

**STEVEN R. HAWKS, EdD, MBA**

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**RESIDENCE**

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**UNIVERSITY**

Utah State University  
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**EDUCATION**

**1990 Doctor of Education**

Brigham Young University, Department of Health Science.

Major: Community Health Education Concentrations: Health Promotion  
International Health

Dissertation Topic: "*The Impact of a Supplemental Bystander Educational Unit on the Emergency Helping Behavior of College Students*"

\***Valedictorian**, College of Health and Human Performance

\*Graduate Certificate in Gerontology

**1985 Master of Business Administration**

Brigham Young University, School of Business Administration.

Major: Business Administration Concentration: International Business  
\*Academic Scholarship

**1985 Master of Arts**

Brigham Young University, International and Area Studies.

Major: East Asian Studies  
\*Academic Scholarship

**1982 Bachelor of Arts**

Brigham Young University, Department of Asian Studies.

Major: East Asian Studies Concentration: Japanese  
\*Forensics and Drama Honors

**PUBLIC HEALTH, SCHOOL HEALTH, and INTERNATIONAL EXPERIENCE**

**1990 Injury Prevention and Control.** Valley Ambulance, Inc. 925 N. 500 W., Provo, UT 84603-2025. August 1986 - August 1990.

While working for Valley Ambulance I held the following positions:

\*Field Supervisor - Overseeing company-wide ambulance operations during my shift, including: vehicle and equipment inspection and maintenance, interacting with other health care agencies, station inspections, and emergency scene management.

\*Assistant Manager - Taking part in the recruitment and interviewing of prospective employees, assisting with discipline problems, designing an employee evaluation program, helping with the writing of the company's comprehensive policy manual.

\*Training Officer - Establishing a new training manual to enable new employees to reach a higher level of competence in a shorter period of time. Personally providing one on one training to new employees. Conducting state EMT practical exams to recertify EMTs.

- \*Health Educator - Assisting in the company's expansion program by developing a comprehensive public relations/health education program involving contact with a wide variety of community groups and the development of a wide range of educational programs. Presenting seminars, inservices, workshops, school assemblies, first-aid and CPR demonstrations, and offering regular CPR and first-aid courses.
- 1990 Research Associate.** Emergency Medical Services Associates, P.O. Box 7527, University Station, Provo, UT 84602, (801)377-5126. August 1988 - 1990.  
\*Processing and analyzing EMS survey data, writing and preparing professional manuscripts, and giving conference presentations.
- 1988 School Health Clerk.** Rogers Elementary School, Tucson Unified School District, 6000 E 15th St, Tucson, AZ, (520)512-3500. 1987/88 academic year.  
\*Assisting with classroom health education programs.  
\*Planning and coordinating health education efforts at the school level.  
\*Meeting the acute health care needs of students.  
\*Maintaining accurate health records for all students.  
\*Assisting the school nurse with various screenings and examinations.
- 1988 Independent Translator.** U.S. Joint Publications Research Services, 1000 N. Glebe Rd., Arlington, VA 22201, (703)841-1050. April 1986 - April 1988. (Part-time basis).  
\*Independent translation, from Japanese into English, of open source articles dealing with economic, political, social, and defense issues of interest to U.S. policy makers.
- 1986 International Research Analyst.** National Security Agency, 9800 Savage Road, Fort Meade, MD 20755-6000, (410)854-6691. August 1985 - July 1986.  
\*Publishing a variety of international intelligence reports that were of significant importance to U.S. policy makers. Some reports required the accumulation, analysis, and tabulation of large volumes of data; others involved long-term observation and analysis; and still others were in response to more timely, short-term requirements. An in-depth knowledge of activities and trends in international trade, economic, and financial markets was necessary for the performance of this analysis.  
\*Translating foreign language material into English.  
\*Assisting in the compilation of special word, foreign language dictionaries and aids.  
In performing the above activities, duties involved the self-directed analysis and reporting of developments in topic areas, the use of several different word processing and software packages, and the maintenance of cooperative ties with users of the agency's reports. During my time with the Agency, I received the highest possible performance appraisal based on outstanding analytical, research, writing, and language abilities.

## ACADEMIC POSITIONS

- 2012 Dean, Executive Director, Professor of Health Education and Promotion.** Moab Center and Southwest Region, Regional Campuses, Utah State University, Logan, UT 84322. 2012-present.
- 2008 Associate Dean and Executive Director.** Southeast Region, Regional Campuses and Distance Education (RCDE), Utah State University, Logan, UT 84322. 2008-2012.

\*Administrative oversight of faculty, staff, facilities, budgets, student services, and academic programs in the Southeast Region of Utah State University's regional campus system.

**2000 Professor of Health Science.** Department of Health Science, Brigham Young University, Provo, UT 84602. 2000-2007.

\*Serving as a professor in the health science department with an emphasis in international and global health and public health nutrition. Writing grants, conducting research, and teaching in areas of expertise.

**1997 Regional Department Head.** University Extension, Utah State University, Logan, UT, 84322. 1997-2000.

\*Serving as a regional department head within USU's Extension program with responsibility for all continuing education and cooperative extension programs in Southeast Utah.

**1997 Associate Professor of Health Education.** Department of Health, Physical Education, and Recreation. Utah State University, Logan, UT 84322. 1991-1997.

\*Serving as the health education curriculum coordinator with direct responsibility for the community health education program within the department. Writing grants, conducting research, and teaching in areas of expertise.

**1991 Assistant Professor of Health Education.** Department of Physical Education, Box 8111, North Carolina State University, Raleigh, NC 27695. 1990 - 1991.

\*Coordinating the health education program within the department of physical education. Writing grants, conducting research, and teaching in areas of expertise.

**1990 Lecturer/First Aid Coordinator.** Health Education Unit, East Carolina University, 203 Memorial, Greenville, NC 27858. 1989 - 1990.

\*Teaching personal health courses and coordinating the first aid program in the Department.

## PROFESSIONAL AFFILIATIONS

American Academy of Health Behavior  
 American Association for Health Education  
 American Public Health Association  
 Global Health Council  
 International Union for Health Promotion and Education  
 Society for Public Health Education  
 Utah Public Health Association  
 Health Education Association of Utah

## PROFESSIONAL CERTIFICATIONS

Certified Health Education Specialist

## RESEARCH and TEACHING INTERESTS

Public Health Nutrition—Obesity Prevention and Management, Nutrition Transition  
Health Promotion in International and Multicultural Settings  
Health Benefits of Nature Experiences

## SUPPORTED RESEARCH and STUDENT MENTORING GRANTS

Hawks S. R. (2017). \$113,000 (ongoing, annual). Strategic Workforce Initiative: Stackable Credentials for Southeast Utah in the Life Sciences Industry. **Utah State Legislature.**

Hawks, S. R. (2016). \$17,000.00. Utah State University Moab Business Resource Center. **Utah Governor's Office of Economic Development.**

Hawks, S. R. (2016). \$31,950.00. Business Expansion and Retention (BEAR) Program. **Utah Governor's Office of Economic Development.**

Hawks, S. R. (2016). \$149,018.00. Career and Technical Training and Education Programs. **Utah Cluster Acceleration Partnership. Utah State Department of Workforce Services.**

Hawks, S. R. (2015). \$101,000.00. Launching Career, Technical, and STEM Education Programs at USU Moab. **Utah Cluster Acceleration Partnership. Utah State Department of Workforce Services.**

Hawks, S. R. (2014). \$15,100.00. Utah State University Moab Business Resource Center. **Utah Governor's Office of Economic Development.**

Hawks, S. R. (2014). \$50,617.00. Equipment for Medical Assisting at USU Moab. **Utah State Department of Workforce Services.**

Hawks, S. R. (2013). \$5,000.00. Utah State University Moab Business Resource Center. **Utah Governor's Office of Economic Development.**

Hawks, S. R. (2011). \$15,000.00. Utah State University Moab Business Resource Center. **Utah Governor's Office of Economic Development.**

Hawks, S. R. (2010). \$550,892.00. Ute Indian Tribe Upward Bound Grant. **U.S. Department of Education.**

Hawks, S. R. (2007). \$10,000.00. Rape Prevention Education. Mary Lou Fulton Chair Award. **Brigham Young University.**

Hawks, S. R. (2006). \$20,000.00. Attractiveness, Eating Styles, and the Nutrition Transition in China. ORCA Mentored Environments Grant, **Brigham Young University.**

Hawks, S. R. (2006). \$10,000.00 Culture, Eating Styles, and Healthy Weight Management. Mary Lou Fulton Chair Award. **Brigham Young University.**

Hawks, S. R. (2006). \$4,823.00 Culture, Eating Styles, and Global Obesity: Implications for the Management of an Epidemic. Competitive Faculty Grant Program, College of Health and Human Performance, **Brigham Young University**.

Hawks, S. R. (2005). \$12,530.00. Mentored student learning for intuitive eating research. Mary Lou Fulton Chair Award. **Brigham Young University**.

Hawks, S. R. (2005). \$6,500.00. A Cross-Cultural Analysis of the Nutrition Transition. Competitive Faculty Grant Program, College of Health and Human Performance, **Brigham Young University**.

Hawks, S. R. (2005). \$3,500.00. Eating Styles and the Nutrition Transition in the Philippines. David M. Kennedy Center for International and Area Studies, **Brigham Young University**.

Dearden, K., Novilla, L., Hawks, S. R., Page, R., & Merrill, R. (2004). \$20,000. "Improving Nutrition, Saving Lives: Understanding the Nutrition Transition in Asia." ORCA Student Mentoring Grant, **Brigham Young University**.

Hawks, S. R. (2004). \$3,400.00. Culture, Eating Styles, and the Nutrition Transition in the Philippines. Kennedy Center for International and Area Studies, **Brigham Young University**.

Hawks, S. R. (2004). \$3,600.00. Family Eating Styles, Culture, and the Nutrition Transition in the Philippines. Family Studies Center, **Brigham Young University**.

Hawks, S. R. (2004). \$6,650.00. A Cross-Cultural Analysis of the Nutrition Transition. Competitive Faculty Grant Program, College of Health and Human Performance, **Brigham Young University**.

Hawks, S. R., Cox, S. E., & Memmott, R. J. (2003). \$74,113.00. Interdisciplinary Rural Health Promotion Project, University of Nevada, Reno, Medical School, **United States Department of Health and Human Services**.

Barnes, M., Lindsay, G., Hill, S., & Hawks, S. R. (2003). \$19,950.00. Assessing the Case for Public Health Policy in Childhood Obesity: Research-Driven, School-Based Advocacy. ORCA Student Mentoring Grant, **Brigham Young University**.

Hawks, S. R. (2003). \$7,500.00. Child Health Promotion in the Philippines. Jacobsen Service and Learning Center, **Brigham Young University**.

Hawks, S. R. (2003). \$500.00. Health and Culture in the Philippines—Service Learning Course. Jacobsen Service and Learning Center, **Brigham Young University**.

Hawks, S. R. (2003). \$3,000.00. The Impact of School Health Interventions on the Nutrition Transition in China. David M. Kennedy Center for International and Area Studies, **Brigham Young University**.

- Hawks, S. R. (2003). \$4,206.00. A Cross-Cultural Analysis of Intuitive Eating. Competitive Faculty Grant Program, College of Health and Human Performance, **Brigham Young University**.
- Roby, J., & Hawks, S. R. (2002). \$4,000.00. A Cross-Cultural Assessment of Family Nutrition. Family Studies Center, **Brigham Young University**.
- Hawks, S. R. (2002). \$3,500.00. A Cross-Cultural Analysis of Intuitive Eating. Competitive Faculty Grant Program, College of Health and Human Performance, **Brigham Young University**.
- Hawks, S. R. (2002). \$2,000.00. The Impact of School Health Interventions on the Nutrition Transition in China. David M. Kennedy Center for International and Area Studies, **Brigham Young University**.
- Hawks, S. R. (2001). \$500.00. Health and Culture in Southeast Asia Service Learning Course. Jacobsen Service and Learning Center, **Brigham Young University**.
- Hawks, S. R. (2001). \$3,240.00. Intuitive Eating. Competitive Faculty Grant Program, College of Health and Human Performance, **Brigham Young University**.
- Hawks, S. R. (2001). \$500.00. International Health Service Learning Course. Jacobsen Service and Learning Center, **Brigham Young University**.
- Hawks, S. R. (2001). \$300.00. Course Development Grant. Faculty Center, **Brigham Young University**.
- Lindsay, G., Neiger, B., Barnes, M., Thackery, R., Merrill, R., & Hawks, S. R. (2001). \$199,885.00 Utah Tobacco Policy Initiative. **The Robert Wood Johnson Foundation**.
- Hawks, S. R. (1999). \$500.00. Management Plan for the Four Corners Cultural Center. **Utah Humanities Council**.
- Hawks, S. R., Barksdale, D., & Nelson, D. (1998). \$33,334.00. Feasibility Study for Higher Education, Conference, and Business Center in Moab, Utah. **United States Department of Commerce, Economic Development Administration**.
- Hawks, S. R., & Bradford, C. (1998). \$123,984.00. Emery and San Juan County Equipment Purchases. **Utah State Department of Community and Economic Development, Permanent Community Impact Fund**.
- Gast, J. A., & Hawks, S. R. (1997). \$22,371.00. An epidemiological study of diabetes among the Ute Indians of Fort Duchesne, UT. **New Faculty Research Grant, Utah State University**.
- Hawks, S. R., & Jones, A. (1995). \$10,420.00. Native American Youth Leadership Training Program. **Utah State Department of Community and Economic Development, Permanent Community Impact Fund**.

Jones, A., & Hawks, S. R. (1995). \$3,000.00. Substance abuse prevention among Native American youth. **Piper Foundation.**

Hawks, S. R., & Thalman, R. L. (1994). \$2,000.00. Community based approach to cardiovascular health promotion--Phase II. **Cache Valley Health Care Foundation.**

Hawks, S. R., & Jones, A. (1994). \$14, 410.00. Substance abuse prevention among Native American youth. **Mineral Lease Funds, Utah State University.**

Jones, A., & Hawks, S. R. (1994). \$3,000.00. Substance abuse prevention among Native American youth. **Piper Foundation.**

Hawks, S. R. (1992). \$2,200.00. Community based approach to cardiovascular health promotion. **Cache Valley Health Care Foundation.**

Hawks, S. R. (1992). \$8,267.00. Motivation for emergency helping through first-aid education: Overcoming psychological barriers. **Utah State University.**

Hawks, S. R. (1991). \$1,000.00. An educational approach to improve emergency helping behavior (continuation). **Laerdal Medical.**

Hawks, S. R. (1990). \$2,500.00. An educational approach to improve emergency helping behavior. **Laerdal Medical.**

## **PUBLICATIONS—PROFESSIONAL JOURNALS**

Madanat, H. N., Lindsay, R., Hawks, S. R., & Ding, D. (2011). A comparative study of the culture of thinness and nutrition transition in university females in four countries. Asia Pacific Journal of Clinical Nutrition, *20*(1), 102-108.

Madanat, H. N., Hawks, S. R., & Angeles, H. N. (2011). Obesity and body size preferences of Jordanian women. Health Education & Behavior, *38*(1), 91-98,

Madanat, H. N., Hawks, S. R., Campbell, T., Fowler, C., & Hawks, J. L. (2010). Young urban women and the nutrition transition in China: A familiar pattern emerges. Global Health Promotion, *17*(4), 43-51.

Hawks, S. R. (2008). Design and development of an MPH program for distance education delivery. International Journal of Social, Behavioral, Economic, Business and Industrial Engineering, *2*(5), 512-515.

Hawks, S. R., Madanat, H. N., & Christley, H. S. (2008). Behavioral and biological associations of dietary restraint: A review of the literature. Ecology of Food and Nutrition, *47*(5), 415-449.

Hawks, S. R., Madanat, H. N., & Christley, H. S. (2008). Psychosocial associations of dietary restraint: Implications for healthy weight promotion. Ecology of Food and Nutrition, *47*(5), 450-483.

- Hawks, S. R., Madanat, H. N., Smith, T., & De La Cruz, N. (2008). A classroom approach for managing dietary restraint, negative eating styles, and body image concerns among college women. Journal of American College Health, 56(4), 359-366.
- Hawks, S. R., Smith, T., Thomas, H. G., Christley, H. S., Meinzer, N., & Pyne, A. (2008). The forgotten dimensions in health education research. Health Education Research, 23(2), 319-24.
- Madanat, H. N., Brown, R. B., & Hawks, S. R. (2007). The impact of body mass index and Western advertising and media on eating style, body image and nutrition transition among Jordanian women. Public Health Nutrition, 10(10), 1039-1046.
- Madanat, H. N., Hawks, S. R., Novilla, M. L. B. (2006). A comparison of disordered eating attitudes and behaviors among Filipino and American college students. Eating and Weight Disorders, 11(3), 133-138.
- Craven, K. L., & Hawks, S. R. (2006). Cultural and western influences on the nutrition transition in Thailand. Promotion & Education, 13(1), 14-20.
- Hawks, S. R., Madanat, H. N., Smith, T., & Novilla, L. (2006). Motivation for eating and the nutrition transition in the Philippines. Journal of Human Ecology, Special Issue 14, 101-105.
- Madanat, H. N., Hawks, S. R., & Brown, R. B. (2006). Validation of the Sociocultural Attitudes Towards Appearance Questionnaire-3 among a random sample of Jordanian women. Body Image, 3(4), 421-425.
- Smith, T., & Hawks, S. R. (2006). Intuitive eating, diet composition, and the meaning of food in healthy weight promotion. American Journal of Health Education, 37(3), 130-136.
- Hawks, S. R., Madanat, H. N., Hawks, J. F., Harris, A. (2005). The relationship between intuitive eating and health indicators among college women. American Journal of Health Education, 36(6), 322-327.
- Madanat, H. N., & Hawks, S. R. (2004). Validation of the Arabic Version of the Intuitive Eating Scale. Promotion & Education, 11(3), 152-157.
- Hawks, S. R., Merrill, C. G., Gast, J. A., & Hawks, J. F. (2004). Validation of the Motivation for Eating Scale. Ecology of Food and Nutrition, 43(4), 307-326.
- Eberhardt, N. C., Hawks, S. R., Mendoza, W., & Mendoza, M. (2004). Participatory evaluation on the Bolivian Altiplano: Collaboration and empowerment. Promotion & Education, 11(1), 6-10.
- Hawks, S. R., Madanat, H. N., & Merrill, R. M. (2004). The Intuitive Eating Scale: Development and preliminary validation. American Journal of Health Education, 35(2), 26-35.



- Hawks, S. R., Merrill, R. M., Madanat, H. N., Miyagawa, T., Suwanteerangkul, J., Guarin, C. M., & Shaofang, C. (2004). Intuitive eating and the nutrition transition in Asia. Asia Pacific Journal of Clinical Nutrition, 13(2), 194-203.
- Hawks, S. R. (2004). Spiritual wellness, holistic health, and the practice of health education. American Journal of Health Education, 35(1), 11-16.
- Hawks, S. R., & Madanat, H. N. (2003). Stemming racial and ethnic disparities in the rising tide of obesity. American Journal of Health Education, 34(2), 90-96.
- Hawks, S. R., Madanat, H. N., Merrill, R. M., Goudy, M. B., & Miyagawa, T. (2003). A Cross-cultural analysis of "Motivation for Eating" as a potential factor in the emergence of global obesity: Japan and the United States. Health Promotion International, 18(2), 153-162.
- Hawks, S. R., Goudy, M., & Gast, J. A. (2003). Emotional eating and spiritual well-being: A possible connection? American Journal of Health Education, 34(1), 24-27.
- Hawks, S. R., Madanat, H. N., Merrill, R. M., Goudy, M. B., & Miyagawa, T. (2002). A Cross-cultural comparison of health promoting behaviors among college students. International Electronic Journal of Health Education, 5, 84-92. [On-line] Available: <http://www.iejhe.org>
- Paksima, S. M., Madanat, H. N., & Hawks, S. R. (2002). A Contextual Model for Reproductive Health Education: Fertility and Family Planning in Jordan. Promotion and Education, 9(3), 89-95.
- Hawks, S. R. (2001). Human culture and the global epidemic of obesity. Healthy Weight Journal, 15(6), 85-88.
- Hawks, S. R., & Croney, A. A. (2001). Social support and symptom etiology: Implications for patient education. International Electronic Journal of Health Education, 4, 330-336. [On-line] Available: <http://www.iejhe.org>
- Hawks, S. R. (2001). Considerations for healthy weight management in diverse populations. Healthy Weight Journal, 15(6), 89-92.
- Gast, J. A., & Hawks, S. R. (2000). Examining intuitive eating as a weight loss program. Healthy Weight Journal, 14(3), 42-44.
- Hawks, S. R., & Jones, A. (2000). Experiential outdoor camp activities, self-esteem, and drug abuse prevention among American Indian youth. Journal of Recreation and Leisure, 17(1). [On-line] Available: <http://www.byu.edu/cpe/swdaahperd/swdjournal.html>
- Hawks, S. R., & Gast, J. A. (2000). The ethics of promoting weight loss. Healthy Weight Journal, 14(2), 25-26.
- Waite, P. J., Hawks, & S. R., Gast, J. A. (1999). The correlation between spiritual well-being and health behaviors. American Journal of Health Promotion, 13(3), 159-162.

- Hawks, S. R., & Gast, J. (1998). Weight loss management: A path lit darkly. Health Education and Behavior, 25(3), 371-382.
- Hawks, S. R., & Egan, M. (1998). The impact of three different first aid curricula on emergency helping among college students. Journal of Health Education, 29(5), 289-294.
- Gast, J. A., & Hawks, S. R. (1998). Weight loss education: The challenge of a new paradigm. Health Education and Behavior, 25(4), 464-473.
- Hawks, S.R. (1995). Health and the family: Evolving paradigms. Family Perspective, 29(3), 213-217.
- Hawks, S. R. , Hull, M. L., Thalman, R. L., & Richins, P. M. (1995). Review of spiritual health: Definition, role, and intervention strategies in health education. American Journal of Health Promotion, 9(5), 371-378.
- Richardson, G. E., & Hawks, S. R. (1995). A practical approach for enhancing resilience within families. Family Perspective, 29(3), 235-250.
- Hawks, S. R. (1995). Motivation for helping through emergency care education. Journal of Health Education, 26(3), 178-179.
- Hawks, S. R. (1994). Spiritual health: Definition and theory. Wellness Perspectives, 10(4), 3-13.
- Hawks, S. R., & Richins, P. (1994). Towards a new paradigm for the management of obesity. Journal of Health Education, 25(3), 147-153.
- Hawks, S. R. , Peck, S. L., & Smith, L. (1993). Occurrence of emergency helping among first aid students. Journal of Health Education, 24(5), 379.
- Hawks, S. R. (1993). Fetal alcohol syndrome: Implications for health education. Journal of Health Education, 24(1), 22-26.
- Hawks, S. R. (1992). EMS forum: Rural dilemmas. Emergency Medical Services, 21(1), 36-41.
- Hawks, S. R., & Peck, S. L. (1992). Nontraditional methods for emergency care education: Student perceptions. Journal of Health Education, 23(1), 39-44.
- Hawks, S. R., Peck, S. L., & Vail-Smith, K. (1992). An educational test of health behavior models in relation to emergency helping. Health Psychology, 11(6), 396-402.
- Hawks, S. R. (1991). Bystander research: A critical review of the literature with research recommendations. Emergency Care Quarterly, 7(2), 78-87.
- Hawks, S. R. (1991). Rural Advanced Life Support. Emergency Medical Services, 20(11), 47-50.

Hawks, S. R. (1990). Japanese EMS: A cultural perspective. Emergency Care Quarterly, 6, 35-39.

Hawks, S. R. (1990). The role of health education in the prevention of breast cancer. Health Education, 21(5), 33-42.

Hawks, S. R., & Hammond, R. J. (1990). Tackling stress management from all sides. Journal of Emergency Medical Services, 15(9), 50-55.

Hawks, S. R., Peck, S. L., Hafen, B. Q., & Karren, K. J. (1990). Rating stress in EMS: A responder survey. Journal of Emergency Medical Services, 15(9), 55-58.

Hawks, S. R. (1989). Injured abroad: How would you fare? Journal of Emergency Medical Services, 14(12), 54-59.

Hawks, S. R. (1989). Exercise and weight loss: The uncertain connection. Health Education, 20(4), 11-15.

Hawks, S. R., Hafen, B. Q., & Karren, K. J. (1989). How does your health rate? EMS responder health and wellness. Journal of Emergency Medical Services, 14(3), 46-51.

Hawks, S. R. (1989). There's still hope for PASG. Journal of Emergency Medical Services, 14(1), 39-40.

## **PUBLICATIONS—BOOKS AND BOOK CHAPTERS**

Hawks, S. R. (2010). Spiritual wellness, holistic health, and the practice of health education. In J. M. Black, S. R. Furney, H. M. Graf, & A. E. Nolte (Eds.), Philosophical foundations of health education (pp. 243-249). San Francisco: Jossey-Bass.

Hawks, S. R. (2001). Making peace with the image in the mirror: Spiritual solutions for self-esteem and inner acceptance. Salt Lake City, UT: Deseret Book.

Hawks, S. R. & Hammond, R. L. (1995). Tackling stress management from all sides. In J. L. Fitch (Ed.), Prehospital care administration: Issues, readings, cases (pp. 124-131). St. Louis, MO: Mosby-Year Book.

Hawks, S. R. (1991). Recreation in the family. In Stephen J. Bahr (Ed.), Family research: A sixty year review from 1930-1990, Volume I. Lexington, MA: Lexington Books. pp. 387-433.

## **PRESENTATIONS AT PROFESSIONAL MEETINGS**

Maya M., Gast, J., Madanat, H., Hawks, S. R., Leiker, J., Morrey, R. (2016). Cross-cultural comparison of intuitive eating, body image, self-compassion, depressive symptoms, and weight bias attitudes among college students in Japan, Jordan, and the United States. American Public Health Association, Denver, CO, November.

- Hawks, S. R. (2013). Advancing rural development through regional campus and distance education systems. UPCEA West Region Conference, Tucson, AZ, October.
- Hawks, S. R. (2013). Promoting rural development through multi-campus systems. Plenary speaker, Utah State University Innovative Strategies Summit, Park City, UT, June.
- Menlove, R., Behunin, R., Hawks, S., Wagner, R. (2011). It takes more than a village to raise a university. University Professional and Continuing Education Association, Toronto, April.
- Smith, M. H., Tylka, T. L., Madanat, H. N., Passmore, K., Richards, S., Hawks, S. R. (2009). Validation of two intuitive eating scales among females receiving inpatient eating disorder treatment. Academy for Eating Disorders, Cancun, Mexico, May.
- Madanat, H., Hawks, S. R., Ding. (2009). Exploring the impact of western advertising and media on the nutrition transition in four countries. (Distinguished Poster Award). 19<sup>th</sup> International Congress of Nutrition, Bangkok, Thailand, October.
- Yanagishita, J., Hawks, S. R., Madanat, H. (2008). Comparison of body image and eating styles between Japanese and American college women. 15<sup>th</sup> International Congress of Dietetics, Yokohama, Japan, September.
- Hawks, S. R. (2008). Design and development of an MPH program for distance education delivery. International Conference on Open Learning and Distance Education, Vienna, Austria, August. <http://www.waset.org/pwaset/v31/v31-75.pdf>
- Hawks, S. R. (2008). Is dietary restraint a useful approach to healthy weight promotion? Oxford Round Table—Obesity: The Affluent Society and the Quest for Treatment. St. Anne's College, Oxford, England, March.
- Yanagishita, J., Hawks, S. R., Yoshinaga, H., Yoshida, M. (2007). Body image and eating styles among Japanese female college students. North American Association for the Study of Obesity, New Orleans, October.
- Smith, T., Hawks, S. R., Thomas, H., Christley, H., Meinzer, N. & Pyne, A. (2007). The forgotten dimensions in health education research. Health Education Association of Utah. Sandy, UT, March.
- Hawks, S. R. (2006). Intuitive eating as an alternative for healthy weight promotion in worksite settings. (Invited keynote speaker.) Utah Council for Worksite Health Promotion. Salt Lake City, October.
- Amarra, S., & Hawks, S. R. (2006). Assessment of body image satisfaction and its correlates in urban Filipino women. The 4<sup>th</sup> Asian Congress of Dietetics, Manila, Philippines, April.
- Hawks, S. R., Smith, T., Pyne, A., & Meinzer, N. (2006). The impact of education on eating styles among college women. Society for Nutrition Education, San Francisco, CA, July.

- Smith, T., Hawks, S. R., & Richards, H. (2006). An analysis of weight, dieting, and self-perception among adolescent females in the United States by educational grade level. Society for Nutrition Education, San Francisco, CA, July.
- Smith, T., Hawks, S. R., & Christley, H. (2006). An evaluation of self-perceived and actual body weight among adolescent females by geographic region in the United States. Society for Nutrition Education, San Francisco, CA, July.
- Hawks, S. R., Madanat, H. N., Smith, T., & De La Cruz, N. (2006). Impact of education on eating styles and body esteem among college women. American Alliance for Health, Physical Education, Recreation and Dance, Salt Lake City, UT, April.
- Smith, T., & Hawks, S. R. (2006). Intuitive eating, diet composition, and the meaning of food in healthy weight promotion. American Alliance for Health, Physical Education, Recreation and Dance, Salt Lake City, UT, April.
- Hawks, S. R., Smith, T., Madanat, H. N. (2005). The relationship between intuitive eating and health indicators among college women. North American Association for the Study of Obesity, Vancouver, October.
- Hawks, S. R. (2005). Body size perceptions among rural Filipino women: Accuracy, desirability, and implications. 3<sup>rd</sup> Asia-Oceania Conference on Obesity. Taipei, February.
- Hawks, J. F., & Hawks, S. R. (2004). Intuitive eating and health outcomes. Society for Nutrition Education. Salt Lake City, July.
- Hawks, S. R. (2004). The nutrition transition in Asia. World Federation of Public Health Associations. Brighton, England, April.
- Hawks, S. R. (2003). Obesity, eating styles, and the nutrition transition in Asia. IXth Asian Congress of Nutrition, New Delhi, India, February.
- Hawks, S. R. (2002). Culture, eating styles, and obesity in the nutrition transition. American Public Health Association, Philadelphia, November.
- Hawks, S. R. (2002). Stemming racial and ethnic disparities in the rising tide of obesity. American Public Health Association, Philadelphia, November.
- Hawks, S. R. (2001). The role of culture as a determinant of obesity. Southwest District Alliance for Health, Physical Education, Recreation and Dance, Park City, UT, June.
- Hawks, S. R. (2001). The global epidemic of obesity: Implications for health education. Southwest District Alliance for Health, Physical Education, Recreation and Dance, Park City, UT, June.
- Hawks, S. R. (2001). Intuitive eating: A cross-cultural comparison with professional recommendations. American Alliance for Health, Physical Education, Recreation and Dance, Cincinnati, OH, March.

- Hawks, S. R. (2000). Ethical considerations for weight control education. Society for Public Health Education, Boston, November.
- Hawks, S. R. (2000). Traditional customs and the prevention of obesity: An international comparison with program recommendations. American Public Health Association, Boston, November.
- Hawks, S. R. (2000). Spiritual health. Health Education Association of Utah, Salt Lake City, October.
- Hawks, S. R. (1999). The changing role of health promotion in the management of obesity. National Wellness Conference, Stevens Point, Wisconsin, July.
- Hawks, S. R. (1999). Body image and self-esteem issues among women: A new perspective. National Wellness Conference, Stevens Point, Wisconsin, July.
- Hawks, S. R. (1999). Making program evaluation easy. Utah Public Health Conference, Salt Lake City, UT, May.
- Hawks, S. R. (1999). Achieving spiritual balance in a hectic life. Tooele County Women's Conference, Tooele, UT, March.
- Hawks, S. R. (1999). Promoting self-esteem in yourself and others. Four Corners Leadership Conference, Blanding, UT, March.
- Hawks, S. R. (1996-1999). Various topics related to body image, self-esteem, spiritual health, and weight control. BYU Education Week, Provo, UT, August.
- Hawks, S. R. (1998). Marketing degree programs in rural continuing education centers. University Continuing Education Association, Region VI Conference, Ogden, UT, October.
- Hawks, S. R. (1997). The impact of three different first aid curricula on emergency helping among college students. American Alliance for Health, Physical Education, Recreation, and Dance, St. Louis, MO, March.
- Gast, J. A., Gibbons, C. L., & Hawks, S. R. (1996). A new paradigm to explain obesity: Implications for mental health. American Public Health Association, New York, NY, November.
- Hawks, S. R. (1996). Mind, body, and spirit. Utah State University Leadership Conference, Logan, UT, October.
- Hawks, S. R. (1996). Fostering hope in families for the future. School on Alcoholism and Other Drug Dependencies, 45th Annual Session, Salt Lake City, UT, June.

- Hawks, S. R., & Gast J. A. (1996). Methods for teaching body-image, self-esteem and weight control in the health curriculum. American Alliance for Health, Physical Education, Recreation, and Dance, Atlanta, GA, April.
- Hawks, S. R., & Jones, A. (1996). A recreation camp model to teach leadership and health to Native American youth. American Alliance for Health, Physical Education, Recreation, and Dance, Atlanta, GA, April.
- Hawks, S. R. (1996). Methods for teaching body image, self-esteem, and weight control in the school health curriculum. Utah Alliance for Health, Physical Education, Recreation, and Dance, Orem, UT, March.
- Gast, J. A., & Hawks, S. R. (1995). Body image, self esteem, and mental health promotion. American Public Health Association, San Diego, CA, October.
- Hawks, S. R. (1995). Enhancing emotional and spiritual health through social support. XVth World Conference of the International Union for Health Promotion and Education, Makuhari, Japan, August.
- Jones, A. R., & Hawks, S. R. (1995). Experiential outdoor camp activities, self-esteem, and drug abuse prevention among American Indian youth. Utah Academy of Sciences, Arts & Letters, Logan, UT, May.
- Hawks, S. R. (1995). Balancing individual and social responsibility in spiritual health promotion. American Journal of Health Promotion, Orlando, FL, March.
- Hawks, S. R. (1994). Leadership development for Native American youth. Early Intervention Research Institute, 2nd Annual Mini Conference, Logan, UT, November.
- Hawks, S. R. (1994). Spiritual health: Definition, theory, and practice. Third International Conference on Wellness and Health Promotion, Washington, DC, October.
- Hawks, S. R. (1994). Spiritual health: Theory and practice. Southwest District of the American Alliance for Health, Physical Education, Recreation and Dance, Salt Lake City, UT, February.
- Hawks, S. R. (1993). Wellness and recreation. Intermountain Leisure Symposium, Logan, UT, November.
- Hawks, S. R. (1993). The differential impact of three first aid teaching methods on the emergency helping behavior of college students. American Public Health Association, San Francisco, CA, October.
- Hawks, S. R. (1993). Weight management: What works, what doesn't. American Alliance for Health, Physical Education, Recreation, and Dance, Washington, DC, March.

- Hawks, S. R. (1993). Emergency care education and motivation for helping. Combined Convention, Northwest and Southwest Districts of the American Alliance for Health, Physical Education, Recreation, and Dance, Reno, NV, February.
- Hawks, S. R. (1993). Methods and materials in first aid/CPR education: An update. Combined Convention, Northwest and Southwest Districts of the American Alliance for Health, Physical Education, Recreation, and Dance, Reno, NV, February.
- Hawks, S. R. (1992). Research findings in emergency health education: Motivation for helping. American Alliance for Health, Physical Education, Recreation, and Dance, Indianapolis, IN, April.
- Hawks, S. R. (1992). Expanding the sphere of health education influence: The case of the apathetic bystander. Southwest District Alliance for Health, Physical Education, Recreation, and Dance, Phoenix, AZ, February.
- Hawks, S. R. (1991). Fetal alcohol syndrome among minority populations. Utah Alliance for Health, Physical Education, Recreation, and Dance, Salt Lake City, UT, October.
- Hawks, S. R. (1991). The role of health education in breast cancer prevention. Southern District Alliance for Health, Physical Education, Recreation, and Dance, Norfolk, VA, March.
- Hawks, S. R. (1990). Stress management for EMS providers. Fourteenth Annual Prehospital Emergency Care and Crisis Intervention Conference, Salt Lake City, UT, November.
- Hawks, S. R., & Peck, S. L. (1989). Rural EMS: Problems and solutions. Thirteenth Annual Prehospital Emergency Care and Crisis Intervention Conference, Salt Lake City, UT, November.
- Hawks, S. R. (1988). Health and wellness statistics for EMS responders. Twelfth Annual Prehospital Emergency Care and Crisis Intervention Conference, Salt Lake City, UT, November.

### **COURSES TAUGHT (1989-present)**

East Carolina University:	Health in Modern Society Safety Education and First Aid
North Carolina State University:	Human Sexuality Alcohol Use and Abuse Drugs and Human Behavior Personal Health Health and Fitness Emergency Medical Care
Utah State University:	Alcohol, Tobacco, and Drugs Current Trends in Health Education Body Image, Self Esteem, and Weight Control



Principles of Community Health Education  
 Planning and Evaluation in Community Health  
 Sexuality Education in the Health Curriculum  
 Health Aspects of Aging

Brigham Young University: History, Philosophy, and Foundations of Health  
 International Health  
 Malnutrition and Obesity  
 Body Image, Self-esteem, and Weight Control  
 Introduction to the Humanities of Asia  
 Foundations of Global Health

## SERVICE

### Community

Member, Board of Directors, *Utah Conservation Corps Friends* (2012-present).

Member, Board of Directors, *Museum of Moab*, UT (2010-2011).

Member, Board of Directors, *Seekhaven Women's Shelter*, Moab, UT (2004-2010).

Member, Board of Directors, *Moab Youth Garden*, Moab, UT (2006-2008).

Service-Learning Coordinator, *Choice Humanitarian*, Salt Lake City, UT (2000).

Member, *AIDS in Africa Committee*, LDS Humanitarian Services, Salt Lake City, UT (2000).

Body Image and Self-Esteem Presentations for Community Organizations:

- *Utah State Department of Health*, Salt Lake City, (2006)
- *Novell*, Provo (2006),
- *NuSkin*, Provo (2006)
- *American Cancer Society Women's Support Group*, Utah County (2003),
- *UVRMC Women's Health Conference*, Provo (2002),
- *Utah Cancer Control Program*, Salt Lake City (2002),
- *UVRMC Winter Conference*, Midway (2002),
- *Snow College Eating Disorders Week*, Ephraim (2002),
- *BYU Education Week*, Provo (1997-2002).

Chair, *Grand County Hospital Service District Administrative Board*, Moab, UT (1998-2000).

Member, *Cache Valley Community Health Council*, Logan, UT (1992-1997).

Member, Advisory Board, *Cache Valley Community Health Clinic*, Logan, UT (1994-1996).

Group Leader, *Cache Valley Cardiovascular Disease--Community Strategic Planning*,  
*Bear River Health Department*, Logan, UT (1994-1997).

Member, Board of Directors, *American Heart Association, Cache County Division*, Logan, UT (1992-93).

### Profession

Vice-Chair, Professional Development. International Network, *University Professional and Continuing Education Association*, 2013-2014.

Member, *International Affairs Commission, University Professional and Continuing Education Association* (2011).

Chair, Membership Committee, *International Health Section, American Public Health Association* (2003-2004).

Food and Nutrition Liaison, *International Health Section, American Public Health Association* (2003-2004).

Member, *International/Cross Cultural Health Special Interest Group, Society for Public Health Education* (1990-present).

Abstract Reviewer, Program Planning Committee, *18th World Conference on Health Promotion and Health Education*, International Union of Health Promotion and Education (2003).

Vice President (Health Section); *Utah Alliance for Health, Physical Education, Recreation, and Dance* (1992-1993).

Editorial Board, *Healthy Weight Journal* (2001-2004).

Manuscript Reviewer, *Research Quarterly for Exercise and Sport* (2003-present).

Manuscript Reviewer, *Promotion & Education* (2002-present).

Manuscript Reviewer, *Health Education and Behavior* (1998-present).

Manuscript Reviewer, *American Journal of Health Education* (1993-present).

Guest Editor, Special Issue: Health and the Family, *Family Perspective* (1994-95).

Guest Reviewer, *Journal of Rural Health* (2000).

Guest Reviewer, *Family Perspective* (1992).

Expert Juror, *First Aid and Emergency Care Project, American Red Cross* (1993).

Book Reviewer, *Health Education and Health Promotion*, Brooks/Cole Publishing Company (1995).

Book Reviewer, *Drugs, Society, and Human Behavior*, Mosby Publishing (1994).

Book Reviewer, *Drugs, Alcohol, and Tobacco: Curriculum and Totally Awesome Teaching Strategies*, MeeksHeit Publishing Company (1993).

## University

### **Department**

Faculty Mentor: *Kirk Dearden*, BYU (2002/2003); *Len Novilla*, BYU (2003/2004).

Chair, *Search Committee*, BYU (2002); Member, *Search Committee*, BYU (2003).

Chair, *Global Initiative Committee*, BYU (2000-2001).

Member, *MPH Admissions Committee*, BYU (2003).

Member, *MPH Graduate Committee*, BYU (2000-2007).

Member, *Faculty and Student Awards Committee*, BYU (2000-2002).

Member, *Scholarship Committee*, BYU (2000-2002).

Academic/Internship Advisor, *Health Science Department*, BYU (2000-2003).

Chair, *Health Education Curriculum Committee*, USU (1992-1997).

Faculty Sponsor, *Eta Sigma Gamma* (Health Majors Club), USU (1991-1996).

Chair, *Health Faculty Search Committee*, USU (1992/93; 1993/94; 1994/95; 1995/96; 1996/97).

Member, *Graduate Committee*, USU (1991-1997).

Member, *Scholarship Committee*, USU (1991-1997).

Teacher of the Year, *HPER Department*, USU, (1994).

Advisor of the Year, *HPER Department*, USU (1993).

Thesis Coordinator; *HPER Department*, USU (1991-94).

### **College**

Outstanding Service Award, *Regional Campuses and Distance Education*, USU (2010).

Teacher of the Year, *College of Health and Human Performance*, BYU (2004-2005).

Health Education NCATE Review Document Preparation, USU (1994-96).

HPER Coordinator, *Teacher Education Program Accreditation*, State Office of Education Accreditation Review, USU (1993-94).

Commencement Committee; *College of Education*, USU (1992).

## University

Interim Dean and Executive Director, *Uintah Basin Regional Campus*, Regional Campuses and Distance Education, USU (2010).

Chair, *Undergraduate Research Awards Committee*, Regional Campuses and Distance Education, USU (2010-2011).

Interim Executive Director, *Southwest Region*, Regional Campuses and Distance Education, USU (2008).

Member, *Search Committee*, Chinese Language Faculty, USU (2008).

Faculty Advisor, *Interdisciplinary Training Grant for Rural Health Promotion sponsored by the University of Nevada, Reno Medical School and funded by the US Department of Health and Human Services*, BYU Liaison and Project PI (2001-2005).

Affiliate Faculty Member, *David M. Kennedy Center for International and Area Studies*, BYU (2000-2007).

Member, *Jacobsen Center Funding Review Committee*, BYU (2002-2007).

Curriculum Working Committee, *International Development Major*, BYU (2002-2007).

Member, *Search Committee for Jacobsen Center Director*, BYU (2003).

Faculty Advisor, *Engage Now Foundation*, BYU (2003-2007).

Faculty Co-Advisor, *Student Campaign for Child Survival*, BYU (2002-2007).

Director, *Philippine UNICEF Program*, Kennedy Center, BYU (2001-2007).

Director, *Southeast Asia Volunteers Program*, Kennedy Center, BYU (2002).

Director, *Zimbabwe Internship Program*, Kennedy Center, BYU (2001).

Board Member, *Alcohol and Drug Coalition Advisory Board*, Office of Substance Abuse Prevention, USU (1993-1997).

Most Supportive Faculty Member, *ROAD Workers*, Office of Substance Abuse Prevention, USU (1993).