VIIDAI

Viaje Interinstitucional de Integracion, docente, asistencial y de investigacion

Inter-Institutional Field Experiences for Integration, Teaching, Health Services, and Research
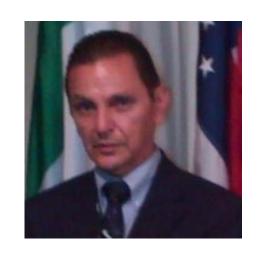
Who is involved?

- SDSU (Dr. Brodine)
  - MPH & doctoral students
  - Fall- epidemiology oriented
  - Spring- health promotion oriented
- UABC (Dr. Fraga)
  - Medical, MPH & Psychology students
- UCSD (Dr. Garfein)
  - Medical and MPH students

History

- VIIDAI
  - Established in 1998 by UABC (Dr. Miguel Fraga)
  - Mission: to facilitate collaborative projects that integrate the faculty and students from the three participating universities in an effort to both promote health and to provide services to underserved populations while increasing cultural awareness.
  - ~100 students total participate per trip
  - More information: Viidai.com

San Quintin, BC Mexico

The Community

- Indigenous background
  - Migrants from southern Mexico States
    - Guerrero, Oaxaca, Chiapas
  - Monolingual & bilingual
    - Spanish, Mixteco, Triqui, Nahuatl
- Farm workers
- Rural environment
- Health disparities
  - Malnutrition, acute infections, chronic conditions
- Social determinants of health
  - Adverse childhood experiences, crime, social injustice, underrepresentation

SDSU participation

- SDSU Leadership
  - Drs. Stephanie Brodine, Humberto Parada & Noe Crespo
- Class
  - Seminar-style (1x/week)
  - Open to graduate students (MPH & doctoral)
- Trip
  - 4-day trip to San Quintin
  - Fall: Oct 25th-28th, 2019
  - Spring: April 24th-27th, 2020
  - $220 per student (covers travel, food & lodging)
- Projects
  - Prevention of infectious diseases (e.g., rickettsia)
  - Prevention of chronic diseases (e.g., metabolic syndrome)
  - Promoting health behaviors (healthy eating, hand washing, drinking clean water, physical activity, sports)
  - Structural and environmental changes (increase access to clean water, healthy food, health care services, sports equipment, technology)

Questions?