



STUDENT TRIPS ABROAD

September 20, 2019

TRIPS ABROAD FOR SDSU STUDENTS

- Colombia –Tyler Linvill
- Vietnam – Dr. Stoskopf
- Costa Rica – Mari Milla

COLOMBIA



COLOMBIA

Valle del Cauca, Colombia—In this international course, students will travel to Cali, located in the state of Valle del Cauca, Colombia, to develop first-hand experience with public health challenges in Colombia. The course will be conducted in concert with the School of Public Health of the Universidad del Valle (‘Univalle’) in Cali, and will involve Colombian students and professors. The in-country part of the course will take place in May 2020 including two days of travel between San Diego and Cali, a one day orientation with some free time, and 5 days of lectures and field and cultural activities.

COLOMBIA

- Dates: 5/16-5/24
- Cost: Airfare and approx. \$500 for hotel and food



VIETNAM

- Location: Hanoi
- Dates: March 27-April 5



VIETNAM

- Students will travel to Hanoi, Vietnam where they will receive an afternoon of lectures on the Vietnamese healthcare system.
- They will visit a large, urban, tertiary hospital and its outpatient facilities, a center for physical therapy, in addition to visiting a number of cultural sites in the city.
- Students will also visit Ha Long Bay.
- Secondly, students will fly to Hue, Vietnam where Hue University of Medicine and Pharmacy is located. The school also has a School of Public Health and students will have an opportunity to spend an evening meal and other activities with students from the SPH, and visit national treasures in the city.
- After leaving Hue, students will travel to a remote mountain area and visit a rural hospital and clinic.
- The trip will culminate in Hoi An City, the city of lanterns, where students will spend a day on a local organic vegetable farm and have a cooking class and visit the My Son Sanctuary.

TimeLine Layout

27 March – 5 April



Hanoi



4 days
(27-30 March)

Halong Bay



2 days
(31 March – 1 April)

Da Nang



1 day
(2 April)

Hoi An



3 days
(3-5 April)

Home



Hanoi

The Capital of Thousand Years of Civilization



Area

3,328.9 square kilometres



Population

7.7 million



Hanoi – City for Peace

Since **Hanoi** became the capital of **Vietnam** in 1010, its people have always embodied the spirit of unity and unyielding resistance against foreign invaders. On 16 July 1999, the UNESCO presented the title "City for Peace" to Hanoi. Today, Hanoi is a thriving economic hub and one of the most popular tourist destinations in Vietnam.



Hanoi

Best Attractions

1. Fri, 27/3

- Arrive in Hanoi
- Check into Hotel
- Welcome Dinner and orientation.

2. Sat, 28/3

- Hanoi City Tour: Ho Chi Minh Complex; Hoa Lo Prison;
- Museum of Ethnology
- Water Puppet Show, evening.



Hanoi

Best Attractions

3. Sun, 29/3

- Lecture.
- Visit Disability Center.
- Night Market.

4. Mon, 30/3

- Visit a Physical Therapy Center and enjoy Vietnamese traditional massage.
- Visit Public Hospital.
- Overnight in Hanoi.

Halong Bay

UNESCO

World Heritage Site

5. Tue, 31/3

- Depart to Ha Long Bay.
- Overnight on boat in Ha Long Bay.



Da Nang

The World's Best Places to Visit



6. Wed, 1/4

- Go to Noi Bai Airport or Cat Bi Airport to Da Nang
- Arrive at Da nang airport, check in Hotel..
- Free time for swimming at My Khe beach.

7. Thu, 2/4

- Visit Ba Na Hill

"The Ba Na cable Car, opened on 29 March 2013, holds the world record for longest non-stop single track cable car at 5,801 metres (19,032 ft) in length"

Hoi An

UNESCO

World Heritage Site



8. Fri, 3/4

- Hoi An city tour.
- Free time for relaxing or swimming at Cua Dai Beach.
- Free time for swimming at My Khe beach.

9. Sat, 4/4

- Bike tour Tra Que Vegetable Village and Cooking class.
- Evening Debriefing With Class and Farewell Dinner.

10. Sun, 5/4

- Bus to Da Nang Airport, home.

Price sheet

Price (in USD per student in group)



10-14 Students



without tax: 1,435 USD

with 10% VAT: 1,579 USD

per student

15-19 Students



without tax: 1,318 USD

with 10% VAT: 1,450

per student

VIETNAM



VIETNAM





COSTA RICA



- Location: 5 nights in San Vito and 3 nights in San José



BORDER HEALTH:

Exploring migrant and trans-border health in Costa Rica

COSTA RICA

- The course involves travel to Costa Rica for 10 days where students will engage in field visits, seminars, and workshops.
- Students will work with faculty from SDSU-UCSD's Joint Doctoral Program in Global Health (JDP-GH) as well as the Interamerican Center for Global Health in Costa Rica (Centro Interamericano para la Salud Global: CISG).
- Field site visits include primary care clinics, rural hospitals, border health offices, and NGOs.
- The topic area of discussions will be on migrant and border health in rural contexts.
- The course is available for SDSU master's and doctoral students in relevant fields of study.

COSTA RICA

- Dates: Spring break 2020
- Cost: 1875 USD

