

CURRICULUM VITAE

NOÉ C. CRESPO

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EDUCATION

2006-2009 PhD, Public Health | Joint Doctoral Program- Behavioral Science
San Diego State University & University of California, San Diego

2003-2005 MPH | Epidemiology & Biostatistics
University of Southern California

2001-2003 MA, Kinesiology | Exercise Physiology
California State University, Los Angeles

1996-2001 BS, Kinesiology | Exercise Science
California State University, Los Angeles

PROFESSIONAL & RESEARCH APPOINTMENTS

2023-Present Co-Lead of Outreach Core
SDSU/UCSD U54 CREATE Cancer Partnership

2022-Present Professor | Health Promotion & Behavioral Science
San Diego State University, School of Public Health

2021-Present Co-Lead of Cancer Control Program
Moore's Cancer Center | *University of California, San Diego*

2021-Present Cancer Research Engagement Director
San Diego State University

2016-Present Core-Investigator
Institute for Behavioral and Community Health (IBACH)

2021-2023 Division Head | Division of Health Promotion & Behavioral Science
San Diego State University, School of Public Health

2012-2016 Assistant Professor | Exercise and Wellness Program
Arizona State University, School of Nutrition & Health Promotion

2010-2011 Post-Doctoral Fellow | (T32) Cardiovascular Disease Epidemiology and Prevention
University of California, San Diego

2007-2009 Pre-Doctoral Fellow (F31)
San Diego State University & University of California, San Diego

GRANTS & CONTRACTS

Current (Total Costs)

NIH/NIMHD T32MD019800 \$1,526,057 07/01/24-06/30/29 **Crespo (PI)**

Title: ALIADOS: Advanced training in Latino multi-level interventions research for doctoral scholars

NSF 2437610 \$100,000 01/01/25-12/31/25 Schoch-Spana/**Crespo**/McClure/Thomas (**Co-PIs**)

Title: Planning: CRISES: A community-centered laboratory for the research and design of socially astute epidemic readiness and response

NIMHD Research Centers in Minority Institutions

U54MD012397-01A1 \$17,996,576 07/01/24-06/30/29 Wells & Ayala (co-PIs)

Title: SDSU HealthLINK Center for Transdisciplinary Health Disparities Research

Role: Research Capacity Core Co-Leader and Biobehavioral and Human Performance Group Leader

NIH/NIMHD R01MD019330 \$3,598,077 04/01/24-03/31/29 **Crespo (MPI)**, Gonzalez (MPI)

Title: Promoting Physical Activity and Fitness Among Underserved Latino Families Living in U.S.-Mexico Border Regions

NCI/DHHS \$1,605,649 12/01/23-11/30/28 Lewison R

Title: San Diego State University Advancing Cancer Careers for Excellence (ACCEL)
Role: Co-I & Training Champion

NCI U54CA285117 \$7,235,618 09/01/23-08/30/28 Madanat/Cripps

Title: Cancer Research Education to Advance Health Equity (CREATE) Partnership
Role: Co-I

NIMHD Loan Repayment Program 2L60MD015649-02A1
Health Disparities Program \$13,865 07/01/23-06/30/25 **Crespo (PI)**

Title: Reducing COVID-19 disparities among underserved populations

NIMHD Loan Repayment Program 07/01/23-06/30/25 Felner (PI)

Title: Community-based participatory research to promote health literacy and uptake of COVID-19 prevention behaviors among housing insecure and homeless youth
Role: Mentor

NIH/NIMHD R01MD016880 \$2,211,703 04/01/22-03/31/25 **Crespo (MPI), Ramers (MPI)**

Title: Increasing COVID-19 vaccine uptake among Latinos through a targeted clinical and community-behavioral intervention

NIH/NIMHD R01MD016324 \$4,265,322 06/10/21-02/28/26 **Crespo (MPI), Ramers (MPI)**

Title: Tailored Behavioral Intervention to Prevent Household and Community Spread of COVID-19 among Latinos

NIH/NIGM 1R16GM145519-01 \$400,000 04/18/22-03/31/26 Holub (PI)

Title: Designing technology to facilitate participation in health behavior interventions among underserved populations: a CBPR approach to reducing health disparities and address change norms since COVID-19
Role: Co-I

NIH P50MD017344-01 \$24,000,000 09/01/21-08/31/26 Goran (PI)

Title: Southern California center for chronic health disparities in Latino families and children
Role: Co-I (PI of subaward; \$25,639)

NCI Cancer Center Support Grants for NCI-Designated Cancer Centers (P30)
2 P30 CA023100-34 Sub to SDSU \$269,315 05/01/19-04/30/24 Madanat H (PI)

Title: Cancer Center Support Grants (CCSG) for NCI-designated Cancer Center
Role: Co-I & Co-Director of Biobehavioral Share Resource Center

Project Website: <https://medschool.ucsd.edu/research/moores/shared-resources/Pages/nutrition.aspx>

CF-MG-20191104144923756-2558558 Centro de Investigación en Alimentación y Desarrollo, A.C. Hermosillo, Son. Ciencia de Frontera 2019 Ortega Vélez (PI)

Title: Desarrollo y evaluación de un modelo de niños promotores de salud para el fomento de ambientes nutricionales saludables en los entornos del hogar y la escuela.
Role: co-I

Completed Grants & Projects

NIMHD Research Centers in Minority Institutions
U54MD012397-01A1 \$20,272,919 09/01/18-05/31/23 Ayala & Wells (co-PIs)

Title: SDSU HealthLINK Center for Transdisciplinary Health Disparities Research
Role: Co-I & Lead of Biobehavioral and Human Performance (BBHP) Laboratory

Project Website: <https://chhs.sdsu.edu/sdsu-healthlink/>

NCI U54CA132384 \$5,863,094 09/01/15-08/31/20 Madanat & Martinez (co-PIs)

Title: SDSU/UCSD Cancer Center Comprehensive Partnership
Role: Co-I & Co-Lead of Outreach Core

Project Website: <https://sdsu-ucsdcancerpartnership.ucsd.edu>

CA Office of Plan and Research \$2,800,000 04/01/21-03/31/24 Firesteing G (PI)
Title: Addressing health impacts of adverse childhood experiences through a collaborative precision medicine approach
Role: Co-I (subaward PI: \$52,838)

U.S. DHHS/OMH \$4,000,000 07/01/21-06/30/23 Kurz S (PI)
Title: Advancing health literacy to enhance equitable community response to COVID-19
Role: Co-I (subaward PI: \$127,911)

NIH/OD 1OT20D032111 \$5,000,000 06/30/21-06/29/23 Kiene/McDaniels-Davidson/Oren
Title: Communities Fighting COVID! Returning our kids back to school safely
Role: Co-I

NIH/DHHS (Supplement to SDSU/UCSD Cancer Center Comprehensive Partnership) Madanat (PI)
3U54 CA132384-10S4 \$299,098 09/01/21-08/31/22 **Crespo** (Supplement PI)
Title: Increasing COVID-19 vaccine uptake through a patient navigation intervention among underserved populations

Rapid Acceleration of Diagnostics (RADxUp)- Underserved Populations
NIH/NCI 3U54 CA132384-10S1 \$5,499,999 09/2020-09/2022 Madanat, Kiene & Oren (MPIs)
Title: Communities Fighting COVID!
Role: Co-I
Project Information: https://newscenter.sdsu.edu/sdsu_newscenter/news_story.aspx?sid=78235

Chan Zuckerberg Initiative, Johns Hopkins University
2021-238134 \$75,000 11/01/21-10/31/22 **Crespo (PI)**
Title: The community's role in an equitable and effective COVID-19 vaccine rollout

Center for Global Health Studies (CGHS) NIH's Fogarty International Center: Cross Border Collaboration Awards. OISE-20-6687-1 \$10,000 10/01/20-11/02/21 **Crespo (PI)**
Title: U.S.-Mexico binational collaboration to reduce childhood obesity among underserved children in the border region

Family Health Centers of San Diego
G00013992 \$40,379 01/01/22-12/31/22 **Crespo (PI)**
Title: Scientist in Residence

NIMHD Loan Repayment Program 1L60MD015649
Health Disparities Program \$26,709.87 07/01/20-06/30/22 **Crespo (PI)**
Title: Promoting cardiovascular fitness among underserved families

Chan Zuckerberg Initiative, Johns Hopkins University
CZIF2020-004751 \$277,000 11/01/20-12/31/21 **Crespo & Sobo (co-PIs)**
Title: The community's role in an equitable and effective COVID-19 vaccination rollout (CommuniVax)
Project Website: <https://www.centerforhealthsecurity.org/our-work/Center-projects/CommuniVax.html>

UCSD: Transdisciplinary Research Pilot Project Grant, Intramural
\$50,000 02/01/18-01/31/19 **Crespo & Feldstein (co-PIs)**
Title: Natural history of pediatric nonalcoholic fatty liver disease

NCI: R01CA198971 \$2,500,000 07/01/15-06/31/19 Buman M (PI)
Title: Stand and Move at Work: A Group-Randomized Trial
Role: Co-I

American Heart Association: Scientist Development Grant
14SDG20490382 \$308,000 07/01/14-06/31/18 **Crespo N (PI)**
Title: Community-academic partnership to promote cardiovascular health among underserved children and families

University Grants Program (SDSU), Intramural
\$10,000 02/01/17-06/30/18 **Crespo N (PI)**
Title: Understanding how Pokémon Go influences physical activity

ASU School of Transborder Studies, Intramural
\$7,000 07/01/15-06/31/16 **Crespo N (PI)**
Title: Fostering transborder collaborations to promote healthy eating and physical activity among underserved Latino families living in the Southwest US-Mexico border

NIDDK: R01DK084331 \$2,500,000 05/01/10-03/31/15 Elder (PI)
Title: Clinical/Behavioral Approach to Overweight Latino Youth
Role: Co-I

NIMHD: R25MD006853 \$1,795,615 07/14/11-03/31/16 Elder (PI)
Title: Mentoring Diverse Students in Health Disparities Research
Role: Mentor

ASU Obesity Solutions Funding Challenge, Intramural
\$5,000 Buman M (PI)
Title: Stand and Move ASU
Role: Co-I

NIDDK R01DK072994-01 \$2,500,000 03/10/06-01/31/11 Elder J (PI)
Title: Obesity Prevention and Control in Community Recreation Centers
Role: Co-I

NHLBI R01HL73776-01 \$2,500,00 09/30/02-08/31/07 Elder J (PI)
Title: Obesity Prevention in Latino Home and Community Environments (Aventuras Para Ninos)
Role: Co-I

CDC: U48DP001917 Elder (PI)
Title: Chronic Disease Prevention in Mexico and the US Latino Population. Latin American Special Interest Project
Role: Co-I

Student/Mentee Grants and Awards

- Patricia Dionicio (JDP)
American Public Health Association (October 27-30, 2025)
Physical Activity Travel Scholarship
Outstanding Student Research in Physical Activity Award
Role: Committee Member & Secondary Mentor
- Eric T Hyde (JDP)
EPI Lifestyle 2025 Scientific Sessions (March 6-9, 2025). Trudy Bush Fellowship for Cardiovascular Disease Research in Women's Health
Role: Committee Member
- Maria Barajas (JPD)
SDSU University Graduate Fellowship \$33,500 (2024-2026)
Role: Primary Mentor
- Patricia Dionicio
NIH F31MD018535, Ruth L. Kirschstein National Service Award 04/30/2023-04/29-2026
Title: Evaluating Multilevel Factors that Predict Physical Activity Among Latinos with Chronic Spine Pain: A

Mixed-Methods Study

Role: Mentor and Committee Member

- Alma Behar
HCO Fellowship
Role: Primary Mentor
- Alma Behar
SDSU Inamori Fellowship \$5,000 (12/04/17)
Role: Primary Mentor
- National Institutes of Health/R25. \$3,200 award. Newfield S (PI)
- ASU's Initiative for Maximizing Student Development (IMSD)
- ASU's PANW Jump Start Grant. \$500 award

Completed Fellowships

SDSU's Grants and Research Enterprise Writing (GREW) fellowship (06/01/17)

NIH- ASU, Southwest Interdisciplinary Research Center- SIRC. Marsiglia F (PI)

Title: Early Career Faculty Fellowship Program

Role: Faculty Fellow

National Heart, Lung and Blood Institute T32 UCSD Criqui M (PI)

Title: Post-doctoral Fellowship in Cardiovascular Epidemiology and Prevention

Role: Post-Doctoral Fellow

Fred H. Bixby Foundation Fellowship. SDSU. Brodine S (PI)

Role: Research Fellow

NIDDK F31DK079345-01 \$80,522 (07/06/07-03/18/10)

Crespo (PI)

Title: Environmental determinants of physical activity in children- a focus on gender

NIDDK 5R01DK059211-01 Minority Supplement 09/13-05/05 Goran M (PI)

Role: Graduate Research Fellow

NIH GM61331 Minority Biomedical Research Support- Research Initiative for Scientific Enhancement [MBRS-RISE] 01/03-07/03 Gutiérrez C (PI)

Role: Graduate Student Fellow

PUBLICATIONS

Referred Book Chapters

1. Newton RL, Arredondo E, Dionicio P, **Crespo NC**. Cultural considerations in behavioral therapy for management of obesity. Chapter in: Handbook of Obesity Volume 2: Clinical Applications, Fifth Edition. Edited by George A. Bray, Claude Bouchard, John Kirwan, Peter Katzmarzyk, Leanne Redman and Philip Schcauer. Published December 1, 2023 by CRC Press ISBN 9781032551081
2. **Crespo NC** & Elder JP. Community and school-based interventions for childhood obesity. Chapter in: Childhood Obesity: Causes, Consequences and Intervention Approaches. Edited by Goran, MI. Taylor & Francis Group 2016. ISBN 9781498720656
3. Elder JP, Usita PM, and **Crespo NC**. Behavioral community health needs assessment. Chapter in: Principles of Public Health Practice 3rd edition. Scutfield FD and Keck CW. 2009

Professional Published Reports

1. **Crespo NC**, Sobo E, Cervantes G, Kiene SM, McDaniels-Davidson C, Ceballos D, Song S, Crowe M, Sing I, Cheatham M, Guerrero G, Perez A, Carnes M, de Souza E. Addressing COVID-19 vaccination equity and recovery among the Hispanic/Latino population in the Southern California Border Region. Publisher: *Johns Hopkins Center for Health Security*, October 2021
2. Schoch-Spana M, Brunson E, Hosangadi D, Long R, Ravi S, Taylor M, Trotochaud M, Veenema TG, on behalf of the CommuniVax Coalition. A waypoint on the path to health equity: COVID-19 vaccination at month 11. Publisher: *Johns Hopkins Center for Health Security*, November 23, 2021

3. Schoch-Spana M, Brunson E, Ravi Sanjana, Taylor M, Trotochaud M, Hosangadi D on behalf of the CommunityHealth Coalition. Publisher: Johns Hopkins Center for Health Security, November 17, 2022.
4. Ceballos D, Cervantes G, Chakos A, **Crespo NC**, Dionicio P, Duron Y, Guerrero G, Milla M, Patron A, Perez A, Schneider J. Guide for effective partnerships between academic institutions and community health workers/promotores. Publisher: *Johns Hopkins Center for Health Security*, November 2022.

Refereed Journal Articles (70 total; sorted by most recent)

Google Scholar citation data as of 04/25/2025 [Total Citations: 3,513; h-index: 29; i10-index: 38]

Google Scholar: <https://scholar.google.com/citations?user=EwTXPCkAAAAJ&hl=en>

ORCID: 0000-0002-23025257 <https://orcid.org/0000-0002-2302-5257?lang=en>

*Trainees such as students and post-docs listed as first author are underlined. Red asterisk * indicates corresponding/senior author.*

1. Dionicio P, Gombatto SP, Lin SF, Dubose D, Greenfield J, Haas M, Robinett A, Robinson M, Shogan R, **Crespo NC**, Behar AI, Monroe KS. Correlates of physical activity and sedentary behavior among Latino persons with spine pain. *Health Psychology (in press)*
2. Hyde E, Evenson KR, Bandoli GE, Zou J, **Crespo NC**, Parada H, LaMonte MJ, Howard AG, Nguyen S, Skiba MB, Crane TE, Stefanick ML, Lee I, LaCroix AZ. Accelerometer-measured physical activity, sedentary behavior, and mortality among cancer survivors: the Women's Health Accelerometry Collaboration. *JNCI Cancer Spectrum* [Link to article](#)
3. Shifflett S, Parada H, **Crespo NC***. Associations between parent's and children's total physical activity and sedentary behavior among Hispanic/Latino families. *Journal of Immigrant and Minority Health* (Online ahead of print) [Link to article](#)
4. **Crespo NC**, Vega-Lopez S, Szeszulski J, Todd M, Behar AI, Ray F, Hartmann L, Lorenzo Quintero A, Hyde ET. Efficacy of a community- and family-based intervention on cardiovascular fitness and cardiometabolic disease risk factors among primarily Latino families. *American Journal of Health Promotion* 2025 (Online ahead of print) [Link to article](#)
5. Espinosa da Silva C, Santibanez M, Lee ARS, Pacheco LS, Brodine S, Fraga MA, Desmarais TB, **Crespo NC**, Martinez Hernandez J, McKennett M, Garfein RS. Sexual and reproductive health awareness and practices among adolescents and adults in a rural farming community in Baja California, Mexico: a quantitative and qualitative cross-sectional study. *Sexual and Reproductive Health Matters* 2025 [Link to article](#)
6. Ojeda V, Vicente S, Melendres B, Sheik-Mohamed A, Zubaidi R, Bearse A, Nash V, Kurz S, Marquez D, Barrios A, **Crespo NC**, Melendrez B. Insights from community organizations collaborating with government and academia to foster healthy literacy. *Health Education & Behavior* Oct 15 2024 [Link to article](#)
7. Behar AI, Mahar MT, Norman G, Elder JP, Pratt M, Dionicio P, **Crespo NC**. Physical activity in underserved preadolescents: characterization of accumulation and patterns. *International Journal of Physical Activity and Health* 3(2); 2024 [Link to article](#)
8. **Crespo NC**, Manzo D, Perez V, Walsh-Buhi ER, Calzo JP. A qualitative study of multilevel barriers and facilitators associated with physical activity and diet among long-haul truck drivers. *Safety and Health at Work* 15(3):263-270; 2024 [Link to article](#)
9. HickMan NE, Price M, **Crespo NC**, Feldstein AE. Correlating neighborhood-level deprivation and pediatric metabolic dysfunction-associated steatotic liver disease. *Journal of Pediatric Gastroenterology and Nutrition* 78(6):1355-1363; 2024 [Link to article](#)
10. Behar AI, Brodine S, Garfein RS, Elder JP, Pacheco L, Iniguez-Stevens E, **Crespo NC**, Hernandez-Ontiveros DA, McKennett M, Fraga MA. Binational academic-service-community partnership: a program to train, provide services and conduct research for sustainable community health in rural Baja California, Mexico. *Medical Research Archives* 12(3); 2024 [Link to article](#)
11. Wu T, Doyle C, Ito J, Ramesh N, Ernest DK, **Crespo NC**, Hsu F, Oren E. Cold exposures in relation to dysmenorrhea among Asian and White women. *International Journal of Environmental Research and Public Health* 21(1); 2023 [Link to article](#)
12. Santana C, Pines H, Lemus H, Martinez EM, Nodora JN, Parra-Pulgarin S, **Crespo NC**, Madanat H, McDaniels-Davidson C. HPV Vaccine misperceptions among Hispanic/Latinos in Southern California. *Journal of Racial & Ethnic Health Disparities* 17:1-7; 2023 [Link to article](#)
13. Vawter N, Godino J, Lewis S, Northrup A, Samaniego J, Poblete J, Guereca J, Sharp S, Mathews E, **Crespo NC**, Ramer C. COVID-19 monoclonal antibody treatment impact on symptoms and post-COVID

- conditions among high-risk patients at a Federally Qualified Health Center. *BMC Infectious Diseases* 23(1):105; 2023 [Link to article](#)
14. Ayala GX, Canale K, Ibarra L, Parada H, **Crespo NC**, Perez R, Horton L, Cherrington A. Facilitators of peer leader retention within a Type 2 diabetes intervention trial for U.S. Latino/Hispanics of Mexican origin. *Health Education Research* 38(3):204-219; 2023 [Link to article](#)
 15. Dougherty E, Corliss H, Kritz-Silverstein D, Strong D, **Crespo NC**, Finlayson T. Relationship between sexual orientation and human papillomavirus-related oral cancer knowledge and awareness. *LGBT Health* 10(1):41-50; 2023 [Link to article](#)
 16. Stone MD, Dimofte CV, Strong DR, Pulers K, **Crespo NC**, Leas CE, Pierse JP. Evaluating US smokers' willingness-to-pay for different cigarette packaging designs before and after real-world exposure in a randomized trial. *Tobacco Control* Published Online First 01 March 2022 [Link to article](#)
 17. Rocha T, Morales-Miranda S, Fernandez-Casanueva C, Silverman J, Zuñiga M, Goldenberg S, **Crespo NC**, Brouwer K. Migration and mobility: correlates of recent HIV testing among substance using female sex workers at the Mexico-Guatemala border. *AIDS and Behavior* 26(5):1467-1476; 2022 [Link to article](#)
 18. Martinez ME, Nodora JN, McDaniels-Davidson C, **Crespo NC**, Edward AA. Equitable COVID-19 vaccination for Hispanics in the United States: A success story from California border communities. *International Journal of Environmental Research and Public Health* 19(1):535; 2022 [Link to article](#)
 19. Mendoza-Vasquez AS, Solis Becerra E, Badii N, **Crespo NC**, Hurst S, Larsen B, Marcus BH, Arredondo EM. Regular and app-enhanced maintenance of physical activity among Latinas: A feasibility study. *Translational Journal of the American College of Sports Medicine* 7(1):e000188; 2022 [Link to article](#)
 20. Stone MD, Strong DR, Dimofte CV, Brighton E, Oratowski J, Yang T, Alkuzweny M, Asslani A, Velasco K, Skipworth M, **Crespo NC**, Hurst S, Leas E, Pulvers K, Pierce JP. The role of affective reactivity induced by cigarette packaging including graphic warning labels: the CASA study. *Tobacco Control* Published Online First: September 12, 2021. 32:315-322; 2023 [Link to article](#)
 21. Mendoza-Vasquez AS, Badii N, Solis Becerra ES, **Crespo NC**, Hurst S, Larsen B, Marcus BH, Arredondo EM. Forming habits, overcoming obstacles, and setting realistic goals: A qualitative study of physical activity maintenance among Latinas. *International Journal of Behavioral Medicine* (online publication) August 02, 2021. 29(3):334-345; 2022 [Link to article](#)
 22. Benitez T, Lope N, Haughton J, Marcus B, Sallis J, **Crespo N**, Perez L, Arredondo E. Psychosocial correlates of meeting national guidelines for muscle-strengthening activities in Latinas. *Health Education & Behavior* (online ahead of print) April 17, 2021. 49(3):437-445; 2022 [Link to article](#)
 23. Mendoza-Vasquez AS, Arredondo EM, Larsen B, **Crespo NC**, Hurst S, Marcus BH. Lapse, relapse and recovery in physical activity intervention for Latinas: a survival analysis. *Journal of Behavioral Medicine* 28(5):540-551; 2021 [Link to article](#)
 24. Rocha-Jimenez T, Fernandez-Casanueva C, Suarez-Lopez JR, Zuñiga ML, **Crespo NC**, Morales-Miranda S, Goldenberg SM, Silverman JG, Brower KC. Intercepted journeys: association between migration and mobility experiences and depressive symptoms among substance using migrants at the Mexico-Guatemala border. *Global Public Health* Published online Jan 12, 2021; 297-312 [Link to article](#)
 25. Cassinat RA, Bruening M, **Crespo NC**, Gutierrez M, Chavez A, Ray F, Vega-Lopez S. Effects of a community-based pilot intervention on home food availability among U.S. households. *International Journal of Environmental Research and Public Health* 2020 17(22):8327 [Link to article](#)
 26. Pereira MA, Mullane SL, Lapore Todolo MJ, Larouche M, Rydell SA, Voung B, Feltes L, Mitchell NR, de Brito JN, Hasanaj K, Carlson N, Gaesser GA, **Crespo NC**, Oakes MJ, Buman MP. Efficacy of the 'Stand and Move at Work' multicomponent workplace intervention to reduce sedentary time and improve cardiometabolic risk: A group randomized clinical trial. *International Journal of Behavioral Nutrition and Physical Activity* 17(1):133, 2020 [Link to article](#)
 27. Szeszulski J, Vega-Lopez S, Todd M, Ray F, Behar A, Campbell M, Chavez A, Eckert R, Lorenzo-Quintero A, Hartmann Manrique L, **Crespo NC***. Athletes for Life: rationale and methodology of a community- and family-based intervention to promote cardiovascular fitness among primarily Latino families. *Contemporary Clinical Trials* April 01:91; 2020 [Link to article](#)
 28. Harguess JM, **Crespo NC***, Hong MY. Strategies to reduce meat consumption: a systematic literature review of experimental studies. *Appetite* 144:104478; 2020 [Link to article](#)
 29. Garcia ML, **Crespo NC**, Behar AI, Talavera GA, Campbell N, Shadron LM, Elder JP. Examining Mexican-heritage mother's perceptions of their child's weight: comparison of silhouette and categorical survey methods. *Childhood Obesity* 16(1):44-52; 2020 [Link to article](#)

30. **Crespo NC**, Behar AI, Juarez J, Elder JP. Multilevel risk factors associated with obesity in older Latinos ages 65 years and over. *Current Geriatric Reports* 7(4):296-300; 2018 [Link to article](#)
31. **Crespo NC**, Talavera GA, Campbell N, Shadron LM, Behar AI, Slymen D, Ayala GX, Wilfley D, Elder JP. A randomized controlled trial to prevent obesity among Latino pediatric patients. *Pediatric Obesity* 13(11):697-704; 2018 [Link to article](#)
32. Dellaserra CL, **Crespo NC**, Todd M, Huberty J, Vega-Lopez S. Perceived environmental barriers and behavioral factors as potential mediators between acculturation and leisure-time physical activity among Mexican-American adults. *Journal of Physical Activity and Health* Sept1;15(9):683-691; 2018 [Link to article](#)
33. Mullane SL, Rydell SA, Larouche ML, Toledo MJL, Feltes LH, Vuong B, **Crespo NC**, Gaesser GA, Estabrooks PA, Pereira MA, Buman MP. Enrollment strategies, barriers to participation, and reach of workplace intervention targeting sedentary behavior. *American Journal of Health Promotion* Feb;33(2):225-236; 2019 [Link to article](#)
34. Behar AI, **Crespo NC**, Garcia M, Ayala GX, Campbell N, Shadron LM, Elder JP. Validation of a shortened version of the children's eating behavior questionnaire and associations with BMI in a clinical sample of Latino children. *Journal of Nutrition Education and Behavior* 50(4):372-378.e1; 2018 [Link to article](#)
35. Mullane SL, Toledo ML, Rydell SA, Feltes LH, Vuong B, **Crespo NC**, Pereira MA, Buman MP. Social ecological correlates of workplace sedentary behavior. *International Journal of Behavioral Nutrition and Physical Activity* 14(1):117; 2017 [Link to article](#)
36. **Crespo NC**, Garcia ML, Behar AI, Holub C, Elder JP. Reducing obesity-related health disparities in Hispanic and Latino populations in the United States: An update from 2013. In *Oxford Bibliographies in Public Health*. 2017 Ed. David McQueen. New York: Oxford University Press [Link to article](#)
37. Mullane S, Bocchicchio V, **Crespo NC***. Feasibility and parental acceptability of an 8-week, slow-speed, high-intensity, community-based resistance training program for preadolescent children. *Family and Community Health* 40(3):183-191; 2017 [Link to article](#)
38. Buman M, Mullane S, Toldedo MJ, Rydell S, Gaesser G, **Crespo NC**, Hannan P, Feltes L, Vuong B, Pereira M. An intervention to reduce sitting and increase light-intensity physical activity at work: Design and rationale for the 'Stand & Move at Work' group randomized trial. *Contemporary Clinical Trials* 53:11-19; 2017 [Link to article](#)
39. Mullane SL, Buman MP, Zeigler ZS, **Crespo NC**, Gaesser GA. Acute effects on cognitive performance following bouts of standing and light-intensity physical activity in a simulated workplace environment. *Journal of Science and Medicine in Sport* Epub 2016 Oct 8. 20(5):489-493; 2017 [Link to article](#)
40. **Crespo NC**, Mullane SL, Zeigler ZS, Buman MP, Gaesser GA. Effects of standing and light-intensity walking and cycling on 24-h glucose. *Medicine and Science in Sports & Exercise* 48(12):2503-2511;2016 [Link to article](#)
41. Behar A, Mellen B, Talavera G, Ayala GX, **Crespo NC**, Shadron LM, Campbell N, Elder JP. Associations between sleep duration, television in the bedroom and child obesity. *Russian Journal of Preventive Medicine* 19(1):37; 2016 [Link to article](#)
42. Isasi C, Jung M, Parrinello CM, Kaplan RC, Kim R, **Crespo NC**, Gonzalez P, Gouskova NA, Penedo FJ, Perreira K, Perrino T, Sotres-Alvarez D, Van Horn L, Gallo LC. Association of childhood economic hardship with adult height and adult adiposity among Hispanics/Latinos. The HCHS/SOL Socio-Cultural Ancillary Study. *PLOS ONE* 11(2):e0149923; 2016 [Link to article](#)
43. Arredondo EM, Sotres-Alvarez D, Soutenberg M, Davis SM, **Crespo NC**, Carnethon MR, Castañeda SF, Isasi CR, Espinoza RA, Daviglius ML, Perez L, Evenson KR. Physical activity levels in US Latino/Hispanic adults: results from the HCHS/SOL. *American Journal of Preventive Medicine* 50(4):500-5008; 2016 [Link to article](#)
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49. Elder JP, **Crespo NC**, Corder K, Ayala GX, Slymen DJ, Lopez NV, Moody JS, McKenzie TL. Childhood obesity prevention and control in city recreation centers and family homes: the MOVE/me Muevo Project. *Pediatric Obesity* 9(3):218-231; 2014 [Link to article](#)
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52. **Morello MI**, Madanat H, Lemus H, **Crespo NC**, Elder JP. Associations among parent acculturation, child BMI, and child fruit and vegetable consumption in a Hispanic sample. *Journal of Immigrant and Minority Health* 14(6):1023-1029; 2012 [Link to article](#)
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63. McKenzie TL, **Crespo NC**, Baquero B, Elder JP. Leisure-time physical activity in elementary schools: Analysis of contextual conditions. *Journal of School Health* 80(10):470-477; 2010 [Link to article](#)
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Non-Refereed Journal Articles

1. Arredondo EM, **Crespo NC**, Lopez NV, Elder JP, Haughton J, Sallis J, Perez L, Ayala G. Response to letter to the editor for article "Arredondo et al., Fe en Accion: promoting physical activity among churchgoing Latinas AJP 2017". *American Journal of Public Health: Letters and Responses* 107(12): e24-e25; 2017 [Link to article](#)

Conference Presentations/Proceedings (104 total)

1. Parada H, Wanjerkhede P, Gallo LC, **Crespo NC**, Agalliu L, Olshan AF, Evenson KR, Rohan TE, Pirzada A, Daviglius ML Talavera T. Body composition and incidence of obesity-related cancers among adults in the Hispanic Community Health Study/Study of Latinos. *American Society of Preventive Oncology 2025*
2. Lopez de la Torre C, **Crespo NC**, Alvarez NR, Cota G, Bustamante Y, Fraga K, Godino J, Elder JP, Oren E, Lin J, Arredondo E, Madanat H, Ramers CB. Lessons learned in implementing a pragmatic behavioral intervention to prevent household spread of COVID-19 in point-of-care settings. *Society of Behavioral Medicine 2025 Poster*
3. Vargas Tequida B, Argueta M, Ramers C, Elder JP, Oren E, Arredondo E, Lin CD, Godino J, Madanat H, Cervantes G, Patron A, Ayala GX, Martinez L, **Crespo NC**. An evaluation of the perspectives of Latino/Hispanic adult participants of the vaccine promotion program on health educator-led motivational interviewing-based vaccine communication. *Society of Behavioral Medicine 2025 Poster*
4. Fraga K, Vega-Lopez S, **Crespo NC**. Associations between parent acculturation and child ultra-processed food consumption in a primarily Latino sample. *National Hispanic Science Network Annual Conference 2024 Poster Presentation*
5. Sanchez KD, Dionicio P, Garcia Z, Aragon N, Vargas Tequida B, Gonzalez D, Ortega I, Yan Y, Diaz Rios K, **Crespo NC**. Interventions to prevent childhood obesity among Latino populations: a systematic review and meta-analysis. *American Public Health Association 2024 Oral Presentation*
6. Garcia Lopez Z, Dionicio P, Sanchez KD, Behar AI, Vargas Tequida B, Gonzalez Valencia D, Ortega I, Singh S, **Crespo NC**. Childhood obesity prevention interventions among Latinos/Hispanics living in US-Mexico border states: a systematic review and meta-analysis. *American Public Health Association 2024 Poster Presentation*
7. Laprada Villegas AN, Garcia Lopez Z, Dionicio P, Vargas Tequida B, Gonzalez Valencia D, **Crespo NC**. Feasibility and acceptability of a fitness and healthy lifestyle pilot program among underserved Latino families: The Athletes for Life Program. *American Public Health Association 2024 Poster Presentation*
8. Dionicio P, Monroe K, Eikey E, Campbell CK, **Crespo NC**, Behar AI, Gombatto S. "El dolor es lo que me saluda": A qualitative study on multilevel and intersectional factors associated with physical activity among Latino patients with chronic spine pain. *American Public Health Association 2024 Poster Presentation*
9. Garcia Z, Vargas B, Lopez de la Torre C, Sanchez K, Vega-Lopez S, **Crespo NC**. Efficacy of a 12-week family-based healthy lifestyle program on food practices in Latino families: the Athletes for Life Program. National Hispanic Science Network conference 2024. Oral and Poster presentation.
10. Vargas B, Ramers C, Elder J, Oren E, Arredondo E, Lin CDJ, Godino J, Madanat H, Cervantes G, Patron A, **Crespo NC**. A multilevel vaccine promotion program to increase COVID-19 vaccine uptake among Latinos in San Diego: protocol description and preliminary results. *National Hispanic Science Network conference 2024*. Oral and Poster presentation.
11. Laprada Villegas AN, Ortega Velez MI, **Crespo NC**, Olvera Sandoval C, Reyes Pavon D, Gonzalez Valencia DG. A Needs assessment of community centers in Mexicali for the implementation of a family-based healthy lifestyle program: the Athletes for Life (AFL) program. *NUTRITION 2024*. June 29-July 02, 2024 Poster Presentation
12. Ortega-Velez MI, Dionicio P, Garcia Lopez Z, Vargas Tequida B, Laprada Villegas AN, Sanches K, Gonzalez-Valencia D, **Crespo NC**. Conformación de grupo binacional BATCH: Binational Alliance for Transborder Community Health. *Salud Fronteriza: Información para la Acción*. April 19 2024 (Nogales Sonora Mexico. Poster

13. Hamideh D, Strong D, Bandoli G, Al Zabadi H, **Crespo NC**, Alcaraz J, Ahmadi N, Real M, Mahmoud L, Hamideh B, Haraka A, Salman Z, Al Rousan T. The “pressure” of being an adolescent in Palestine: prehypertension and hypertension prevalence. *American Heart Association EPI/Lifestyle Conference*. Poster 2024, March 18-2
14. Wanjerkhede P, Talavera G, Gallo L, **Crespo NC**, Manoharan L, Agalliu I, Olshan AF, Evenson K R, Rohan T E, Parada H Jr. Body composition and incidence of obesity-related cancers among adults in the Hispanic Community Health Study/Study of Latinos (HCHS/SOL). *SDSU Student Symposium*. Presentation 2024. March 1 & 2, 2024
15. Fraga K, Garcia Lopez Z, Benitez S, Lopez de la Torre C, Godino J, Ramers C, **Crespo NC**. Social support and cancer screening completion among patients in a Federally Qualified Health Center in San Diego, California. *SDSU Student Symposium*. Poster 2024
16. Shifflett S, Parada H, Lemus H, Behar A, **Crespo NC**. Association between Latino parent and child total physical activity and sedentary behavior. *SDSU Student Symposium*. Oral Presentation 2024
17. Lopez De la Torre C, **Crespo NC**, Godino J, Behar AI, Dionicio P, Elder JP, Oren E, Lin CD, Arredondo EA, Madanat H, Fraga K, Ramers C. Rationale and design of a tailored intervention to prevent household and community spread of COVID-19 among Latinos. Rapid Communication Poster *Society of Behavioral Medicine* 2024, March 13-16
18. McDaniels-Davidson C, Bengas M, Martinez E, **Crespo NC**, Nodora J, Doran N. Comparing the social needs and experiences of Hispanic/Latino patients: A call to action. *International Cancer Education Conference* Oral Presentation 2022
19. Hickman NE, Price M, Feldstein A, **Crespo NC***. Correlating neighborhood-level deprivation to initial presentation and disease severity in pediatric non-alcoholic fatty liver disease. *North American Society for Pediatric Gastroenterology, Hepatology & Nutrition*. Poster 2021
20. Ramos AL, Bohan SS, Malcarne VL, Sadler GR, **Crespo NC***, Gender and the link between fitness and cancer risk/mortality: a review of the literature. *SDSU Student Research Symposium* 2020
21. Larouche ML, Toledo JL M, Rydell SA, Mullane SL, Voung B, Feltes L, Mitchell NR, de Brito JN, Hasanaj K, Carlson N, Gaesser GA, **Crespo NC**, Pereira MA, Buman MP. 24-month follow-up of the ‘Stand and Move at Work’ sedentary behavior intervention: effects of workplace sitting time. Poster *American Heart Association Epi/Lifestyle Conference* 2020
22. Pereira MA, Toledo MJL, Rydell SA, Mullane SL, Larouche ML, Vuong B, Feltes L, Mitchell N, de Brito JN, Hasanaj K, Carlson N, Gaesser GA, **Crespo NC**, Buman MP. 24-month follow-up of the ‘Stand and Move at Work’ sedentary behavior intervention: cardiometabolic changes in a dysglycemia subsample. Poster *American Heart Association Epi/Lifestyle Conference* 2020
23. Mendoza AS, **Crespo NC**, Hurst S, Larsen B, Marcus B, Arredondo EA. What is app with maintenance? Regular and enhance physical activity maintenance after an intervention for Latinas. Poster *American College of Sports Medicine* 2020
24. Mendoza-Vasconez A, Badii N, **Crespo NC**, Hurst S, Marcus B, Solis E, Arredondo EM. I now feel the need to exercise: a qualitative study of physical maintenance among Latinas. Poster *Society of Behavioral Medicine* 2020
25. Mendoza-Vasconez A, Arredondo E, **Crespo NC**, Hurst S, Larsen B, Marcus B, Natarajan L. Demographic, psychological and environmental predictors of time to lapse/relapse in physical activity interventions. Poster *Society of Behavioral Medicine* 2019
26. Vega-Lopez S, Todd M, **Crespo NC***, Bruening M, Hartmann L, Szeszulski J, Quintero A, Ray F. Effects of a family- and community-based diet and physical activity intervention on home availability of fruit, vegetables, and sugary-containing foods in low-income, primarily Hispanic households. Poster *International Society for Behavioral Nutrition and Physical Activity* 2019
27. Garcia ML, **Crespo NC**, Behar AI, Talavera GA, Elder JP. Perceptions of children’s weight among Hispanic/Latino mothers: comparison of visual silhouette and categorical survey methods. Poster *Society of Behavioral Medicine rapid communications* 2019
28. **Crespo NC**, Vega-Lopez, Szeszulski J, Todd M, Ray F, Behar AI. Effects of a family- and community-based intervention to promote cardiorespiratory fitness among underserved families. Poster *Society of Behavioral Medicine* 2019
29. Milla MA, **Crespo NC**, Perez R, Reed E, Wysocki D. Predictors of intimate partner violence (IPV) among Peruvian men: an ecological perspective. *SDSU Student Research Symposium* 2019.
30. Behar AI, **Crespo NC***, Quang N, Ilejay J, Lopez N, Pickett S, Tsou M, Dunton G, Elder JP. Effects of playing Pokémon Go on physical activity: a pilot randomized controlled trial. Poster 2019 *Society of*

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31. Dominguez-Quesney Q, Grijalva-Haro MI, **Crespo NC**, Vega-Lopez S, Caire-Juvera G, Ortega-Velez MI. Qualitative assessment of barriers and facilitators to participation in a community-based fitness and healthy-lifestyle program in Sonora, Mexico. Poster 2018 *American Public Health Association*.
32. Spencer K, **Crespo NC***, Behar A, Illjay J, Moreno D, Quang N, Ming-zhsiang T, Lopez NV, Glass N, Dunton GF, Elder JP. Understanding young adult's experience playing Pokémon Go: a qualitative study. Oral presentation *American Public Health Association* 2018
33. Benitez TJ, Lopez N, Houghton J, Marcus BH, Sallis JF, **Crespo NC**, Perez L, Arredondo E. Correlates of muscle-strengthening activities among Latinas enrolled in a faith-based physical activity intervention. Poster *Society of Behavioral Medicine* 2018
34. Mullane SL, Rydell SA, Larouche ML, Toledo MJL, Feltes LH, Young B, **Crespo NC**, Pereira MA, Buman MP. Recruitment strategies for cluster randomized controlled trials targeting workplace sedentary behavior—a retrospective review. Poster *American College of Sports Medicine* 2018
35. Szeszulski J, Vega-Lopez S, Todd M, Ray F, Tarango T, **Crespo NC***. Preliminary effects of a community-based intervention on cardiorespiratory fitness and BMI in parent-child dyads: the Athletes for Life Study. Poster *American Public Health Association* 2017
36. Larouche ML, Mullane S, Toledo MJ, Rydell S, Feltes L, Vuong B, Bryant A, **Crespo NC**, Pereira MA, Buman MP. Objectively measured e-newsletter engagement and workplace sedentary behavior. Oral presentation *Society of Behavioral Medicine* 2017
37. Behar AI, **Crespo NC**, Garcia ML, Ayala GX, Campbell N, Shadron LM, Elder JP. Validation of a shortened version of the children's eating behavior questionnaire in a clinical sample of Latino children. Poster *Society of Behavioral Medicine* 2017
38. Mullane SL, Toledo ML, Rydell S, Feltes L, Vuong B, **Crespo NC**, Pereira MA, Buman MP. Environmental and individual level correlates of sedentary behavior in the workplace. Poster *American College of Sports Medicine* 2016
39. Szeszulski J, Vega-Lopez S, Todd M, Ray F, Tarango T, **Crespo NC***. Post-intervention effects of a family- and community-based physical activity intervention on self-reported recreation center usage and physical activity: preliminary findings from the Athletes for Life Program. Poster *American Public Health Association* 2016
40. Elder JP, **Crespo NC**, Behar AI, Campbell NR, Shadron LM, Ayala GX, Slymen DJ, Wilfley DE, Talavera GA. Clinic-based childhood obesity prevention among Latino families: The Luces de Cambio study. Poster *The Obesity Society* 2016
41. Vega-Lopez S, Cassinat R, **Crespo NC***, Bruening M, Chavez A. Feasibility and acceptability of conducting an objective assessment of the home food environment as part of a community-based intervention. Poster *Southwest Interdisciplinary Research Center Annual Meeting (SIRC)* 2016
42. Szeszulski J, Vega-Lopez S, **Crespo NC***. Children's cardiovascular fitness, rather than weight status, is associated with cardiovascular disease risk. Poster *American College of Sports Medicine* 2016
43. **Crespo NC**, Chavez A, Vega-López S, Ray F, Tarango T, Todd M, Huberty J, Shaibi G. A community-based program improves body composition and cardiovascular fitness among underserved children: The Athletes for Life study. Oral Presentation *American Public Health Association* 2015
44. **Crespo NC**. Community-academic partnerships to reduce childhood obesity and improve cardiovascular health. Invited Oral Presentation *Childhood Obesity Conference* 2015
45. Isasi CR, Jung M, Parrinello CM, Kaplan RC, Kim RS, **Crespo NC**, Gonzales P, Gouskova NA, Penedo FJ, Perreira K, Perrino T, Sotres-Alvarez D, Van Horn L, Gallo LC. Is childhood economic hardship associated with adult height and adiposity among Hispanic/Latinos living in the US? Results from the HCHS/SOL Socio-Cultural Study. Poster *Society of Epidemiology Research* 2015
46. Mullane S, **Crespo NC***, Zeiglar Z, Buman M, Gaesser G. Blood glucose response to intermittent posture change and light activity during an 8r work day. Poster *American College of Sports Medicine* 2015
47. Chavez A, Vega-Lopez S, Eckart R, Shaibi G, Huberty J, Todd M, Ray F, Tarango T, **Crespo NC***. Preliminary performance outcomes among minority parents participating in a fitness and health promotion community-based program: The Athletes for Life program. Poster *American College of Sports Medicine* 2015
48. Arredondo E, Sotres-Alvarez D, Evenson KR, Stoutenberg M, **Crespo NC**, Carnethon, M, Castañeda SF, Daviglius M, Davis S, Espinoza R, Isasi CR, Marshall SJ. Population-based self-reported and accelerometer-based physical activity in US Latino/Hispanic adults: Results from HCHS/SOL. Poster *American College of Sports Medicine* 2015

49. Chavez A, **Crespo NC***, Ghan E, Hartmann L, Bruening M, Vega-Lopez S. Greater home fruit and vegetable availability among underserved families after participating in a nutrition program: The Athletes for Life study. Poster *Experimental Biology* 2015
50. Dellaserra C, **Crespo NC**, Huberty J. Improvements in self-regulation predicts improvements in physical activity among Latino adults. Poster *Society of Behavioral Medicine* 2015
51. Cassinat R, Vega-Lopez S, Chavez A, **Crespo NC***. Descriptive assessment of the home food environment in a diverse sample of families with school-aged children. Oral presentation *American Public Health Association* 2014
52. Zeigler Z, Mullane S, **Crespo NC***, Buman M, Gaesser G. Accumulation of very light-intensity physical activity or standing during a workday reduces ambulatory blood pressure in pre-hypertensive adults. Poster *Southwest American College of Sports Medicine* 2014
53. Dellaserra C, Vega-Lopez S, **Crespo NC**. Examining possible mediating factors between acculturation and physical activity among Mexican-American adults. Poster *Society of Behavioral Medicine* 2014
54. Florez-Pregonero A, **Crespo NC***, Vega-Lopez S, Chavez A, Ray F, Hernandez V, Gutierrez M, Shaibi G. Strategies for recruiting and retaining low-income families in a recreation center-based cardiovascular health promotion program. Poster *International Society for Behavioral Nutrition and Physical Activity* 2014
55. Chavez A, Vega-Lopez S, Bustillo S, Gutierrez M, **Crespo NC***. Preliminary results of a six-week nutrition education program targeting mothers in a diverse community on family eating habits. Poster *Behavioral Nutrition and Physical Activity* 2014
56. Mullane S, **Crespo NC***, Bocchicchio B. A rationale for high intensity, slow speed resistance training in a preadolescent obese population. Poster *American Colleges of Sports Medicine* 2014
57. Mullane S, **Crespo NC***, Bocchicchio B. The importance of CVD risk factors and inflammatory markers in obese youth resistance training interventions. Poster *American Colleges of Sports Medicine* 2014
58. Kurka JM, Buman MP, **Crespo NC**, Ainsworth BE. Moderate-to-vigorous physical activity and sleep duration associates with greater odds of hypertension: NHANES 2005-2006. Poster *American Colleges of Sports Medicine* 2014
59. Chavez A, **Crespo NC**, Vega-Lopez S. Screen-time is associated with body fat independent of cardiovascular fitness in adults and adolescents. Poster *American Colleges of Sports Medicine* 2014
60. **Crespo NC**. Community-academic partnerships to promote cardiovascular health among children and families. Oral Presentation *Southwest Interdisciplinary Research Center Annual Meeting (SIRC)* 2014
61. Vasquez J, Gomez P, Chavez A, Gonzalez M, Fimbres E, McGee A, Florez A, Gutierrez M, Ray F, Tarango T, Hernandez V, Shaibi G, Vega-Lopez, S, Huberty J, Todd M, **Crespo NC***. A community-academic partnership to promote cardiovascular health among South Phoenix residents: The Athletes for Life Program. Poster *Southwest Interdisciplinary Research Center Annual Meeting (SIRC)* 2014
62. Fimbres E, Medina A, Ruiz J, Chavez A, Flores L, Bustillo S, Gutierrez M, Hernandez V, Tarango T, Ray F, Vega-Lopez S, **Crespo NC***. A qualitative assessment of Latina mother's perceptions and beliefs about healthy eating and physical activity and factors that would facilitate participation in obesity prevention programs. Poster *Society for Advancement of Chicanos and Native Americans in Science-SACNAS* 2013
63. Gonzalez M, LaBombard C, McGhee A, Ellsworth C, Florez A, Gutierrez M, Shaibi G, Vega-Lopez S, **Crespo NC***. Community-based childhood obesity interventions: an updated literature review of successful studies. Poster *Society for Advancement of Chicanos and Native Americans in Science-SACNAS* 2013
64. Soto K, Hirani L, Ringler S, **Crespo NC***. Barriers and Solutions to maintaining and achieving a healthy weight in school-aged children: a qualitative study and analysis. Poster *Society for Advancement of Chicanos and Native Americans in Science-SACNAS* 2013
65. Shin D, **Crespo NC***, Buman M. Design and health promotion: the potential of transdisciplinary design collaborations to combat childhood obesity. Oral presentation. *Industrial Designers Society of America* 2013
66. Baquero B, Sleeth C, Daniel-Ulloa JD, **Crespo NC**, Rhodes S. Examining the role of place and community-based participatory research in the development and implementation of health interventions for Latinos: A qualitative systematic review. Oral presentation *American Public Health Association* 2013
67. Bader W, Lloyd K, **Crespo NC**, Ohri-Vachaspati. Factors associated with parent's failure to perceive that their child is overweight or obese. Oral presentation *American Public Health Association* 2013
68. Ohri-Vachaspati P, DeWeese R, **Crespo NC**, Todd M, Yedidia MJ. Social ecological model (SEM) and childhood obesity: what do the data suggest? Poster *Experimental Biology* 2013
69. DeWeese R, **Crespo NC**, Todd M, Yedidia M, Ohri-Vachaspati P. Associations between factors in the social ecological model and children's weight status. Poster *American College of Sports Medicine* 2013
70. Ryder JR, Vega-Lopez S, Kim JY, **Crespo NC**, Djedjos CS, Shaibi GQ. Insulin resistance independently

- predicts oxidized low-density lipoprotein in Latino youth. Poster *Epidemiology and Prevention/Nutrition, Physical Activity and Metabolism* 2013
71. Shin D, **Crespo NC**, Buman M. Design and health promotion combating sedentary behavior. In Proceedings of the 2013 IDSA (Industrial Designers Society of America) International Conference, Chicago, USA. August 2013 *non-standard peer-reviewed publication for discipline [Link to article](#)
 72. **Crespo NC**, Eisenberg CM, Holub CK, Arredondo EM, Barquera S, Sanchez LM, Elder JP. A meta-analysis of obesity-prevention interventions among Latinos in the US and Latin America. Poster *American Public Health Association* 2012
 73. Corder K, **Crespo NC**, Lee NVL, Elder JP. Parental overestimation of young children's physical activity. Poster *International Society for Behavioral Nutrition and Physical Activity* 2012
 74. **Crespo NC**, Eisenberg CM, Corder K, Stevens J, Slymen DJ, Moody J, Elder JP. Effects of a family-based intervention on parent accuracy of child's weight. Poster *Society of Behavioral Medicine* 2012
 75. Elder JP, **Crespo NC**, Lee NVL, Corder K, Ayala GX, Slymen DJ, Moody J, McKenzie TL, Sallis JF. Effects of a recreation center- and family-based intervention on child BMI: the MOVE/Me Muevo Project. Poster *Society of Behavioral Medicine* 2012
 76. Lee NVL, **Crespo NC**, Norman GJ, Ayala GX, Elder JP. Longitudinal assessment of parenting behaviors as predictors of children's sugary beverage consumption. Poster *Society of Behavioral Medicine* 2012
 77. **Crespo NC**. Obesity prevention and control in community recreation centers: the MOVE/Me Muevo Project. Session title "Physical Activity among children: what environments matter?" Oral presentation *Childhood Obesity Conference* 2011
 78. Elder JP, Ayala GX, McKenzie TL, Sallis JF, Slymen DJ, Sasidharan V, Corder K, **Crespo NC**, Moody JS, Shadron L, Lee N, Zive M, Wood, C. Family health coaching, tip sheets, and parks & recreation: unique strategies for obesity prevention. Poster *Childhood Obesity Conference* 2011
 79. Nicaise V, **Crespo NC**, Marshall SJ. The sensitivity and specificity of the International Physical Activity Questionnaire (IPAQ) for detecting intervention related changes in physical activity. Poster *American College of Sports Medicine* 2011
 80. Corder K, Sallis JF, **Crespo NC**, Elder JP. Active children use more locations for physical activity. Poster *Active Living Research* 2011
 81. **Crespo NC**, Corder K, Marshall SJ, Norman GJ, Sallis JF, Patrick K, Elder JP. Behavioral, psychological, socio-cultural and environmental factors related to gender differences in children's physical activity. Oral Presentation *American Public Health Association* 2010
 82. **Crespo NC**, Corder K, Ayala GX, Elder JP. Parent perceptions of child's weight: associations with ethnicity, gender, BMI and education. Poster *The Obesity Society* 2010
 83. Eisenberg C, Ayala GX, Lee NVL, **Crespo NC**, Corder K, Zive M, Wood CM, Elder JP. Parental correlates of children's fat consumption. Poster *The Obesity Society* 2010
 84. Corder K, **Crespo NC**, Van Sluijs EMF, White LM, Moody JS, Elder JP. Determinants of change in sports participation in Latino and non-Latino children. Oral presentation *3rd International Congress on Physical Activity and Public Health* 2010
 85. Eisenberg C, **Crespo NC**, Ayala GX, Sasidharan V, Elder JP. Relationship between household food rules and children's eating behaviors. Oral presentation *SDSU Student Research Symposium* 2010
 86. **Crespo NC**, Brodine SK, Orrison V, Fraga MA, Esparza Z, Elder JP. A family planning program in indigenous pre-teen children living in San Quintin, BC Mexico: The Bixby family planning Project. Oral presentation *American Public Health Association* 2008
 87. Daniel JD, Baquero B, **Crespo NC**, Arredondo EM, Elder JP, Bothwell EKG. A nutritional assessment of indigenous families in Baja California Mexico. Oral presentation *American Public Health Association* 2008
 88. Barajas D, **Crespo NC**, Slymen DJ, Jimenez J, Elder JP. Relationship between parent perceptions of their child's weight status and actual weight status among Latinos living in Southern San Diego County. Oral presentation *American Public Health Association* 2008
 89. **Crespo NC**, Esparza Z, Orrison V, Fraga MA, Elder JP, Brodine S. Sexual health education and family planning in Mexican indigenous populations: The Bixby Family Planning Project. Oral presentation *Proceedings of the San Diego Epidemiology Research Exchange UCSD* 2008
 90. **Crespo NC**, Sallis JF, Conway TL, Saelens BE, Frank LD. Worksite physical activity promotion is associated with physical activity and sedentary behavior. Poster *Annals of Behavioral Medicine* 2008
 91. **Crespo NC**, Vercammen-Grandjean CD, Ayala GX, Slymen DJ, Arredondo EM, Elder JP. Pre-term birth and higher acculturation are associated with asthma in 4-8yr old Latino children living in San Diego California. Poster *Annals of Behavioral Medicine* 2008 35(S1):S77 B147

92. Baquero B, Arredondo EM, **Crespo NC**, Ayala GX, Elder JP. The association between subjective social status, objective socio-economic status, psychological and behavioral factors among Latinas living in San Diego. Poster *Annals of Behavioral Medicine* 2008 35(S1):S77 B147
93. Hawkins SA, **Crespo NC**, Rosseullo Amerigo. Association between acculturation, lifestyle and peak bone density in Latinas. Poster *American College of Sports Medicine* 2008
94. **Crespo NC**, Goran MI, McConnell RS. Differences in pedometer-determined physical activity by community and socio-demographic characteristics in children living in Southern California. Poster *Southwest American college of Sports Medicine* 2005
95. **Crespo NC**, Weigensberg MJ, Davis JN, Goran MI. The relationship between age at menarche and impaired glucose tolerance in overweight Latina girls. Poster *Obesity Research* 2005 13S:S417-P
96. Shaibi GQ, Ball GDC, Salem GJ, Weigensberg MJ, **Crespo NC**, Cruz ML, Goran MI. Strength and body composition changes in response to resistance training in overweight Latino adolescent males. Poster *Medicine and Science in Sports and Exercise* 2005 37(5):S186
97. **Crespo NC**, Ball GDC, Shaibi GQ, Cruz ML, Weigensberg MJ, Goran MI. The influence of acculturation on aerobic fitness, physical activity and risk for type 2 diabetes in overweight Hispanic children. Poster *Obesity Research* 2004 12S:S307-P
98. Shaibi GQ, Ball GDC, Salem GJ, Cruz ML, Kobaissi HA, **Crespo NC**, Goran MI. Resistance training significantly improves insulin sensitivity in overweight Hispanic males. Poster *Obesity Research* 2004 12S:S244-P
99. **Crespo NC**, Yoo EJ, Hawkins SA. Differences in bone mineral density between premenopausal Mexican and Asian American women. Poster *Medicine and Science in Sports and Exercise* 2004 36(5):S297
100. Yoo EJ, **Crespo NC**, Hawkins SA. Bone density among Chinese, Japanese, and Korean women. Poster *Medicine and Science in Sports and Exercise* 2004 36(5):S297
101. **Crespo NC** and Hawkins SA. Lifestyle and physiologic risk factors of osteoporosis within Mexican-American communities. Proceedings of the Southwest American college of Sports Medicine 2003. Oral presentation.
102. **Crespo NC** and Hawkins SA. Impact exercise and bone density in young women. Poster *Medicine and Science in Sports and Exercise* 2003 35(5):S76
103. **Crespo NC**, Wiswell RA, Hawkins SA. Impact exercise and bone density in young women. Poster *Southwest American College of Sports Medicine* 2002
104. Khodiguan N, Hawkins SA, Cornwell A, DiCaprio PA, **Crespo NC**. The influence of medium chain triglycerides on endurance running performance. Poster *Medicine and Science in Sports and Exercise* 2002 34(5):S234.

INVITED TALKS/LECTURES

1. 2022 The Obesity Society Conference Panelist: Equity Impact of Obesity Interventions- Addressing Health Improvement and Health Disparities. 11/03/22
Title: Why are some population interventions for obesity more equitable and effective than others?
2. 2019 Border Public Health Symposium. Hosted by SDSU School of Public Health. 10/25/19
Title: Reducing CVD risk among underserved populations in the US-Mexico border region

TEACHING

San Diego State University

PH864 (3 units): Advanced Research Methods

Semester: Fall 2016, Fall 2017, Fall 2019, Fall 2020, Fall 2021, Fall 2022, Fall 2023, Fall 2024

PH672 (3 units): Public Health Program Evaluation

Semester: Fall 2020

PH700F (3 units): Seminar, Data Analysis (Thesis/Capstone Production Part 2)

Semester: Spring 2020, Spring 2021

PH700F (3 units): Seminar, Obesity on the Border (US-Mexico Binational and Bilingual course)

Semester: Spring 2018, Spring 2019

PH668 (3 units): Seminar in Health Promotion Research (Thesis/Capstone Production Part 1)

Semester: Fall 2017, Fall 2018

PH664/PH866 (3 units): Health, Society and Human Behavior
Semester: Spring 2011, Spring 2017, Spring 2018, Spring 2019, Spring 2020

HHS350 (3 units): Applied International Health & Human Services
Semester: Spring 2009, 2010, 2011

PH607 (3 units): Research Methods and Proposal Writing
Semester: Fall 2007, Spring 2008

Theoretical Principles and Application of Health Behavior Theory (in Spanish).
Instructor, National Institute of Public Health, Cuernavaca México
Semester: Summer 2010

Teaching Assistant, Course: PH664/PH866. Health, Society and Human Behavior
Semester: Spring 2008

Arizona State University

EXW450 (3 units): Social Determinants of Health and Behavior
Semester: Fall 2013 (Session A & B), Spring 2014 (Session A & B), Fall 2014 (Session A), Spring 2015 (Session A), Fall 2015 (Session A), Spring 2016 (Session A)

EXW 642 (3 units): Exercise Epidemiology
Semester: Spring 2013 (Session B)

EXW/NTR 691 (1 unit): (Co-Instructor) SNPH. PANW Doctoral Seminar
Semester: Spring 2012 (Session B)

California State University, Los Angeles

Physical Activity Instructor. Courses: Beginning and intermediate physical conditioning, gymnastics and weight training, Fall 2001-Spring 2004

MENTORSHIP

Post-Docs

Current

- Zahid Garcia, PhD (2025-)
Role: Primary Mentor

Completed

- Sarah Mullane, PhD (2013-2015)
Program of Study: International Scholar/Post-doctoral Fellow (ASU)
Project Title: Feasibility of slow movement resistance training for preadolescent children
Project Title: Reducing sedentary behavior among sedentary office workers
Role: Primary Mentor
- Alma Behar, PhD (2022-2023)
Role: Primary Mentor

Doctoral Students

Completed

- Patricia Dionicio
Joint Doctoral Program (SDSU/UCSD) Public Health- Health Behavior Track
Title: Evaluating Multilevel Factors that Predict Physical Activity Among Latinos with Chronic Spine Pain: A Mixed-Methods Study
Role: Committee Member
- Eric T Hyde
Joint Doctoral Program (SDSU/UCSD) Public Health- Epidemiology Behavior Track

- Title: Accelerometer-measured physical activity, sedentary behavior, and healthy longevity older women
Role: Committee member
- Dina Hamideh
Joint Doctoral Program (SDSU/UCSD) Public Health- Health Behavior Track
Title: The relationship of psychosocial stress on Palestinian adolescent blood pressure levels and acceptability of mobile health tools in Palestine
Role: Committee member
 - Zahid Garcia Lopez
Centro De Investigación en Alimentación y Desarrollo (CIAD) Hermosillo, Sonora, México
Role: committee member
Title: Cambios en el ambiente alimentario de Hermosillo, Sonora y su asociación con la salud y nutrición de mujeres adultas con niveles de marginación urbano medio y alto, durante el periodo del 2010 al 2023
Role Committee Member
 - 2022: Alma Behar (11/07/22)
Joint Doctoral Program (SDSU/UCSD) Public Health- Global Health Track
Title: Physical activity in underserved preadolescent youth: characterization of accumulation and patterns and examination of socio-environmental factors
Role: Primary advisor
 - 2022: Erin Dougherty (10/27/22)
Joint Doctoral Program (SDSU/UCSD) Public Health- Health Behavior Track
Title: Human papillomavirus-related oropharyngeal cancer: understanding knowledge, prevention, and provider perceptions
Role: Committee member
 - 2021: Mathew Stone (07/29/21)
Joint Doctoral Program (SDSU/UCSD) Public Health- Health Behavior Track
Role: Dissertation committee member
Title: Assessment of appeal-aversion response among US smokers following exposure to graphic warning labels on their cigarette packages
Role: Committee member
 - 2019: Teresita Rocha
Joint Doctoral Program (SDSU/UCSD) Public Health- Global Behavior Track
Role: Dissertation committee member
Title: The role of migration and mobility on sexual and mental health at Mexico's north and south borders
Role: Committee member
 - 2019: Andrea Mendoza
Joint Doctoral Program (SDSU/UCSD) Public Health- Health Behavior Track
Title: Lapse, relapse and maintenance in physical activity interventions for Latina women
Role: Dissertation committee member
 - 2019: Katie Thralls
Joint Doctoral Program (SDSU/UCSD) Public Health- Health Behavior Track
Role: Dissertation committee member
Title: Stand Up Now: a sedentary behavior intervention in older adults of moderate-to-low physical function
Role: Committee member

In Progress

- Tania Valdez
Joint Doctoral Program (SDSU/UCSD) Public Health- Health Behavior Track
Role: Primary advisor
- Maria Barajas
Joint Doctoral Program (SDSU/UCSD) Public Health- Health Behavior Track
Role: Primary advisor
- Kiria Fraga
Joint Doctoral Program (SDSU/UCSD) Public Health- Health Behavior Track
Role: Primary advisor
- Nicole Chimbetete
Joint Doctoral Program (SDSU/UCSD) Public Health- Health Behavior Track

- Role: Committee member
- Paul Marcel Nindenshuti
Centro De Investigación en Alimentación y Desarrollo (CIAD) Hermosillo, Sonora, México
Role: committee member
- Alva Nidia Laprada Villegas
Universidad Autónoma de Baja California (UABC), Mexicali, México
Role: committee member

Masters Students

Completed

- Julieta Judith Apodaca Velarde (11/18/24)
UABC (MS) Health Sciences
Title: El uso de la herbolaria en la medicina casera en una comunidad rural con presencia indígena de Baja California, Mexico
Role: Co-Chair
- Alexis Casas (04/12/24)
ASU MS Nutrition
Title: Effects of a family-focused and community based lifestyle intervention on parent-reported children's dietary intake
Role: Committee member
- Pragnya Wanjerkhede (04/09/24)
SDSU (MS) Epidemiology
Title: Body composition and incidence of obesity-related cancers among adults in the Hispanic Community Health Study/Study of Latinos (HCHS/SOL)
Role: Committee member
- 2024: Isela Martinez SanRoman (04/15/24)
SDSU MPH/MA Health Promotion and Behavioral Science/Latin American Studies
Title: "It's unjust to treat pregnant people this way": Asylum-seeking women's experience of obstetric violence at the Mexico-U.S. border
Role: Committee member
- 2024: Savannah Shifflett (04/30/24)
SDSU (MS) Epidemiology
Title: Association between Hispanic/Latino parent and child total physical activity and sedentary behavior
Role: Committee member
- 2023: Mariah Rose Campoy (04/14/23)
ASU (MS) Health Promotion and Behavioral Science
Title: Exploring the effects of the Athletes for Life intervention on food shopping practices among Latino parents with elementary school-aged children
Role: Committee member
- 2023: Tania Valdez
SDSU (MPH) Health Promotion and Behavioral Science
Title: Chronic pain management: a systematic review of mindfulness-based interventions tailored for underserved adults
Role: Primary advisor
- 2023: Mariah Belvins
SDSU (MPH) Health Promotion and Behavioral Science
Title: Investigating multilevel correlates of sugar sweetened beverage consumption in Baja California
Role: Primary advisor
- 2023: Denise Marquez
SDSU (MPH) Health Promotion and Behavioral Science
Title: Advancing health literacy (AHL) program evaluation
Role: Primary advisor
- 2023: Isabelle Arguilez
SDSU (MPH) Health Promotion and Behavioral Science
Title: A program evaluation of connections, health, aging, and technology (CHAT) in the County of San Diego
Role: Primary advisor

- 2023: Alexandra Foster
SDSU (MPH) Health Promotion and Behavioral Science
Title: Cooking healthy, eating fresh! (CHEF): an outcome evaluation of hands-on cooking program to address food agency principles among college-aged individuals
Role: Primary advisor
- 2023: Eduardo Moreno Castelao
SDSU (MPH) Health Promotion and Behavioral Science
Title: Evaluation of new hybrid training model for sports-based youth development programs
Role: Primary advisor
- 2023: Jonathan Thien An Truong
SDSU (MPH) Health Promotion and Behavioral Science
Title: A program needs assessment: facilitators and barriers to HIV screening in UC San Diego emergency departments
Role: Primary advisor
- 2022: Lucia Alvarez-Malo Flores
SDSU (MPH) Health Promotion and Behavioral Science
Title: Promoting menstrual literacy and period inclusivity among college students
Role: Primary advisor
- 2022: Joelle Fornasier
SDSU (MPH) Health Promotion and Behavioral Science
Title: Effectiveness of face masks in preventing COVID-19 transmission: a systematic review
Role: Primary advisor
- 2022: Madeleine Moran
SDSU (MPH) Health Promotion and Behavioral Science
Title: A comprehensive needs assessment for the implementation of Athletes for Life in Chula Vista recreation centers
Role: Primary advisor
- 2022: Ivette Lorona (08/09/22)
SDSU (MPH/LAS) Health Promotion and Behavioral Science/Latin American Studies
Title: Como esta la linea?: understanding the lived experience and perceived stress of transborder workers in the Baja California-San Diego borderlands
Role: Primary advisor
- 2021: Danielle de Jong (04/28/21)
SDSU (MPH) Health Promotion and Behavioral Science
Title: Process evaluation of Live Well San Diego's social media health promotion initiatives in response to COVID-19
Role: Primary advisor
- 2021: Allison Hirahara
SDSU (MPH) Health Promotion and Behavioral Science
Title: A program evaluation of the virtual community health program
Role: Primary advisor
- 2021: Gabrielle Lunsford
SDSU (MPH) Health Promotion and Behavioral Science
Title: An online evaluation of the gynecological orientation modules at San Diego State University
Role: Primary advisor
- 2021: Samuel Black
SDSU (MPH) Health Promotion and Behavioral Science
Title: HIV/STI awareness and prevention among rural American Indians in San Diego County- needs assessment
Role: Primary advisor
- 2021: Tori Simon (MS Exercise Physiology) SDSU
Title: Pacing strategy, exercise tolerance, and the dynamics of locomotor fatigue and oxygen uptake during supra-critical power work
Role: Committee member
- 2020: Leah Holtz (5/17/20)
SDSU (MPH) Health Promotion and Behavioral Science

- Title: Gamers with autism: a systematic literature review of health impacts of playing video games on adolescents and adults with autism spectrum disorder
 Role: Primary advisor
- 2020: Georgina Tapia Peinado
 SDSU (MPH) Health Promotion and Behavioral Science
 Title: Needs assessment: a cultural adaptation of a physical activity program for older adults
 Role: Primary advisor
 - 2020: Nneka Uba
 SDSU (MPH) Health Promotion and Behavioral Science
 Title: The development of a program plan to reduce food insecurity among medical patients in Chula Vista, CA
 Role: Primary advisor
 - 2020: Kristyn Keylon
 SDSU (MPH) Health Promotion and Behavioral Science
 Title: Evaluation of San Diego YMCA's efforts to improve practices of childcare providers in the areas of physical activity and nutrition
 Role: Primary advisor
 - 2020 Allegra Stephens (MPH) SDSU
 Title: Gun safety interventions aimed to teach adults about how to keep children safe: a systematic literature review
 Role: Committee Member
 - 2020 Mia Garcia (MPH) SDSU
 Title: A systematic review of housing interventions and their effects on health and wellbeing
 Role: Primary advisor
 - 2020 Christa Cuison
 SDSU (MPH/MSW) Health Promotion and Behavioral Science & Masters of Social Work
 Title: Mediation effects of parenting strategies on BMI in Latino children
 Role: Committee Member
 - 2020 Melissa Yu
 SDSU (MPH) Health Promotion and Behavioral Science
 Title: A mixed methods comparison of oral hygiene behaviors among Mexican-origin young adult men and women
 Role: Primary thesis advisor
 - 2019: Vanessa Perez
 SDSU (MPH) Health Promotion and Behavioral Science
 Title: A qualitative analysis of the factors associated with mental health of long haul truck drivers
 Role: Primary advisor
 - 2019: Daniel Manzo
 SDSU (MPH) Health Promotion and Behavioral Science
 Title: An ecological qualitative study of factors associated with physical activity and eating habits among long-haul truck drivers in San Diego, California
 Role: Primary advisor
 - 2019: Xélica Cisneros
 Universidad Autónoma de Baja California (UABC), Tijuana, México
 Title: Programa de capacitación de actividad física y deportes escolar dirigido a docentes de educación primaria
 Role: Committee member
 - 2019 Holden Kong (MPH)
 SDSU (MPH) Health Promotion and Behavioral Science
 Title: Caregiver's and their children's screen time: an examination of behavioral modeling and parenting strategies
 Role: Primary advisor

- 2019: Maria Milla (04/29/19)
SDSU (MPH/LAS) Health Promotion and Behavioral Science/Latin American Studies
Title: Correlates of intimate partner violence (IPV) perpetration among Peruvian men: an ecological perspective
Role: Primary advisor
- 2018 Stefany Pickett (MS Geography)
Title: Analyzing spatio-temporal patterns of Pokémon Go game users and the impacts of user's physical activities
Role: Committee member
- 2018 Samantha Sonnich (MPH)
Title: A descriptive study of school wellness policy quality and implementation, and associations with school district characteristics in San Diego County
Role: Primary MPH thesis advisor
- 2018 Jaime Harguess (MPH)
Title: Strategies to reduce meat consumption: a systematic review of experimental studies
Role: Primary MPH thesis advisor
- 2018 Samantha Willins (MPH)
Title: Process evaluation: increasing student's physical activity opportunities in elementary schools
Role: Primary MPH thesis advisor
- 2018 Robert Girardi (MPH)
Title: Changes in smoking behavior following HIV diagnosis: a systematic literature review
Role: Primary thesis advisor
- 2018: Ashton Harris (MPH/MSW)
Title: A socio-ecological analysis of the relationship between eating pathology and food insecurity
Role: Committee member
- 2017: Quetzalín Anali Domínguez Quesney
Centro de Investigación en Alimentación y Desarrollo, A.C. Hermosillo, Sonora
Title: Impacto de un programa de acondicionamiento físico y educación nutricional, en el aumento de la actividad física y rendimiento académico de escolares de Hermosillo Sonora
Role: Committee member
- 2017 Liliana Osorio (MPH/LAS)
Title: A qualitative study of knowledge, attitudes and prevention practices related to Zika virus among Latino pregnant women in San Diego County, California, USA
Role: Primary MPH thesis advisor
- 2017: Shadia Assi (MPH)
Title: Evaluation of the effectiveness of an employee-based health coaching program
Role: MPH thesis committee member
- 2017 Dianna Alva (MPH)
Title: Use and perceptions of digital health wearables by college students: implications for health promotion
Role: Thesis committee member
- 2018: Jenny Jimenez (MPH)
Title: Understanding parental barriers and facilitators to participating in health-related programs: a qualitative study
Role: Primary thesis advisor
- 2018: Edwin Bonfil (MPHJ)
Title: A descriptive literature of demographic variables associated with accuracy of self-reported sedentary behavior
Role: Primary thesis advisor

In Progress

- 2019-present: Diego Ceballos (MPH/LAS)
Role: Primary advisor

Arizona State University

Completed

- 2017-2018: Chongying Qiu

- Program of Study: MS, Nutrition (ASU)
 Project Title: Effects of perceived barriers to healthy eating on dietary consumption among parents of elementary-school aged children
 Role: Committee Member
- 2013-2015: Adrian Chavez
 Program of Study: PhD, Physical Activity, Nutrition and Wellness (ASU)
 Project Title: Efficacy of a pilot community study to improve dietary behaviors among minority adults
 Role: Co-Mentor & Committee member
 - 2014-2015: Jenny Quezada
 Program of Study: MS, Exercise and Wellness (ASU)
 Project Title: Effects of behavioral strategies to promote habitual physical activity among 6-11 year old children
 Role: Thesis Chair
 - 2014-2015: Rachel Cassinat
 Program of Study: MS, Nutrition (ASU)
 Project Title: Impact of a nutrition education program on the home food environment
 Role: Committee Member
 - 2014-2015: Emily Ghan
 Program of Study: MS, Nutrition (ASU)
 Project Title: A 12-week community-based randomized control trial among adults living in South Phoenix
 Role: Committee Member
 - 2013-2014 Justin Ryder
 Program of Study: PhD Physical Activity, Nutrition and Wellness (ASU)
 Project Title: The effects of high-intensity interval exercise on postprandial endothelial function in youth
 Role: Committee Member
 - 2013 Wendy Bader
 Program of Study: MS Nutrition (ASU)
 Project Title: Factors associated with accuracy of parental perception of their child's body weight status: The New Jersey childhood obesity study
 Role: Committee Member
 - 2013 Anna Park
 Program of Study: MS, Exercise and Wellness (ASU)
 Project Title: The impact of a workplace environment change to promote standing on work-related outcomes
 Role: Committee Member

Undergraduate (ASU)

Honors Thesis

- 2018 Michael Gaines- Exercise and Wellness (Barrett Honors). Role: Committee Member
- 2015 Amr Nasef- Exercise and Wellness (Barrett Honors). Role: Thesis Chair
- 2013 Andrian McGhee- Health Sciences (Barrett Honors). Role: Thesis Chair
- 2013 Monica Varela- Biological Sciences (Barrett Honors). Role: Thesis Chair
- 2013 Blanca Quezada- Exercise and Wellness (Barrett Honors). Role: Thesis Member
- 2012 Karine Soto- Nursing (Barrett Honors). Role: Thesis Chair

INSTITUTIONAL AND PROFESSIONAL SERVICE

Intramural Service

San Diego State University

Division (Department)-Level

- 2021 (Fall)- Mentor to a junior faculty member(s) in the Division of Health Promotion and Behavioral Science
- 2021-2022 Division Head: Health Promotion and Behavioral Science (School of Public Health)
- 2019-2020 Chair of Search Committee: two faculty positions in Health Promotion & Behavioral Science
- 2017- Admissions Committee member: MPH (Health Behavior Program)

School-Level

- 2023 SPH Curriculum Evaluation Committee
- 2021 (fall) SPH Curriculum committee member

2017-2019 Committee Member: GSPH Alumni Affairs Committee

College-Level

2024 (Fall)- CHHS Personnel Committee Member
2024 (Fall)- SPH DEI Council Chair
2024 (Fall)- CHHS DEI Council Committee Member

University-Level

2022- SDSU FUERTE Internal Advisory Board member
2022 (Spr) SDSU FUERTE faculty search committee co-Chair: Cancer Research and Health Disparities
2021 (Fall) Provided input and feedback to the SDSU COVID-19 Weekly Digest as of Sept 17th, 2021 publication <https://sacd.sdsu.edu/student-health-services/covid-19/digest-archive>
2021 (Fall)- Co-Lead of UCSD/SDSU Cancer Control Program representing SDSU
2021 (Fall) SDSU FUERTE Faculty Recruitment Committee member
2020 (Fall) Search Committee Member: SDSU Director of Research Initiatives (Research Foundation)
2020 (Fall) Led a team of SPH graduate student in the development of a COVID-19 PSA video for SDSU facilities staff. Link to video <https://www.youtube.com/watch?v=mAqU-3sGWzE>
2018 Reviewer: Tinker Foundation Grant 2018

Arizona State University: Program-level

2016 Tenure-Track Faculty Search Committee
2015-2016 Tenure-Track Faculty Annual Review Committee
2012-2015 MS Exercise and Wellness Admissions Committee
2013-2014 MS Clinical Exercise Physiology Program Committee
2013-2014 Strategic Planning Sub-Committee: Socially Embedded Group
2012-2014 Exercise and Wellness- Special Events Committee

Arizona State University: College-level

2012 School of Sustainability- Subcommittee to develop course syllabus for MS Science of Health Care Delivery. Course Title: Interdisciplinary perspectives on health disparities and healthy lifestyle promotion.

Discipline Service

2025 Grant Reviewer: SPARK Equity Awards (March 2025) <https://sparkpe.org/equityawards/>
2024 Editorial Committee: book chapter (Centro de Investigacion en Alimentacion y Desarrollo) August 5th, 2024
2024 Curebound Equity Grants reviewer (July 17th, 2024)
2024 NIH Study Section, ZMD1 DRI (O1) 1 NIMHD Mentored Career and Research Development Awards (Ks) (June 12-14, 2024)
2024 NIH Study Section, ZDP1 OHI (09) R SIP24-012 Advancing Research in Immunization Services Network (ARISe Network) (May 14, 2024)
2024 Special Emphasis Panel RRDS - Rehabilitation Research and Development, Small Projects in Rehabilitation Research (SPiRE) Program, Department of Veteran Affairs (April 22, 2024)
2024 Grant Reviewer: SPARK Equity Awards (March 2024) <https://sparkpe.org/equityawards/>
2024 Grant Reviewer
NIH Study Section, ZMD1 XLN (L3)1 - Loan Repayment Program Review 3 (March 27, 2024)
2023 Grant Reviewer
NIH Study Section (Chair), ZAG1ZIJ-5(J1) - Lifestyle Intervention for Late-midlife Adults
October 13, 2023)
2023 Grant Reviewer
NIH Study Section SEP (Chair), ZMD1KNL A1R - Cross-Site Analyses of Existing RADxUP Data (July 28, 2023)
2023 Grant Reviewer (Standing Member)
NIH Study Section - Health Promotion in Communities HPC (June 20-21, 2023)
2023 Grant Reviewer
Southern California Center for Latino Health - Pilot Projects Program (April 27, 2023)

- 2023 Grant Reviewer: SPARK Equity Awards (March 2023) <https://sparkpe.org/equityawards/>
- 2021 External reviewer for faculty member going up for tenure at Oregon Health and Science University-Portland State University School of Public Health (Due October, 2021)
- 2021- Advisory board member to CUS Long Beach's LINK Program to support minority and underrepresented students to pursue higher education
- 2021 Grant Reviewer
NIH/NIMHD Study section ZMD1KNL(J1) Special Emphasis Panel (Nov 15-17, 2021)
- 2021 UCSD Cancer Retreat: planning committee member and session moderator (Sept 24, 2021)
2021 Session Moderator: Binational (San Diego-Tijuana) Childhood Obesity Research Convening (June 09, 2021)
- 2021- Editorial Board Member: Contemporary Clinical Trials (journal)
- 2020 Grant Reviewer
NIH Build EXITO Grant Program (Diversity Program Consortium)- Portland State University
- 2020 Grant Reviewer
Padres Pedal the Cause/C3 UCSD Collaborative Translational Cancer Research Awards (UCSD intramural pilot grants)
- 2020 Grant Reviewer
NIMHD Special Emphasis Panel K01 ZMD1 RP(01) K01 Applications (July 8th-9th, 2020)
- 2020 Grant Reviewer
Consejo Nacional de Ciencia y Tecnología (CONACYT, Mexico). National Grant program- Ciencia de Frontera 2019
- 2020 Grant Reviewer
NIMHD Special Emphasis Panel ZMD1 DR1(M1) K01 Applications (Feb 12th-13th, 2020)
- 2019 External Reviewer
Faculty candidate for tenure and promotion: Utah State University
- 2015 National Institutes of Health U54: Seed grants called "Building Scholars" administered by the University of Texas, El Paso. Grant reviewer, September 9th 2015
- 2012 National Institutes of Health: Study Section Grant Reviewer (Psychosocial Risk and Disease Prevention) January 26th-27th 2012 (San Francisco, CA)
- 2019- ACADEMIC COOPERATION BETWEEN SAN DIEGO STATE UNIVERSITY and UNIVERSIDAD AUTÓNOMA DE BAJA CALIFORNIA. Fecha 2019- actualidad. Inter-institutional exchange program. Título: Viaje Interinstitucional de Integración, Docente, Asistencial y de Investigación (VIIDAI). Rol: Teaching

Conference Abstract Reviewer (ad hoc)

- American Public Health Association Annual Conference (film festival reviewer 06/31/18),
- Physical Activity Section Reviewer (2020)
- Society of Behavioral Medicine Annual Conference (2021)
- The Obesity Society Annual Conference

Other Service

- 2023 3er Congreso Internacional de Actualidades en Nutrición. Invited Speaker Universidad Autónoma de Baja California (UABC Tijuana) Presentation Title: Estrategias multinivel para la prevención de la obesidad infantil y promoción de estilos de vida saludable en comunidades viviendo en la frontera E.U.-Mexico. October 18-20, 2023
- 2023 Mitigating Disparities in Post-2020 Healthcare Outcomes. Session Moderator - Panel: Mitigating the Next Healthcare Crisis at the Community Level. Hosted by Columbia University and Southern University and A&M College (New York) October 25, 2023
- 2021 (Aug 17) Invited panelist to consult with Director Eric Lander, [Office Science and Technology Policy](#) (The White House) on [CommuniVax](#) project findings and recommendation for the development of a US pandemic preparedness plan
- 2010 Invited Expert Consultant, Johnson & Johnson's Community Health Care Program
- 2007-2008 Judge, NIH High-School Step-Up Program

Community Service

- 2021- [CommuniVax](https://www.communivax.org/webinars) COVID-19 vaccination project National Webinars
<https://www.communivax.org/webinars>
- 2021- [CommuniVax](https://www.communivax.org/our-work) National and Local Reports regarding equitable COVID-19 vaccination rollout
<https://www.communivax.org/our-work>
- 2021- Consultant for pilot grant submitted to the Childhood Obesity Initiative by a group of Latina mothers. Title: *Formando Niños Campeones*. This grant was funded \$5,866 (4-month project)
- 2017- Binational Obesity Symposium: Planning committee member
- 2018- San Diego County Childhood Obesity Initiative: member of the Leadership Council
- 2017- Old Mission Rotary Club: Honorary Member
- 2016- Binational Obesity Work Group: Member
- 2012-2013 South Phoenix Health Kids Partnership: Member
- 2014 Phoenix City Council Subcommittee (Parks, Arts, Transparency and Education). Invited to present my community research project. The Athletes for Life Program (10/22/14).

PROFESSIONAL DEVELOPMENT

- 2023 (March) Geographic Management of Cancer Health Disparities Program (GMaP) Technical Training Summit 2023 (New Mexico)
- 2021 (Aug) SDSU Flexible Course Design Summer Institute
- 2020 (July) SDSU Flexible Course Design Summer Institute
- 2017 (June) SDSU Grants and Research Enterprise Writing Fellowship (GREW)
- 2012 Postgraduate Course on Physical Activity and Public Health. Park City Utah.

AWARDS/RECOGNITIONS/DISTINCTIONS

- 2024 SDSU School of Public Health, 2024 Outstanding Faculty Research Award
- 2023 SDSU College of Human Services - Living Our Values Award in recognition of exemplary service and supporting student success (July 11, 2023)
- 2022 SDSU Presidential Research Faculty Fellow in recognition for outstanding research, scholarship and creative activities (\$25,000)
https://newscenter.sdsu.edu/sdsu_newscenter/news_story.aspx?sid=78963
- 2021 (Jun) SDSU CHHS, Yielding Excellence in Service (YES) Award
- 2016 (May) ASU Sun Award, Fostering Barret Honors student success
- 2016 (Feb) ASU Sun Award, Fostering Barret Honors student success
- 2008 Society of Behavioral Medicine, Citation Abstract Recipient
- 2003 Alumni Certificate of Honors Award, California State University Los Angeles
- 2000 Dean's List, California State University Los Angeles
- 2000 Scholar Athlete Award, California State University Los Angeles

CERTIFICATIONS/QUALIFICATIONS

Bilingual (English and Spanish)

PROFESSIONAL MEMBERSHIPS

American Public Health Association (APHA)
Society of Behavioral Medicine (SBM)
National Hispanic Science Network (NHSN)

MEDIA APPEARANCES

- **UABC Radio** Buen Provecho! - Día mundial de la Salud: salud, alimentación y actividad física 04/08/24
<https://radio.uabc.mx/podcast/buen-provecho-dia-mundial-de-la-salud-salud-alimentacion-y-actividad-fisica>
- **UABC Radio** Buen Provecho!- Inicio escolar nutritivo y activo 09/04/2023
<https://radio.uabc.mx/podcast/buen-provecho-inicio-escolar-nutritivo-y-activo>
- **KPBS** interview regarding access to swimming pools in San Diego and the role of physical activity in children's health and wellbeing. <https://www.kpbs.org/news/2021/sep/21/its-hot-september-few-san-diego-pools-swim/> (Sept 21, 2021)

- **SintesisTV** interview regarding COVID-19 vaccination efforts and strategies for Latinos in San Diego <https://sintesistv.com.mx/latinos-que-viven-en-estados-unidos-no-acuden-a-vacunarse/> (May 13, 2021)
- **SintesisTV** live interview during morning show *Hola Californias* to discuss efforts to promote COVID-19 vaccination among Latinos in San Diego (July 26, 2021)
- **San Diego Union Tribune** interview regarding the importance of staying physically active during the COVID-19 pandemic <https://www.sandiegouniontribune.com/news/health/story/2021-04-06/move-beyond-the-pandemics-slump-get-up-and-get-outside> (April 6, 2021)
- **California Health Report** interview regarding the role of schools in providing opportunities for physical activity for children <https://www.calhealthreport.org/2018/03/19/school-fitness-centers-aim-improve-health-low-income-students/> (March 19, 2018)
- **Conkite News Arizona PBS** interview on the Athletes for Life Project <https://cronkitenews.azpbs.org/2016/03/30/athletes-for-life-helps-combat-obesity-heart-disease/> (March 30, 2016)
- **NBC 7/39 San Diego News** Interview on the MOVE/Me Muevo Project http://www.nbcsandiego.com/station/as-seen-on/Health_Coaching_May_Save_Lives_San_Diego.html (July, 2010)