Poster presented at the 23rd Annual International Society for Traumatic Stress Studies (ISTSS) conference, Hollywood, CA.

Horsey, K., **Walter, K. H.**, Lamoureux, B. & Hobfoll, S. E. (November 2006). *The Impact of Posttraumatic Stress Disorder on Negotiating High Risk Sexual Situations*. Poster presented at the 23rd Annual International Society for Traumatic Stress Studies (ISTSS)

conference, Hollywood, CA.

Lamoureux, B. E., Horsey, K. J., **Walter, K. H.** & Hobfoll, S. E. (November 2006). *Child Sexual Abuse and HIV Risk: Examining the Role of Interpersonal Negotiation*. Poster presented at the 23rd Annual International Society for Traumatic Stress Studies (ISTSS) conference,

Hollywood, CA.

Hall, B. J., **Walter,** **K. H.**, Rattigan, S. (October 2006). *Promoting resiliency: The role*

*of resources in the adaptation to trauma.* Symposium conducted at the

theOhio Psychological Association (OPA) annual convention, Columbus, OH.

**Walter, K. H.**, Rattigan, S. & Hobfoll, S. E. (November 2005). *Resource Loss and Naturalistic Recovery from PTSD among Urban Women*. Poster presented at the 22nd

Annual International Society for Traumatic Stress Studies (ISTSS) conference, Toronto,

Canada.

Rattigan, S., Hall, B., **Walter, K. H.**, & Hobfoll, S. (November 2005). *Naturalistic PTSD recovery: social support/conflict and self-efficacy*. Poster presented at the 22nd

Annual International Society for Traumatic Stress Studies (ISTSS) conference, Toronto, Canada.

Zoellner, L. A., Feeny, N. C., McDavid, J., Moorse, S., Fukada S., Vigil, S., D’Angelo, F.,

McNamara, N., Stull, S., Goodpaster, J., & **Walter, K**. (July 2004). *Sertraline vs. prolonged exposure in the treatment of chronic PTSD*. Symposium conducted at the annual American Psychological Association (APA) conference, Honolulu, HI.

**UNPUBLISHED TREATMENT MANUAL:**

**Walter, K. H.** (2015). Behavioral Activation + Cognitive processing therapy: Military/Veteran Version: Therapist’s Manual. Unpublished treatment manual.

**GRANT ACTIVITY:**

**2023 – 2027 Augmenting Suicide Prevention Interventions for Service Members (ASPIS)**

PI: Craig Bryan

Site PI: Kristen H. Walter (15%)

Congressionally Directed Medical Research Program (CDMRP)

Award type: Peer Reviewed Medical Research Program (PRMRP) Focused Program Award

Total Award: $8,695,072 (Site award $1,388,215)

**2023 – 2026 Upstream risk factors for behavioral health and suicide in military personnel: An examination of social determinants of health (SDOH)**

PI: Kristen H. Walter (5%)

MPI: Emily Schmied

Military Operational Medicine Research Program (MOMRP)/ Joint Program Committee (JPC-5)

Total Award: $801K

**2023 – 2025 Harnessing the Power of Military Peers to Reduce Sexual Violence and Risky Drinking in Navy Sailors**

PI: Jennifer Read

Co-PI: Jennifer Livingston

Co-I: Kristen H. Walter (8%)

Congressionally Directed Medical Research Program (CDMRP)

Award type: Traumatic Brain Injury and Psychological Health Research Program/Clinical Trial Award

Total Award: $750K

**2022 – 2024 Patterns of Telebehavioral Healthcare Utilization among Active Duty Service Members across the Military Health System**

PI: Kristen H. Walter (10%)

MPI: Emily Schmied

Defense Health Agency Military Health System Research (MHSR) Program

Award type: DHA-22-MHSR

Total Award: $752K

**2022 – 2024              Improving Clinical Outcomes for PTSD Treatment through Enhancement of the Behavioral Health Data Portal** PI: Brett Litz  
 Co-I: Kristen H. Walter (10%)  
 Defense Health Agency Military Health System Research (MHSR) Program

Award type: DHA-MHSR-22  
 Total Award: $797K

**2021 – 2022 Investigating the Effects of Suicide Exposure among Active Duty Service**

**Members**

PI: Emily Schmied

MPI: Kristen H. Walter (5%)

Military Suicide Research Consortium (MSRC)

Award type: MSRC Common Data Elements

Total Award: $125K

**2020 – 2023 Personalized Web-Based Sexual Assault Prevention for Service Members**

PI: Lindsay Orchowski

MPI: Kristen H. Walter (5%)

MPI: Amanda Gilmore

Grant number PT190176

Congressionally Directed Medical Research Program (CDMRP)

Psychological Health/ Traumatic Brain Injury Research Program 2019 Award type: Prevention Research to Reduce Sexual Assault and/or Understand Adjustment Disorders Investigator-Initiated Focused Research Award

Total Award: $760K

**2018 – 2023 Overcoming Adversity and Stress Injury Support (OASIS): Psychological, Functional, and Career Outcomes of a Residential PTSD Treatment Program**

PI: Kristen H. Walter (10%)

Department of Defense; Navy Bureau of Medicine and Surgery (BUMED)

M9 Wounded, Ill, and Injured

Total Award: $773K

**2017 – 2023 A Randomized Controlled Trial of Surf Therapy versus Hike Therapy for Active Duty Service Members with MDD**

PI: Kristen H. Walter (30%)

Department of Defense; Navy Bureau of Medicine and Surgery (BUMED)

M9 Wounded, Ill, and Injured

Total Award: $1,484K

**2016 – 2023 BA + CPT for Comorbid Posttraumatic Stress (PTSD) and Major Depressive Disorder (MDD)**

PI: Kristen H. Walter (60%)

Department of Defense; Navy Bureau of Medicine and Surgery (BUMED)

M9 Wounded, Ill, and Injured

Total Award: $1,818K

**2015 – 2016 Behavioral-Activation Enhanced Cognitive Processing Therapy (BA + CPT) for Service Members with Comorbid PTSD and MDD: A Continued Effort**

PI: Cynthia Thomsen

Co-I: Kristen H. Walter (70%)

Department of Defense; Navy Bureau of Medicine and Surgery (BUMED)

Total Award: $218K

**2015 – 2016 Surfing as a Complementary Intervention for Major Depressive Disorder (MDD)**

PI: Cynthia Thomsen

Co-I: Kristen H. Walter (10%)

Department of Defense; Navy Bureau of Medicine and Surgery (BUMED)

Total Award: $512K

**2015 – 2016 Relationship Based Recovery for Active-duty Service Members with PTSD and Alcohol Use Disorders**

PI: Cynthia Thomsen

Co-Is: Kristen H. Walter (10%) and Jeremiah A. Schumm

Department of Defense; Navy Bureau of Medicine and Surgery (BUMED)

Total Award: $464K

**2015 – 2017 Combination Treatment for Complicated Cases: Efficacy of Cognitive Processing Therapy and Light Treatment for Posttraumatic Stress Disorder and Comorbid Major Depressive Disorder**

PI: Cynthia Thomsen

Co-Is: Gena Glickman and Kristen H. Walter (10%)

Department of Defense; Navy Bureau of Medicine and Surgery (BUMED)

Total Award: $320K

**2015 – 2016 Psychological Comorbidity in the Population of Active-Duty Service Members during the Global War on Terror**

PI: Cynthia Thomsen and

Co-I: Kristen H. Walter (10%)

Department of Defense; Navy Bureau of Medicine and Surgery (BUMED)

Total Award: $300K

**2014 – 2015 Behavioral Activation Enhanced Cognitive Processing Therapy (BA + CPT) for Active-Duty Service Members with PTSD and MDD**

PI: Cynthia Thomsen

Co-I: Kristen H. Walter (100%)

Department of Defense; Navy Bureau of Medicine and Surgery (BUMED)

Total Award: $425K

**2011 – 2013 Mindfulness-based Cognitive Therapy (MBCT) for the Treatment of PTSD in Cognitive Processing Therapy Treatment Non-responders: A Pilot Study**

PIs: Kathleen M. Chard and Kristen H. Walter (10%)

Department of Veterans’ Affairs

Total Award: $15K

**2009 - 2010 Executive function in PTSD: Does treatment increase performance?**

PIs: Kristen H. Walter and John Gunstad

Kent State University Graduate Senate 2009 Student Research Award

Total Award: $1K

**AWARDS:**

**2023** 38th Annual Academic Research Competition

*Honorable Mention: Category 1A Original Research-Staff*

Naval Medical Center San Diego

**2022** The Military Family Research Institute at Purdue University (MFRI)

*Barbara Thompson Excellence in Research on Military & Veteran Families Award Finalist*

**2022** 37th Annual Academic Research Competition

*1st Place Category 1A Original Research-Staff Presentation*

Naval Medical Center San Diego

**2022** 37th Annual Academic Research Competition

*2nd Place Poster Presentation (co-author)*

Naval Medical Center San Diego

**2021** *Civilian of the Year Science Award*

Naval Health Research Center

**2021** *Civilian Science Award for the Second Half of the Performance Year*

Naval Health Research Center

**2021** 36th Annual Academic Research Competition

*Honorable Mention: Category 2 Original Research-Staff*

Naval Medical Center San Diego

**2021** 36th Annual Academic Research Competition

*2nd Place Clinical Category 1A Original Research-Staff (co-author)*

Naval Medical Center San Diego

**2020** *Special Achievement Award*

Naval Health Research Center

**2020** *Five Years of Service Award*

Naval Health Research Center

**2018** *Shaping How we Invest For Tomorrow (SHIFT) Award Selection*

The Center for Jackson Hole

**2018** Navy and Marine Corps Public Health Center (NMCPHC) Conference

*Poster Excellence Award (co-author)*

**2006** International Society for the Study and Treatment of Traumatic Stress (ISTSS)

*2006 Student Poster Award (co-author)*

**2002** *Psi Chi National Psychology Honor Society*

Case Western Reserve University, Cleveland, Ohio

**2001** *Alpha Kappa Delta National Sociology Honor Society*

Case Western Reserve University, Cleveland, Ohio

**2001** *Schermerhorn Award for the Outstanding Undergraduate*

*Sociology Student*

Case Western Reserve University, Cleveland, Ohio

**2000 - 2003** *All-University Athletic Association (UAA) Academic Team*

Case Western Reserve University, Cleveland, Ohio

**EDITORIAL SERVICE:**

**Editorial Board**

**2022 – Present** *Journal of Traumatic Stress*

**Guest Editor**

**2019**Guest Editor, *Global Journal of Community Psychology Practice*, Special Issue on Surf Therapy around the Globe

**Reviewer**

**Ad hoc Reviewer** *Journal of Traumatic Stress*, *Psychiatry Research, Stress & Health,*  
*Rehabilitation Psychology, Behaviour Research and Therapy*  
*Journal of Head Trauma Rehabilitation, Contemporary Clinical* *Trials, Military Medicine*, *Brain Injury, Psychological Services*, *Trauma & Treatment, Military Behavioral Health*, *The New England Journal of Medicine, European Journal of Traumatology, Mental Health and Physical Activity*, *Cogent Psychology, Psychological Medicine, AIMS Neuroscience, Behavioral Medicine, International Journal of Emergency Services, Journal of Adolescence, Journal of Family Psychology, Journal of Psychopathology and Assessment, Mental Health and Physical Activity, Journal of Clinical Psychiatry*

**Content Reviewer**  *PTSD Casebook Companion to APA's Clinical Practice Guidelines for the Treatment of PTSD in Adults*

**TEACHING/MENTORING EXPERIENCE:**

**2020** Chair, Master’s Capstone Committee:

Fawn Liebengood, MBA (Master of Advanced Studies Program in Marine

Biodiversity and Conservation), “Blue Ocean Warriors

Exploring How Community-Based Marine Debris Cleanups Can Be Therapeutic Recreation for Active Duty Service Members and Veterans”

08 MAY 2020

Scripps Institution of Oceanography, UC San Diego

**2021** Member, Dissertation Committee:

Alisa Bartel, MA, MPA (Clinical Psychology), “Examining Change in

Objective and Subjective Neurocognitive Performance Following a Brief

Online Trauma Intervention”

14 APR 2021

University of Colorado Colorado Springs

**COMMITTEE AND VOLUNTEER SERVICE:**

**2024 – Present** Defense Health Agency Behavioral Research Integration Workgroup Member

**2024 – Present** VA Health Sciences Research and Development Service Merit Award Review Board Member

HSR-5 Health Care System Organization and Delivery and Women's Health

**2022 – Present** Department of Defense Sexual Assault Advisory Group

Committee Member

**2022 – Present** Defense Health Program (DHP) Psychological Research Portfolio

Strategic Plan, Subject Matter Expert

**2019 – Present** Lifestyle Interventions for Traumatic Stress (LIFTS) Special Interest Group Co-Founder

International Society for the Treatment of Traumatic Stress (ISTSS)

**2018 – Present** Military Operational Medicine Research Program (MOMRP)

PTSD Treatment Research Interim Progress Reviews

Invited Guest

**2018 – Present** Individual Contributor

International Surf Therapy Organization (ISTO)

**2018 – 2022** Military Special Interest Group Co-Chair

International Society for the Treatment of Traumatic Stress (ISTSS)

**2015 – Present** Clinical Provider

American Red Cross

Service to the Armed Forces; San Diego Chapter

**2013 – Present** National Veterans Summer Sports Clinic (NVSSC) Volunteer

VA San Diego Healthcare System

**2010 – 2013**  Clinical Training Committee

Cincinnati VA Medical Center

**PROFESSIONAL MEMBERSHIPS:**

**2005 - Present** International Society for the Treatment of Traumatic Stress (ISTSS)

**2016 – Present** Association of Behavioral and Cognitive Therapies (ABCT)

**2003 – 2015** American Psychological Association (APA)

**2008 – 2016**  APA Division 56 (Trauma Psychology)

**2017 – 2020** Anxiety and Depression Association of America (ADAA)

**MEDIA COVERAGE:**

**Newspaper Articles**

**2021 The New York Times**

“A rogue climber running from the law was fleeing his own trauma”

by Dave Phillips

https://www.nytimes.com/2021/06/04/us/isaac-wright-driftershoots-ptsd.html

**2020 San Diego Union Tribune**

“Love is all you need: Marine veteran finds solace with wife and adaptive sports” by Lauren Mapp

https://www.sandiegouniontribune.com/caregiver/news-for-caregivers/story/2020-02-18/paralympic-snowboarder-san-diego-veteran-military

**2019 The New York Times**

“Catching waves for well-being” by Amitha Kalaichandran

https://www.nytimes.com/2019/08/08/well/mind/catching-waves-for-well-being.html

**2018 The Washington Post**

“Riding the waves to better health: Navy studies the therapeutic value of surfing” by Tony Perry

https://www.washingtonpost.com/national/health-science/riding-the-waves-to-better-health-navy-studies-the-therapeutic-value-of-surfing/2018/03/09/254df9e2-06ca-11e8-94e8-e8b8600ade23\_story.html

**Radio/Podcast**

**2021 National Public Radio (WOSU)**

All Sides with Ann Fisher

Wellness Wednesday segment

https://www.npr.org/podcasts/381443470/all-sides-with-ann-fisher

**Websites/Blogs**

**2023 Reasons to be Cheerful, part of The Great Recovery (supported by a grant from the Wellcome Trust)**

**“Navigating the Waves” by Michaela Haas**

https://reasonstobecheerful.world/navigating-the-waves/

**2023 International Society for Traumatic Stress (ISTSS) Trauma Blog**

“What is the psychological impact of suicide exposure among active duty service members?” by Emily Schmied, Kristen Walter, Lisa Glassman, Hee-Jin Jun, and Nicole Pippard

https://istss.org/public-resources/trauma-blog/2023-april/what-is-the-psychological-impact-of-suicide-exposu

**2022 International Society for Traumatic Stress (ISTSS) Trauma Blog**

“Do disorders comorbid with PTSD differ between servicemen and women?” by Kristen Walter, Jordan Levine, Naju Madra, Jessica Beltran, Lisa Glassman, and Cynthia Thomsen

https://istss.org/public-resources/trauma-blog/2022-april/do-disorders-comorbid-with-ptsd-differ-between-ser

**2021 International Society for Traumatic Stress (ISTSS) Trauma Blog**

“Outcomes for Service Members in The Overcoming Adversity and Stress Injury Support (OASIS) Residential PTSD Program” by Kristen Walter, Casey Kohen, Cameron McCabe, and Jessica Watrous

https://istss.org/public-resources/trauma-blog/2021-february/outcomes-for-service-members-in-the-overcoming-adv

**2018 Navy Medicine Live**

**“**Thinking Outside the Clinic: Researching Novel Approaches to Improving Psychological Health” by Cynthia Thomsen and Kristen Walter

https://navymedicine.navylive.dodlive.mil/archives/10727

**2018 U.S. Department of Defense**

**“**Doctors Use Cutting-edge Research at Navy Hospital” by Shannon Collins

https://www.defense.gov/Explore/News/Article/Article/1383983/doctors-use-cutting-edge-research-at-navy-hospital/

**PAST EXPERIENCE:**

**2008-2009** Research Therapist, Helping to Overcome PTSD through Empowerment

Summa Health System, Akron, Ohio (NIMH)

**2007-2008** Psychology Extern,Center for the Treatment of Traumatic Stress

Summa Health System, Akron, Ohio

**2006-2007** Project Director, Women's Health Empowerment Project (NIMH)

Kent State University, Kent, Ohio

**2004-2006** Research Assistant, Women's Health Empowerment Project (NIMH)

Kent State University, Kent, Ohio

**2003-2004** Research Assistant, Treatment of PTSD in Assault Survivors (ADAA)

University Hospitals, Cleveland, Ohio

**SECURITY CLEARANCE:**

**2015 – Present** Secret Clearance

U.S. Department of State

**ACTIVE CLINICAL PRIVILEGES:**

**2015 - Present** Naval Medical Center San Diego (NMCSD)

San Diego, California

**ADJUNCTIVE RESEARCH AFFILIATION:**

**2021 – Present** Adjunct Assistant Professor

School of Public Health

San Diego State University

San Diego, California

**2017 - Present** Research without Compensation (WOC) Employee

VA San Diego Healthcare System

San Diego, California

**CERTIFICATIONS AND TRAININGS**:

Basic Life Support certification

American Red Cross

Cognitive Behavioral Conjoint Therapy (CBCT)

May 2010; Presented by Candice Monson, Ph.D.

Cognitive Processing Therapy (CPT) Certified VA Provider

March 2012; Presented by Kathleen Chard, Ph.D.

Virtual Reality Exposure Therapy (VRET)

February 2012; Presented by Barbara Rothbaum, Ph.D.

Advanced CPT Refresher

September 2015; Presented by Kathleen Chard, Ph.D.

Behavioral Activation (BA)

September 2015; Presented by Katherine McCauley, M.A and C.J. Seitz-Brown, B.A.

Crisis Response Planning (CRP) for Suicide Prevention

March 2017 and October 2023; Presented by Craig Bryan, Ph.D.