

Kristen Hanzak Walter, Ph.D.

EDUCATION:

- 08/06 – 08/10** **Doctor of Philosophy in Clinical Psychology, August 2010**
Kent State University, Kent, Ohio (APA approved)
- 08/09 – 07/10** **Predoctoral Psychology Internship**
Posttraumatic Stress Disorder (PTSD) specialty track
Cincinnati VA Medical Center, Cincinnati, Ohio (APA approved)
- 08/04 – 08/06** **Master of Arts in Clinical Psychology, August 2006**
Kent State University, Kent, Ohio (APA approved)
- 08/99 – 05/03** **Bachelor of Arts in Psychology and Sociology, May 2003**
cum laude
Case Western Reserve University, Cleveland, Ohio

CURRENT LICENSES HELD:

State of Ohio

State Board of Psychology
Licensed since November 23, 2011
Currently licensed through September 30, 2024

State of California

State Board of Psychology
Licensed since September 29, 2014
Currently licensed through March 31, 2024

CURRENT POSITION:

- 09/19 – Present** **Clinical Research Psychologist**
Division Head, Clinical Research Program
Health and Behavioral Sciences, Naval Health Research Center (NHRC)
San Diego, California

PREVIOUS POSITIONS:

- 10/14 – 08/19** **Clinical Research Psychologist, Leidos Contractor**
Health and Behavioral Sciences, Naval Health Research Center (NHRC)
San Diego, California
- 09/13 – 10/14** **Psychologist/Independent Clinical Evaluator**
Veterans Medical Research Foundation
VA San Diego Healthcare System
San Diego, California
- 08/10 – 07/13** **Staff Psychologist**
Trauma Recovery Center
Cincinnati VA Medical Center
Cincinnati, Ohio

PEER-REVIEWED PUBLICATIONS:

Walter, K. H., Otis, N. P., Ray, T. N., Glassman, L. H., Beltran, J. L., Kobayashi Elliott, K. T., & Michalewicz-Kragh, B. (Under Review). A randomized controlled trial of surf and hike therapy for U.S. active duty service members with major depressive disorder. *BMC Psychiatry*.

Miggantz, E. L., Orchowski, L. M., Beltran, J. L., **Walter, K. H.,** Hollingsworth, J., Davis, K. C., Zong, Z. Y., Meza-Lopez, R., Hutchins, A., & Gilmore, A. K. (Under review). Alcohol-Involved Sexual Assault in the U.S. Military: A Scoping Review. *Trauma, Violence, & Abuse*.

Walter, K. H., McCabe, C. T., Watrous, J. R., Kohen, C. B., Beltran, J. L., Kirk, A., & Campbell, J. S. (2022). Psychological Comorbidity: Predictors of Residential Treatment Response among U.S. Service Members with PTSD. *Journal of Traumatic Stress*.
<https://doi.org/10.1002/jts.22838>

Walter, K. H., Levine, J. A., Madra, N. J., Beltran, J. L., Glassman, L. H., & Thomsen, C. J. (2022). Gender Differences in Disorders Comorbid with Posttraumatic Stress Disorder Among U.S. Sailors and Marines. *Journal of Traumatic Stress*.
<https://doi.org/10.1002/jts.22807>

Walter, K. H., Otis, N. P., Del Re, A. C., Kohen, C. B., Glassman, L. H., Ober, K. M., & Hose, M. K. (2021). The National Veterans Summer Sports Clinic: Change and Duration of Psychological Outcomes. *Psychology of Sport and Exercise*, 55, 101939.
<https://doi.org/10.1016/j.psychsport.2021.101939>

Glassman, L. H., Otis, N. P., Michalewicz-Kragh, B., & **Walter, K. H.** (2021). Gender Differences in Psychological Outcomes Following Surf Therapy Sessions Among U.S. Service Members. *International Journal of Environmental Research and Public Health*, 18, 4634. <https://doi.org/10.3390/ijerph18094634>

Walter, K. H., Kohen, C. B., McCabe, C. T., Watrous, J. R., & Campbell, J. S. (2021). Overcoming Adversity and Stress Injury Support (OASIS): Evaluation of Residential Treatment Outcomes for U.S. Service Members with PTSD. *Journal of Traumatic Stress*, 34, 551–562. doi: 10.1002/jts.22652

Wells, S., **Walter, K. H.,** Strasshofer, D. R., Schnitzer, J. S., Thorp, S. R., Dedert, E., Morland, L., & Glassman, L. H. (2021). Do Older Veterans Experience Change in Posttraumatic Cognitions Following Prolonged Exposure Therapy and Relaxation Therapy? *Psychological Trauma: Theory, Research, Practice, and Policy*.
<https://doi.org/10.1037/tra0001119>

Walter, K. H., LeardMann, C. A., Carballo, C. E., McMaster, H. M., Donoho, C. J., & Stander, V. A. (2021). Service Members' Posttraumatic Stress Disorder Symptom Clusters Predict New-onset Depression among Military Spouses. *Journal of Traumatic Stress*, 34, 229-240. doi: 10.1002/jts.22575

- Walter, K. H.**, Glassman, L. H., Wells, S. Y., Thorp, S. R., & Morland, L. A. (2020). The impact of depression severity on treatment outcomes among older male combat veterans with PTSD. *Journal of Traumatic Stress, 33*, 345-352. doi: 10.1002/jts.22503
- Otis, N. P., **Walter, K. H.**, Glassman, L. H., Ray, T. N., Michalewicz-Kragh, B., & Thomsen, C. J. (2020). Effects of PTSD and MDD comorbidity on psychological changes during surf therapy sessions for active duty service members. Special Issue of *Global Journal of Community Psychology and Practice on Surf Therapy*.
- Walter, K. H.**, Sarkisian, G. V., Martinez, G., & Ward, P. B. (2020). Surf Therapy Practice, Research, and Coalition Building: Future Directions. Special Issue of *Global Journal of Community Psychology and Practice on Surf Therapy around the Globe*.
- Sarkisian, G. V., **Walter, K. H.**, Martinez, G., & Ward, P. B. (2020). Introduction to the Special Issue on Surf Therapy around the Globe. Special Issue of *Global Journal of Community Psychology and Practice on Surf Therapy around the Globe*.
- Glassman, L. H., Mackintosh, M.A., Wells, S., Wickramasinghe, I., **Walter, K. H.**, & Morland, L. A. (2020). Predictors of quality of life following cognitive processing therapy in women and men with posttraumatic stress disorder. *Military Medicine, 1-7*. doi:10.1093/milmed/usz474
- Armenta, R. F., **Walter, K. H.**, Geronimo-Hara, T. R., Porter, B., Stander, V., & LeardMann, C. A. (2019). Longitudinal trajectories of comorbid PTSD and depression symptoms among U.S. service members and veterans. *BMC Psychiatry, 19*, 396. doi: 186/s12888-019-2375-1
- Walter, K. H.**, Otis, N. P., Glassman, L. H., Ray, T. N., Michalewicz-Kragh, B., Elliott, K. T., & Thomsen, C. J. (2019). Comparison of surf and hike therapy for active duty service members with major depressive disorder: Study protocol for a randomized controlled trial of novel interventions in a naturalistic setting. *Contemporary Clinical Trials Communications*. doi: 10.1016/j.conctc.2019.100435
- Walter, K. H.**, Otis, N. P., Ray, T. N., Powell, A. L., Glassman, L. H., Michalewicz-Kragh, B., & Thomsen, C. J. (2019). Breaking the Surface: Psychological Outcomes among U.S. active duty service members following a surf therapy program. *Psychology of Sport and Exercise, 45*, 101551. doi: 10.1016/j.psychsport.2019.101551
- Thorp, S. R., Glassman, L. H., Wells, S. Y., **Walter, K. H.**, Gebhardt, H., Twamley, E. W., Golshan, S., Pittman, J. O. E., Penski, K., Allard, C. B., Morland, L. A., & Wetherell, J. (2019). A randomized controlled trial of prolonged exposure therapy versus relaxation training for older veterans with PTSD. *Journal of Anxiety Disorders, 64*, 45-54. doi: 10.1016/j.janxdis.2019.02.003
- Walter, K. H.**, Levine, J. A., Highfill-McRoy, R. M., Navarro, M., & Thomsen, C. J. (2018). The Prevalence of PTSD and psychological comorbidities among U.S. active duty service members, 2006-2013. *Journal of Traumatic Stress, 31*, 837-844. doi:10.1002/jts.22337
- Walter, K. H.**, Glassman, L. H., Hunt, W. M., Otis, N. P., & Thomsen, C. J. (2018). Evaluation of an integrated treatment for active duty service members with comorbid posttraumatic

- stress disorder and major depressive disorder: Study protocol for a randomized controlled trial. *Contemporary Clinical Trials*, 64, 152-160. doi:10.1016/j.cct.2017.10.010
- Donoho, C.J., LeardMann, C., O'Malley, C. A., **Walter, K. H.**, Riviere, L., Curry, J. F., & Adler, A. (2018). Depression among military spouses: Demographic, military, and service member psychological health risk factors. *Depression and Anxiety*, 35, 1137–1144. doi: 10.1002/da.22820
- Glassman, L. H., Mackintosh, M. A., Talkovsky, A., Wells, S. Y., **Walter, K. H.**, Wickramashinghe, I., & Morland, L. A. (2017). Quality of Life Following Treatment for PTSD: Comparison of videoteleconferencing and in-person modalities. *Journal of Telemedicine and Telecare*. doi: 10.1177/1357633X17740610
- Bormann, J. E., **Walter, K. H.**, Leary, S., & Glaser, D. (2017). An Internet-delivered Mantram Repetition Program for Mindfulness and Spiritual Wellbeing in Healthcare Workers. *Spirituality in Clinical Practice*, 4, 64-73. doi: 10.1037/scp0000118
- Hernandez, T. D., Brenner, L. A., **Walter, K. H.**, Bormann, J., & Johansson, B. (2016). Complementary and Alternative Medicine (CAM) following Traumatic Brain Injury (TBI): Opportunities and Challenges. *Brain Research Special Issue: Brain Injury and Recovery*. doi: 10.1016/j.brainres.2016.01.025
- Walter, K. H.**, Jak, A. J., & Twamley, E. W. (2015). Psychiatric Comorbidity Effects on Compensatory Cognitive Training Outcomes for Veterans with Traumatic Brain Injuries: A Brief Report. *Rehabilitation Psychology*. Advance online publication. doi: 10.1037/rep0000049
- Schumm, J.A., Dickstein, B. D., **Walter, K. H.**, Owens, G. P., & Chard, K.M. (2015). Changes in Posttraumatic Cognitions Predict Changes in Posttraumatic Stress Disorder Symptoms During Cognitive Processing Therapy. *Journal of Consulting and Clinical Psychology*. Advance online publication. doi: 10.1037/ccp0000040
- Schumm, J.A., **Walter, K. H.**, Bartone, A.S., & Chard, K.M. (2015). Veteran Satisfaction and Treatment Preferences in Response to a Posttraumatic Stress Disorder Specialty Clinic Orientation Group. *Behaviour Research and Therapy*. doi: 10.1016/j.brat.2015.04.006
- Voelkel, E., Pukay-Martin, N. D., **Walter, K. H.**, & Chard, K. M. (2015). Effectiveness of Cognitive Processing Therapy for Male and Female Veterans with and without Military Sexual Trauma. *Journal of Traumatic Stress*, 00, 1-9. doi: 10.1002/jts.22006
- Walter, K. H.**, Varkovitzky, R. L., Owens, G. P., Lewis, J., & Chard, K. M. (2014). Cognitive processing therapy for veterans with posttraumatic stress disorder: A cross-sectional and longitudinal comparison between outpatient and residential PTSD Treatment. *Journal of Consulting and Clinical Psychology*, 82, 551-561. doi: 10.1037/a0037075
- Walter, K. H.**, Dickstein, B. J., Barnes, S. M., & Chard, K. M. (2014). CPT v. CPT-C: Comparing effectiveness among veterans in an interdisciplinary residential PTSD/TBI treatment program. *Journal of Traumatic Stress*, 27, 438-445. doi: 10.1002/jts.21934

- Speicher, S. M., **Walter, K. H.**, & Chard, K. M. (2014). Interdisciplinary Residential Treatment for PTSD/TBI: Reductions in PTSD and Depression Symptom Severity and Improvements in Occupational Performance and Satisfaction. *American Journal of Occupational Therapy*, *68*, 412–421. doi: 10.5014/ajot.2014.011304
- Weaver, T. L., **Walter, K. H.**, Chard, K. M., & Bosch, J. (2014). Residual Injury, Appearance-Related Concerns, Symptoms of Posttraumatic Stress Disorder and Depression within a Treatment-Seeking Veteran Sample. *Military Medicine*, *179*, 1067-1071. doi: 10.7205/MILDMED-D-13-00414
- Bormann, J. E., Oman, D., **Walter, K. H.** & Johnson, B. (2014). Mindful attention increases and mediates psychological outcomes following mantram repetition practice in veterans with posttraumatic stress disorder. *Medical Care*, *12, Supplement 5*, 13-18. doi: 10.1097/MLR.0000000000000200
- Walter, K. H.**, Buckley, A., Simpson, J. M. & Chard, K. M. (2014). Residential PTSD treatment for female veterans with military sexual trauma: Does a history of childhood sexual abuse influence outcome? *Journal of Interpersonal Violence*, *29*, 971-986. doi: 10.1177/0886260513506055
- Dickstein, B. D., **Walter, K. H.**, Schumm, J.A. & Chard, K. M. (2013). Comparing Response to Cognitive Processing Therapy in Military Veterans with Subthreshold and Threshold Posttraumatic Stress Disorder. *Journal of Traumatic Stress*, *26*, 1–7. doi: 10.1002/jts.21869
- Schumm, J. A., **Walter, K. H.**, & Chard, K. M. (2013). Latent Class Differences Explain Variability in PTSD Symptom Changes during Cognitive Processing Therapy for Veterans. *Psychological Trauma: Theory, Research, Practice, and Policy*, *5*, 536-544. doi: 10.1037/a0030359
- Davis, J. J., **Walter, K. H.**, Chard, K. M., Parkinson, R. B., & Houston, W. S. (2013). Treatment Adherence in Cognitive Processing Therapy for Combat-related PTSD with History of Mild TBI. *Rehabilitation Psychology*, *58*, 36-42. doi: 10.1037/a0031525
- McIlvain, S. M., **Walter, K. H.**, & Chard, K. M. (2012). The effectiveness of CPT-C in a residential treatment setting with an OEF/OIF veteran with PTSD and a history of severe TBI: A case study. *Cognitive and Behavioral Practice*, *20*, 375-382. doi: 10.1016/j.cbpra.2012.09.002
- Walter, K. H.**, Barnes, S. M., & Chard, K. M. (2012). The influence of MDD on residential treatment outcome among veterans with PTSD and a history of TBI. *Journal of Traumatic Stress*, *25*, 426-432. doi: 10.1002/jts.21722
- Walter, K. H.**, Kiefer, S. L., & Chard, K. M. (2012). The relationship between PTSD and post-concussive symptom improvement after completion of a PTSD residential treatment program. *Rehabilitation Psychology*, *57*(1), 13-17. doi: 10.1037/a0026254
- Walter, K. H.**, Bolte, T.A., Owens, G. P. & Chard, K. M. (2012). The Impact of Personality Disorders on Treatment Outcome for Veterans in a Posttraumatic Stress Disorder Residential Treatment Program. *Cognitive Therapy and Research*, *36*, 576-584.

doi: 10.1007/s10608-011-9393-8

- Barnes, S. M., **Walter, K. H.**, & Chard, K. M. (2012). Does a history of mild traumatic brain injury increase suicide risk in Veterans with PTSD? *Rehabilitation Psychology, 57*(1), 18-26. doi: 10.1037/a0027007
- Perez, S., Johnson, D. M., **Walter, K. H.**, & Johnson, N. (2012). The role of PTSD and length of shelter stay in battered women's severity of re-abuse after leaving shelter. *Journal of Aggression, Maltreatment & Trauma, 25*, 675-81. doi: 10.1080/10926771.2012.702712
- Owens, G. P., **Walter, K. H.**, Chard, K. M. & Davis, P.A. (2011). Changes in mindfulness skills and treatment response among veterans in residential PTSD treatment. *Psychological Trauma: Theory, Research, Practice, and Policy, 4*, 221-228. doi: 10.1037/a0024251
- Walter, K. H.**, Horsey, K. J., Palmieri, P., & Hobfoll, S. E. (2010). The role of protective factors in the relationship between childhood trauma and later resource loss. *Journal of Traumatic Stress, 23*(2), 264-273. doi: 10.1002/jts.20504
- Walter, K. H.**, Palmieri, P. A., & Gunstad, J. (2010). More than symptom reduction: Changes in executive function over the course of PTSD treatment. *Journal of Traumatic Stress, 23*(2), 292-295. doi: 10.1002/jts.20506
- Walter, K. H.**, Gunstad, J., & Hobfoll, S. E. (2010). Self-control predicts later symptoms of posttraumatic stress disorder. *Psychological Trauma: Theory, Research, Practice, and Policy, 2*(2), 97-101. doi: 10.1037/a0018958
- Walter, K. H.** & Hobfoll, S. E. (2009). The relationship between resource loss and PTSD among inner-city women. *Journal of Interpersonal Violence, 24*(3), 482-498. doi: 10.1177/0886260508317174
- Spitznagel, M.B., Updegraff, J., Pierce, K., **Walter, K. H.**, Collinsworth, T., Glickman, E., & Gunstad, J. (2009). Cognitive function during acute cold exposure with or without sleep deprivation lasting 53 h. *Aviation Space and Environmental Medicine, 80*, 703-708. doi: 10.3357/ASEM.2507.2009
- Spitznagel, M. B., Gunstad, J., Glickman, E., Alexander, T., Juvancic-Heltzel, J., **Walter, K.**, & Leigh, M. (2008). Serum amyloid beta is associated with reduced cognitive function in healthy older adults. *Journal of Neuropsychiatry and Clinical Neuroscience, 20*, 327-30. doi: 10.1176/jnp.2008.20.3.327
- Hobfoll, S. E., **Walter, K. H.**, & Horsey, K. J., (2008). Dose and fit are vital to intervention success. *Psychiatry: Interpersonal and Biological Processes, 71*(4), 308-318. doi: 10.1521/psyc.2008.71.4.308

BOOK CHAPTERS:

- Healy, E. T., **Walter, K. H.**, & Chard, K. M. (2016). Effectiveness of Cognitive Processing Therapy for PTSD in Various Populations. In C. Martin, V. Preedy, & V. B. Patel (Eds),

The Comprehensive Guide to Post-Traumatic Stress Disorders. New York, NY: Springer International. doi: 10.1007/978-3-319-08613-2_114-1

Wells, S. Y., Williams, K., **Walter, K. H.**, Moreno, L., Butler, E., Glassman, L. & Thorp, S. R. (2015). The Informed consent process for therapeutic communication in clinical videoteleconferencing. In P. Tuerk & P. Shore (Eds), *Behavioral Telehealth Series: Clinical Videoconferencing in Telehealth: Program Development and Practice*. New York, NY: Springer International.

Chard, K. M. & **Walter, K. H.** (2015). Cognitive Processing Therapy: Beyond the Basics. In M. P. Safir, A. S. Rizzo, & H. S. Wallach (Eds), *Future Directions in Post Traumatic Stress Disorder: Prevention, Diagnosis and Treatment*. New York, NY: Springer International. doi: 10.1007/978-1-4899-7522-5_12

Walter, K. H., Hall, B. J. & Hobfoll, S. E. (2008). The role of resource loss in the aftermath of trauma: Implications for intervention and recovery for business corporations. In R. Burke & C. Cooper (Eds.), *International terrorism and threats to security: Managerial and organizational challenges*. Northampton, MA: Edward Elgar Press.

Walter, K. H., Hall, B. J. & Hobfoll, S. E. (2008). Conservation of Resource Theory. In G. Reyes, J. Elhai & J. Ford (Eds.). *Encyclopedia of Psychological Trauma* (pp. 157-159). Hoboken, NJ: Wiley.

Hall, B. J., **Walter, K. H.** & Hobfoll, S. E. (2008). Stress. In G. Reyes, J. Elhai & J. Ford (Eds.). *Encyclopedia of Psychological Trauma*. Hoboken, NJ: Wiley.

Rattigan, S. S., Walt, L. C., **Walter, K. H.**, & Hobfoll, S. E. (2008). Social Support. In Tinsley, H. E. A., & Lease, S. H. (Volume Editors). *Encyclopedia of Counseling: Volume 2. Personal and Emotional Counseling* (pp.872-875). Editor-in-chief: F. T. L. Leong. Thousand Oaks, CA: Sage Publications.

Hall, B. J., Rattigan, S., **Walter, K. H.**, & Hobfoll, S. E. (2006). Conservation of Resources Theory and Trauma: An evaluation of new and existing principles. In Petra Buchwald (Ed.), *Stress and Anxiety - Application to Health, Community, Work Place, and Education* (pp. 230-250). Cambridge Scholar Press Ltd.

PRESENTATIONS:

Walter, K. H., Jun, H. J., Glassman, L. H., Pippard, N., & Schmied, E. (November 2022). *Examining the Impact of Suicide Exposure in the Military: Does it Differ by Gender?* Poster presentation accepted at the 2022 Association of Behavioral and Cognitive Therapies (ABCT), New York, NY.

Walter, K. H., Otis, N. P., Ray, T. N., Glassman, L. H., Beltran, J. L., Kobayashi Elliott, K. T., & Michalewicz-Kragh, B. (November 2022). *A randomized controlled trial of surf and hike therapy for U.S. active duty service members with major depressive disorder*. Poster presentation accepted at the 2022 Association of Behavioral and Cognitive Therapies (ABCT), New York, NY.

- Schmied, E. A., Glassman, L. H., Jun, H. J., & **Walter, K. H.** (November 2022). *The impact of PTSD and behavioral health factors on suicidality in service members following suicide exposure*. Flash talk presentation accepted at the 2022 Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Atlanta, GA.
- Otis, N. P., **Walter, K. H.**, Ray, T. N., Glassman, L. H., Beltran, J. L., Kobayashi Elliott, K. T., & Michalewicz-Kragh, B. (November 2022). *Comorbidity of depression and PTSD: outcomes from a randomized controlled trial of surf and hike therapies among service members*. Poster presentation accepted at 2022 Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Atlanta, GA.
- Walter, K.H.** (October 2022). *A randomized controlled trial of surf and hike therapy for service members with major depressive disorder*. Invited keynote speaker at the 2022 International Surf Therapy Organization (ISTO) Conference, Manhattan Beach, CA.
- Otis, N. P., **Walter, K. H.**, Ray, T., N., Glassman, L. H., Beltran, J. L., Kobayashi Elliott, K. T., & Michalewicz-Kragh, B. (October 2022). *Surf and hike therapy for major depressive disorder: A randomized controlled trial*. Presentation accepted at Shaping How we Invest for Tomorrow (SHIFT) 2022 Annual Meeting, Fort Collins, CO.
- Miggantz, E.L., Orchowski, L., Beltran, J., **Walter, K. H.**, Hollingsworth, J., Cue Davis, K., Zong, Z., Meza-Lopez, R., Hutchins, A., & Gilmore, A. (August 2022). *A scoping review of alcohol-related sexual assaults among veterans and U.S. active duty service members*. Poster presentation accepted to the Institute on Violence Abuse and Trauma (IVAT) 27th San Diego International Summit, San Diego, CA.
- Schmied, E., Jun, H. J., Glassman, L. H., Pippard, N., & **Walter, K. H.** (June 2022). *Examining the Impact of Suicide Exposure in the Military: Does it Differ by Gender?* Poster presentation accepted at the 2022 Suicide Research Symposium, Virtual Meeting.
- Miggantz, E.L., Orchowski, L., Beltran, J., **Walter, K.H.**, Hollingsworth, J., Cue Davis, K., Zong, Z., Meza-Lopez, R., Hutchins, A., Leone, R.M., & Gilmore, A. (June 2022). Percentage of alcohol-related sexual assaults among U.S. active duty service members and veterans: A scoping review. Poster presentation at the 45th Annual Scientific Meeting of the Research Society on Alcoholism, Orlando, FL.
- Walter, K.H.**, Otis, N.P., Ray, T.N., Glassman, L.H., Beltran, J.L., Kobayashi Elliott, K. T., & Michalewicz-Kragh, B. (May 2022). *A Randomized Controlled Trial of Surf and Hike Therapy for U.S. Active Duty Service Members with Major Depressive Disorder*. Podium presentation at the Navy-wide Academic Research Competition (ARC), San Diego, CA.
- Walter, K.H.**, Levine, J.A., Madra, N.J., Glassman, L.H., Miggantz, E.L., & Beltran, J.L. (May 2022). *Sex Differences Among U.S. Active Duty Service Members with Posttraumatic Stress Disorder and Comorbid Disorders*. Poster presentation at the Organization for the Study of Sex Differences (OSSD) 2022 Annual Meeting, Marina del Rey, CA.
- Walter, K.H.**, Otis, N.P., Ray, T.N., Glassman, L.H., Beltran, J.L., Kobayashi Elliott, K. T., & Michalewicz-Kragh, B. (April 2022). *A Randomized Controlled Trial of Surf and Hike*

Therapy for U.S. Active Duty Service Members with Major Depressive Disorder. Podium presentation at the Navy Medicine Readiness and Training Command (NMRTC) 2022 Academic Research Competition (ARC), San Diego, CA.

Miggantz, E.L., Orchowski, L., Beltran, J., **Walter, K.H.**, Hollingsworth, J., Cue Davis, K., Zong, Z., Meza-Lopez, R., Hutchins, A., & Gilmore, A. (April 2022). *Percentage of Alcohol-Related Sexual Assaults Among U.S. Active Duty and Reserve Service Members and Veterans: A Scoping Review*. Poster presentation at the Navy Medicine Readiness and Training Command (NMRTC) 2022 Academic Research Competition (ARC), San Diego, CA.

Orchowski, L. M., **Walter, K. H.**, Davis, K. C., Hollingsworth, J. Zong, Z., Meza-Lopez, R., Beltran, J. L., Salamanca, N. K., Miggantz, E. L., & Gilmore, A. K. (March 2022). *Personalized Web-based Sexual Assault Prevention for Sailors*. Presentation accepted to the 19th Hawaii International Summit on Preventing, Assessing, & Treating Trauma Across the Lifespan, Honolulu, HI.

Walter, K. H. (January 2022). *The Psychological Effects of Physical Activity Interventions among U.S. Service Members and Veterans*. Invited virtual presentation at Tulane Medical School Grand Rounds.

Walter, K. H., Levine, J. A., Madra, N. J., Glassman, L. H., & Beltran, J. L. (November 2021). *Sex Differences among U.S. Active Duty Service Members with Posttraumatic Stress Disorder and Comorbid Disorders*. Poster presented at the Association of Behavioral and Cognitive Therapies (ABCT) 2021 Annual Convention, Virtual Conference.

Walter, K. H., Levine, J. A., Madra, N. J., Glassman, L. H., & Beltran, J. L. (November 2021). *Sex Differences among U.S. Active Duty Service Members with Posttraumatic Stress Disorder and Comorbid Disorders*. Poster presented at the at the 2021 Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Virtual Conference.

Walter, K. H., Levine, J. A., Madra, N. J., Glassman, L. H., & Beltran, J. L. (October 2021). *Sex Differences among U.S. Active Duty Service Members with Posttraumatic Stress Disorder and Comorbid Disorders*. Poster presented at the 2021 San Antonio Virtual Combat PTSD Conference.

Walter, K. H. & Miggantz, E. L. (September 2021). *PTSD and Stress Exposure – Gender Differences*. Invited presentation at the VA/DoD Women’s Mental Health Mini-Residency, Virtual Conference.

Walter, K. H. (May 2021). *The Psychological Effects of Outdoor Recreational Activity among Service Members and Veterans*. Panel presentation on Nature and Mental Health among Veterans at the 2021 Department of Veterans Affairs Research Week. Virtual presentation.

Beltran, J., **Walter, K. H.**, Kohen, C., McCabe, C., Watrous, J., Madra, N., Campbell, J. (May 2021). *Overcoming Adversity and Stress Injury Support (OASIS): Evaluation of Residential Treatment Outcomes for U.S. Active Duty Service Members*. Podium presentation at the 36th Annual Navy-Wide Academic Research Competition. Bethesda, MD. Virtual presentation.

- Walter, K. H.,** Levine, J. A., Madra, N. J., Glassman, L. H., Beltran, J. L. (April 2021). *Sex Differences among U.S. Active Duty Service Members with Posttraumatic Stress Disorder and Comorbid Disorders*. Podium presentation at the 2021 Naval Medical Center San Diego, Academic Research Competition. San Diego, CA. Virtual presentation.
- Beltran, J., **Walter, K. H.,** Kohen, C., McCabe, C., Watrous, J., Madra, N., Campbell, J. (April 2021). *Overcoming Adversity and Stress Injury Support (OASIS): Evaluation of Residential Treatment Outcomes for U.S. Active Duty Service Members*. Podium presentation at the Naval Medical Center San Diego, Academic Research Competition. San Diego, CA. Virtual presentation.
- Walter, K. H.** (February 2021). *Reigniting the Stoke: The Psychological Effects of Surf Therapy*. Invited Leverett lecture at The Citadel. Virtual presentation.
- Miggantz, E. L. & **Walter, K. H.** (February 2021). *PTSD among Women in the Military: Preliminary Results of a Scoping Review*. Poster presented at the TSNRP Women in Combat Virtual Summit.
- Walter, K. H.** (December 2020). *Effects of PTSD and MDD Comorbidity on Psychological Changes during Surf Therapy Sessions for Active Duty Service Members*. Invited panel presentation at the 2020 International Surf Therapy Organization (ISTO) Symposium Virtual Conference.
- McMaster, H. M., **Walter, K. H.,** LeardMann, C. A., Carballo, C. E., Donoho, C. J., & Stander, V. A. (December 2020) *Service Members' Posttraumatic Stress Disorder Symptom Clusters Predict New-onset Depression among Military Spouses*. Poster presented at the 2020 Annual Meeting of the Association of Military Surgeons of the United States (AMSUS), Virtual Conference.
- Walter, K. H.,** McCabe, C. T., Watrous, J. R., Beltran, J. L., Madra, N. J., & Campbell, J. S. (November 2020). Psychological Comorbidity: Predictors of Residential Treatment Response among U.S. Service Members with PTSD. In P. Held (Chair), *Not Everyone Responds Equally: Evaluating and Predicting Treatment Response Trajectories in Residential and Intensive Outpatient Treatment Programs for Veterans/Service Members with PTSD*. Symposium presented at the 2020 Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Virtual Conference.
- Walter, K. H.,** Otis, N. P., Kohen, C. B., Glassman, L. H., Ober, K. M., & Hose, M. K. (November 2020). *The National Veterans Summer Sports Clinic: Psychological Outcomes among Veterans with Probable PTSD*. Poster presented at the 2020 Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Virtual Conference.
- Otis, N. P., **Walter, K. H.,** Glassman, L. H., Ray, T. N., Michalewicz-Kragh, B., & Thomsen, C. J. (November 2020). *Effects of PTSD and MDD Comorbidity on Psychological Changes during Surf Therapy Sessions*. Poster presented at the 2020 Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Virtual Conference.
- Walter, K.H.** (November 2020). *The Future of Surf Therapy Research*. Contributor Webinar, invited series sponsored by the International Surf Therapy Organization (ISTO).

- Madra, N. J., **Walter, K. H.**, Kohen, C. B., McCabe, C. T., Watrous, J. R., Campbell, J. S. & Thomsen, C. J. (November 2020). *Overcoming Adversity and Stress Injury Support (OASIS): Evaluation of Residential Treatment Outcomes for U.S. Service Members with PTSD*. Poster presented at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies (ABCT), Virtual Conference.
- Walter, K. H.** (September 2020). *Reigniting the Stoke: The Psychological Effects of Surf Therapy*. Invited VA continuing education program at the 2020 National Veterans Summer Sports Clinic (NVSSC). Virtual presentation.
- Walter, K.H.** (August 2020). *The Mental Health Benefits of Outdoor Recreation*. SHIFT Health & Nature Webinar, invited series sponsored by the National Park Service and AllTrails.
- McMaster, H. M., **Walter, K. H.**, LeardMann, C. A., Carballo, C. E., Donoho, C. J., & Stander, V. A. (August 2020). *Service Members' Posttraumatic Stress Disorder Symptom Clusters Predict New-onset Depression among Military Spouses*. Poster presentation accepted to the 2020 Military Health System Research Symposium (MHSRS), Kissimmee, FL. (Conference canceled)
- Watrous, J. R., **Walter, K. H.**, Kohen, C. B., McCabe, C. T., Campbell, J. S. & Thomsen, C. J. (August 2020). *Overcoming Adversity and Stress Injury Support (OASIS): Evaluation of Residential Treatment Outcomes for U.S. Service Members with PTSD*. Presentation accepted to the 2020 Military Health System Research Symposium (MHSRS), Kissimmee, FL. (Conference canceled)
- Madra, N. J., Otis, N.P., **Walter, K. H.**, Glassman, L. H., Ray, T. N., Michalewicz-Kragh, B., Beltran, J. L., & Thomsen, C. J. (August 2020). *Effects of PTSD and MDD Comorbidity on Psychological Changes During Surf Therapy Sessions*. Poster presentation accepted to the 2020 Military Health System Research Symposium (MHSRS), Kissimmee, FL. (Conference canceled)
- Walter, K. H.** (May 2020). *Overcoming Adversity and Stress Injury Support (OASIS): Evaluation of Residential Treatment Outcomes for U.S. Service Members with PTSD*. Presentation for the Navy Bureau of Medicine and Surgery Special Programs Regional Monthly Meeting.
- Otis, N. P., **Walter, K. H.**, Glassman, L. H., Ray, T. N., Michalewicz-Kragh, B., & Thomsen, C. J. (May 2020). *Effects of PTSD and MDD Comorbidity on Psychological Changes During Surf Therapy Sessions*. Presentation accepted to the 2020 Annual Meeting, World Congress on Exercise is Medicine®, and World Congress on the Basic Science of Exercise and Regenerative Medicine of the American College of Sports Medicine (ACSM), San Francisco, CA. <http://www.acsm.org/events-detail/2020/05/26/default-calendar/acsm's-annual-meeting-2020> (Conference canceled)
- Miggantz, E., Markwald, R., Poh, P., **Walter, K. H.**, Carter, C., Glassman, L., Markham, A., & Sessoms, P. (December 2019). *Novel Approaches for Treatment Posttraumatic Stress with a Synergistic Sleep and 3MDR Immersion Therapy Program*. Poster presentation accepted to the 2019 Association for Military Surgeons of the United States (AMSUS) Annual Meeting, National Harbor, MD.

- Walter, K. H.,** LeardMann, C. A., Carballo, C. E., McMaster, H. M., Donoho, C. J., & Stander, V. A. (November 2019). Service Members' PTSD Symptom Clusters Predict New-onset Depression Among Military Spouses. In K. H. Walter (Chair), *The Delicate Web of Dyadic Relationships: Understanding and Reducing the Impact of PTSD*. Symposium presented at the 2019 Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Boston, MA.
- Walter, K. H.,** Kohen, C. B., McCabe, C. T., Watrous, J. R., Campbell, J. S. & Thomsen, C. J. (November 2019). Overcoming Adversity and Stress Injury Support (OASIS): Evaluation of Residential Treatment Outcomes for U.S. Service Members with PTSD. In K. H. Walter (Chair), *Along the Continuum: When Higher-Level PTSD Care is Needed for Recovery*. Symposium presented at the 2019 Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Boston, MA.
- Miggantz, E., Markwald, R., Poh, P., **Walter, K. H.,** Carter, C., Glassman, L., Markham, A., & Sessoms, P. (November 2019). *Novel Approaches for Treatment Posttraumatic Stress with a Synergistic Sleep and 3MDR Immersion Therapy Program*. Poster presented at the 2019 Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Boston, MA.
- Walter, K.H.** (November 2019). *The Impact Zone: The Intersection of Surf and Science*. Invited panel presentation at the 2019 International Surf Therapy Organization (ISTO) World First Surf Therapy Symposium.
- Walter, K.H.** (November 2019). *Global Journal of Community and Psychology Practice – Special Issue*. Invited panel presentation at the 2019 International Surf Therapy Organization (ISTO) World First Surf Therapy Symposium.
- Otis, N. P., **Walter, K. H.,** Glassman, L. H., Ray, T. N., Michalewicz-Kragh, B., & Thomsen, C. J. (October 2019). *Effects of PTSD and MDD comorbidity on psychological changes during surf therapy sessions for active duty service members*. Poster presentation at the 2019 SHIFT Festival in Jackson Hole, WY.
- Walter, K. H.,** Otis, N. P., Ray, T. N., Glassman, L. H., Powell, A. L., Humphreys, M. A., Michalewicz-Kragh, B., & Thomsen, C. J. (August 2019). *Changing the Tide: Psychological Outcomes among Active Duty Service Members Following a Surf Therapy Program*. Poster presentation at the 2019 Military Health System Research Symposium (MHSRS), Kissimmee, FL.
- Walter, K. H.** (July 2019). *Surf Therapy for Active Duty Service Members*. Presentation for the Navy Bureau of Medicine and Surgery Special Programs Regional Monthly Meeting.
- Walter, K. H.,** Otis, N. P., Ray, T. N., Glassman, L. H., Powell, A. L., Humphreys, M. A., Michalewicz-Kragh, B., & Thomsen, C. J. (June 2019). *Changing the Tide: Psychological Outcomes among Active Duty Service Members Following a Surf Therapy Program*. In G.V. Sarkisian (Chair), *Surf Therapy around the Globe*. Symposium presentation at the 17th Biennial Conference of the Society for Community Research and Action (SCRA), Chicago, IL.

- Walter, K. H.,** Otis, N. P., Ray, T. N., Glassman, L. H., Powell, A. L., Humphreys, M. A., Michalewicz-Kragh, B., & Thomsen, C. J. (May 2019). *Changing the Tide: Psychological Outcomes among Active Duty Service Members Following a Surf Therapy Program*. Rapid fire platform presentation at the 2019 Annual Meeting, World Congress on Exercise is Medicine®, and World Congress on the Basic Science of Exercise, Circadian Rhythms and Sleep of the American College of Sports Medicine (ACSM), Orlando, FL.
- Miggantz, E., Markwald, R., Poh, P., **Walter, K. H.,** Carter, C., Glassman, L., Markham, A., & Sessoms, P. (April 2019). *Novel Approaches for Treatment Posttraumatic Stress with a Synergistic Sleep and 3MDR Immersion Therapy Program*. Poster presentation at the 34th Annual Naval Medical Center San Diego Academic Research Competition (ARC) in San Diego, CA.
- Walter, K. H.,** Otis, N. P., Ray, T. N., Powell, A. L., Glassman, L. H., Michalewicz-Kragh, B., & Thomsen, C. J. (March 2019). *Breaking the Surface: Psychological Outcomes of Adjunctive Surf Therapy among Service Members with Probable PTSD*. In M. Roy (Chair), *Novel Therapeutics for Combat-related PTSD*. Symposium presentation at the 16th Annual Congress of the Society for Brain Mapping and Therapeutics (SBMT), Los Angeles, CA.
- Walter, K. H.** (November 2018). *Reigniting the Stoke: The Psychological Effects of Surf Therapy*. Medical Museum Science Café invited presentation at the National Museum of Health and Medicine, Washington, DC.
- Walter, K. H.,** Otis, N. P., Ray, T. N., Powell, A. L., Glassman, L. H., Michalewicz-Kragh, B., & Thomsen, C. J. (November 2018). *Breaking the Surface: Psychological Outcomes of Adjunctive Surf Therapy among Service Members with Probable PTSD*. In K. H. Walter (Chair), *Treating the Mind and the Body: The Benefits of Physical Activity Interventions for PTSD*. Symposium presentation at the 2018 Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Washington, DC.
- Walter, K. H.,** Armenta, R. F., Geronimo, T. R., Porter, B., Sander, V., & LeardMann, C. A. (November 2018). *Longitudinal Symptom Trajectories among Active Duty Service Members and Veterans with Comorbid PTSD and Depression*. Poster presentation at the 2018 Annual Meeting of the International Society for Traumatic Stress Studies (ISTSS), Washington, DC.
- Armenta, R. F., **Walter, K. H.,** Geronimo-Hara, T. R., Porter, B., Stander, V., & LeardMann, C. A. (November 2018). *Longitudinal Trajectories of Comorbid PTSD and Depression among Active Duty Service Members and Veterans*. Presentation at the 2018 American Public Health Association (APHA) Annual Meeting in San Diego, CA.
- Walter, K.H.** (October 2018). *Nature Contact: A Dialogue between Researchers and Practitioners on Emerging Best Practices*. Invited panel presentation at the 2018 SHIFT Festival in Jackson Hole, WY.
- Otis, N., Ray, T.N., Powell, A., Glassman, L.H., Thomsen, C.J., Michalewicz-Kragh, B., & **Walter, K. H.** (April 2018). *Surfing as an adjunctive form of therapy for active duty service members with major depressive disorder*. Poster presentation at the 33rd Annual Naval Medical Center San Diego Academic Research Competition (ARC) in San Diego, CA.

- Otis, N., Ray, T.N., Powell, A., Glassman, L.H., Thomsen, C.J., Michalewicz-Kragh, B., & **Walter, K. H.** (March 2018). *Surfing as an adjunctive form of therapy for active duty service members with major depressive disorder*. Poster presentation at the Navy and Marine Corps Public Health Center (NMCPHC) Conference in Norfolk, VA.
- Glassman, L. H., Wells, S. Y., Grubbs, K. M., **Walter, K. H.**, Thorp, S. R. & Morland, L. A. (November 2017). Alliance and homework completion in a sample of older adult veterans with PTSD. In J. S. Wachen & B. L. Niles (Chairs), *Factors influencing engagement with evidence-based psychotherapies for PTSD in diverse patient populations*. Symposium conducted at the Association for Behavioral and Cognitive Therapies (ABCT) 2017 Annual Convention in San Diego, CA.
- Ray, T.N., Otis, N., Powell, A., Glassman, L.H., Thomsen, C.J., Michalewicz-Kragh, B., & **Walter, K. H.** (November 2017). *Surfing as a complementary form of therapy for active-duty service members with major depressive disorder*. Poster presentation at the Association for Behavioral and Cognitive Therapies (ABCT) 2017 Annual Convention in San Diego, CA.
- Walter, K. H.**, Donoho, C.J., LeardMann, C., O'Malley, C. A., Riviere, L., Curry, J. F., & Adler, A. (November 2017). Risk factors for depression among military spouses: The contributions of demographic, military, and service member psychological health. In K. H. Walter (Chair), *PTSD does not occur in isolation: The wide-reaching impact of PTSD on romantic partners*. Symposium conducted at the 2017 Annual International Society for Traumatic Stress Studies (ISTSS) conference, Chicago, IL.
- Monroe, J. R., Dickstein, B. D., **Walter, K. H.**, & Chard, K. M. An updated comparison of pre-treatment characteristics and treatment response in veterans receiving outpatient and residential PTSD treatment. (November 2017) In P. Held (Chair), *Adapting evidence-based PTSD treatments for delivery in intensive treatment settings*. Panel presentation conducted at the 2017 Annual International Society for Traumatic Stress Studies (ISTSS) conference, Chicago, IL.
- Glassman, L. H., Wells, S. Y., Grubbs, K. M., **Walter, K. H.**, Morland, L. A., & Thorp, S. R. (November 2017). Alliance and PE homework completion in a sample of older adult veterans with PTSD. Poster presentation at the 2017 Annual International Society for Traumatic Stress Studies (ISTSS) conference, Chicago, IL.
- Walter, K. H.** (October 2017). *Behavioral Activation and its Integration with Other Interventions*. Grand Rounds, Naval Medical Center San Diego, San Diego, CA.
- Walter, K. H.** (April 2017). Surf Therapy for Psychological Symptoms. Bagby Lecture Series. Naval Hospital Camp Pendleton, Oceanside, CA.
- Walter, K. H.**, Ray, T. N., Glassman, L. H., Otis, N. P., Humphreys, M. A., Michalewicz-Kragh, B., & Thomsen, C. J. (April 2017). *Improving the Next Wave of Complementary and Alternative Medicine Research: Research Design for Evaluating Effects of Surf Therapy on PTSD and Related Outcomes*. Symposium conducted at the Anxiety and Depression Association of America (ADAA) 2017 Conference in San Francisco, CA.

- Walter, K. H.** (March 2017). *The Prevalence of Posttraumatic Stress Disorder and Psychological Comorbidities among Active-duty Service Members from 2006-2013 and Implications for Treatment*. Grand Rounds, Naval Medical Center San Diego, San Diego, CA.
- Walter, K. H.,** Ray, T. N., Glassman, L. H., Otis, N. P., Humphreys, M. A., Michalewicz-Kragh, B., & Thomsen, C. J. (March 2017). *Improving the Next Wave of Complementary and Alternative Medicine Research: Research Design for Evaluating Effects of Surf Therapy on PTSD and Related Outcomes*. Presentation given at the Navy Psychological Health Research Roundtable, San Diego, CA.
- Walter, K. H.,** Levine, J. A., Highfill-McRoy, R. M., Navarro, M., & Thomsen, C. J. (November 2016). *The Prevalence of Posttraumatic Stress Disorder and Psychological Comorbidities among Active-duty Service Members from 2006-2013 and Implications for Treatment*. Symposium presentation conducted at the 32nd Annual International Society for Traumatic Stress Studies (ISTSS) conference, Dallas, TX.
- Walter, K. H.,** Glassman, L. H., Wells, S. Y., Conover, K. L., Leek, T., & Thorp, S. R. (November 2016). *The Influence of Comorbid Depression on Treatment Outcome among Older Male Combat Veterans with PTSD*. Presentation at the 32nd Annual International Society for Traumatic Stress Studies (ISTSS) conference, Dallas, TX.
- Walter, K. H.** (November 2016). *The Art of Socratic Questioning*. Grand Rounds, Naval Medical Center San Diego, San Diego, CA.
- Walter, K. H.,** Hunt, W. M., Ray, T. N., Glassman, L. H., & Thomsen, C. J. (August 2016). *BA + CPT: Integrating evidence-based treatments for active-duty service members with PTSD and Comorbid MDD*. Presentation given at the Combat & Operational Stress Control Symposium, San Diego, CA.
- Walter, K. H.,** Voelkel, E., Pukay-Martin, N., & Chard, K. M. (April 2016). *Effectiveness of Cognitive Processing Therapy (CPT) for Veterans with and without Military Sexual Trauma (MST)*. Poster presented at the Naval Health Research Center, Sexual Assault Awareness and Prevention Event, San Diego, CA.
- Bormann, J. E., **Walter, K. H.,** Leary, S., Andrews, T., Glaser, D., & Kane, J. (April 2016). *Mantram Repetition Program for improving mindfulness and spiritual wellbeing in healthcare workers*. Paper presented at the 18th Annual International Society of Psychiatric Nurses meeting, Minneapolis, MN.
- Walter, K. H.,** Dickstein, B. D., Barnes, S. M., & Chard, K. M. (November 2015). *Comparing Effectiveness of CPT to CPT-C among U.S. Veterans in an Interdisciplinary Residential PTSD/TBI Treatment Program*. Symposium presentation conducted at the 49th Annual Meeting of the Association for Behavioral and Cognitive Therapies (ABCT), Chicago, IL.
- Walter, K. H.,** Luhring, S. K., Bartel, A., Parkinson, R. B., Chard, K. M., & Monroe, J. R. (November 2015). *An Exploratory Examination of the Association between PTSD, Depression, Subjective Cognitive Rating, and Cognitive Performance following*

PTSD/TBI Residential Treatment. Poster presented at the 31st Annual International Society for Traumatic Stress Studies (ISTSS) conference, New Orleans, LA.

- Morland, L. A., Wells, S. Y., Howard, I. C., Mikhael, T., Savage, U., Tunze, C. A., Sohn, M. J. **Walter, K. H.** & Thorp, S. R. (November 2015). *Preliminary Findings from a Study of Home- Based Psychotherapy for Posttraumatic Stress Disorder*. Poster presented at the 31st Annual International Society for Traumatic Stress Studies (ISTSS) conference, New Orleans, LA.
- Walter, K. H.**, Jak, A. J., & Twamley, E. W. (February 2015). *Effects of Compensatory Cognitive Training for Veterans with Traumatic Brain Injuries: Do Comorbid Posttraumatic Stress Disorder and Depressive Symptoms Limit Improvement?* Poster presented at the 43rd Annual Meeting of the International Neuropsychological Society, Denver, CO.
- Walter, K. H.**, Speicher, S. M., & Chard, K. M. (February 2015). *Treatment engagement among veterans with TBI and PTSD: Moving from practice to research and back again*. Workshop presented at the 17th Annual Rehabilitation Psychology Conference, San Diego, CA.
- Walter, K. H.**, Wells, S. Y., Howard, I. C., Liu, L., Agha, Z., & Thorp, S. R. (November 2014). *Do expectations of treatment influence PTSD symptom change?* Poster presented at the 30th Annual International Society for Traumatic Stress Studies (ISTSS) conference, Miami, FL.
- Walter, K. H.**, Bormann, J. E., Oman, D., & Johnson, B. D. (November 2014). *Mantram Repetition improves mindfulness awareness in military veterans with posttraumatic stress disorder: A randomized trial*. Poster presented at the 30th Annual International Society for Traumatic Stress Studies (ISTSS) conference, Miami, FL.
- Schumm, J. A., **Walter, K. H.**, Bartone, A., & Chard, K. M. (November 2014). *What Do Veterans Want?: Treatment Preferences among Veterans Attending a Department of Veterans Affairs Posttraumatic Stress Disorder Clinic Orientation Group*. Poster presented at the 30th Annual International Society for Traumatic Stress Studies (ISTSS) conference, Miami, FL.
- Wells, S. Y., **Walter, K. H.**, Howard, I. C., Liu, L., Agha, Z., & Thorp, S. R. (November 2014). *Evaluating dropout in a randomized controlled trial of veterans receiving cognitive processing therapy in-person and via video-teleconferencing*. Poster presented at the 30th Annual International Society for Traumatic Stress Studies (ISTSS) conference, Miami, FL.
- Voelkel, E., Pukay-Martin, N., **Walter, K. H.**, & Chard, K. M. (November 2014). *Effectiveness of Cognitive Processing Therapy (CPT) for Veterans with and without Military Sexual Trauma (MST)*. Poster presented at the 30th Annual International Society for Traumatic Stress Studies (ISTSS) conference, Miami, FL.
- Gobin, R. L., **Walter, K. H.**, Liu, L., & Thorp, S. (November 2014). *Baseline Associations Between Mindfulness and Posttraumatic Stress Disorder Symptoms among Treatment Seeking Veterans*. Poster presented at the 30th Annual International Society for Traumatic Stress Studies (ISTSS) conference, Miami, FL.

- Belding, W., **Walter, K. H.**, & Bormann, J. E. (November 2014). *Anger Management in Veterans with Post-Traumatic Stress Disorder after Completing a Mantram Program Intervention: A Randomized Trial*. Poster presented at the 30th Annual International Society for Traumatic Stress Studies (ISTSS) conference, Miami, FL.
- Schumm, J. A., **Walter, K. H.**, Bartone, A. B., & Chard, K. M. (November 2014). *What do veterans want?: Treatment preferences among veterans attending a department of veterans affairs posttraumatic stress disorder clinic orientation group*. Poster presented at the 30th Annual International Society for Traumatic Stress Studies (ISTSS) conference, Miami, FL.
- Walter, K. H.**, Buckley, A., Simpson, J. M. & Chard, K. M. (September 2014). *PTSD Treatment for Female Veterans with MST: Does History of CSA Influence Outcome?* Oral presentation at the 19th International Conference & Summit on Violence, Abuse & Trauma, San Diego, CA.
- Walter, K. H.** (August 2014). *Posttraumatic Stress Disorder and a History of TBI: Co-occurrence and Evidence-based Treatment*. Health and Behavioral Sciences Department presentation; Naval Health Research Center, San Diego, CA.
- Walter, K. H.** (July 2014). *Evidence-based Treatment of PTSD in the Context of a History of TBI*. Grand Rounds, Naval Medical Center San Diego, San Diego, CA.
- Walter, K. H.** (December 2013). *Evidence-based PTSD Treatment within the VA Healthcare System*. Health and Behavioral Sciences Department presentation; Naval Health Research Center, San Diego, CA.
- Walter, K. H.**, Dickstein, B. D., & Chard, K. M. (November 2013). *Quality of Life among Veterans receiving CPT for PTSD: Change Following Treatment and Association with Psychological Symptoms*. Symposium conducted at the 29th Annual International Society for Traumatic Stress Studies (ISTSS) conference, Philadelphia, PA.
- Forrester, J., **Walter, K. H.**, & Chard, K. M. (November 2013). *Examining the Interference of Benzodiazepines on Veterans in Traumatic Brain Injury/PTSD Residential Programming*. Poster presented at the 29th Annual International Society for Traumatic Stress Studies (ISTSS) conference, Philadelphia, PA.
- Walter, K. H.**, Kiefer, S. L., Bartel, A., Parkinson, R. B. & Chard, K. M. (April 2013) *The Association between PTSD, Depression, Subjective Cognitive Rating, and Cognitive Performance over the Course of PTSD/TBI Residential Treatment*. Poster presented at the VA Speech-Language Pathology National (AVASLP) Conference, San Francisco, CA.
- Walter, K. H.**, Kiefer, S. L., Schumm, J. A., Bartel, A. & Chard, K. M. (November 2012). *The association between PTSD and cognitive problems over the course of treatment in a PTSD/TBI residential treatment program*. Symposium conducted at the 28th Annual International Society for Traumatic Stress Studies (ISTSS) conference, Los Angeles, CA.

- Walter, K. H.**, Varkovitzky, R. L., Owens, G. P., & Chard, K. M. (November 2012). *Demographic and Treatment Outcome Differences among Veterans Receiving Cognitive Processing Therapy in Either Residential or Outpatient Settings: An Exploratory Analysis*. Symposium conducted at the 28th Annual International Society for Traumatic Stress Studies (ISTSS) conference, Los Angeles, CA.
- Schumm, J. A., **Walter, K. H.**, & Chard, K. M. (November 2012). *Latent class differences Explain variability in PTSD symptom changes during cognitive processing therapy for veterans*. Symposium conducted at the 28th Annual Meeting of the International Society for Traumatic Stress Studies, Los Angeles, CA.
- Chard, K. M., **Walter, K. H.**, & McIlvain, S. (November 2012). *Adapting Residential Programming to Respond to the Needs of OEF/OIF/OND Veterans*. Symposium conducted at the 28th Annual Meeting of the International Society for Traumatic Stress Studies, Los Angeles, CA.
- Lewis, J., **Walter, K. H.**, & Chard, K. (November 2012). *The Relationship between VA Service Connection and Treatment Outcome for Veterans in a Residential PTSD Treatment Program*. Poster presented at the 28th Annual Meeting of the International Society for Traumatic Stress Studies, Los Angeles, CA.
- Walter, K. H.**, Kiefer, S. L., Schumm, J. A., Bartel, A. & Chard, K. M. (November 2012). *The association between PTSD and cognitive problems over the course of treatment in a PTSD/TBI residential treatment program*. Symposium conducted at the Association for Behavioral and Cognitive Therapy (ABCT) conference, National Harbor, MD.
- Walter, K. H.**, Gilbert, S., Owens, G. P. & Chard, K. M. (November 2012). *Changes in Mindfulness Skills and Treatment Response among Veterans in Residential PTSD Treatment*. Symposium conducted at the Association for Behavioral and Cognitive Therapy (ABCT) conference, National Harbor, MD.
- Barnes, S. M., **Walter, K. H.**, & Chard, K. M. (April 2012). *Does a history of mild traumatic brain injury increase suicide risk in Veterans with PTSD?* Poster presented at the Annual Conference of the American Association of Suicidology (AAS), Baltimore, MD.
- Barnes, S. M., **Walter, K. H.**, & Chard, K. M. (March 2012). *Does a history of mild traumatic brain injury increase suicide risk in Veterans with PTSD?* Poster presented at the University of Colorado School of Medicine, Department of Psychiatry Poster Session. University of Colorado School of Medicine, March 14, 2012.
- Walter, K. H.**, Kiefer, S. L., & Chard, K. M. (November 2011). *Reductions in PTSD and postconcussive symptoms following treatment in a PTSD/TBI residential program based on CPT-C*. Symposium conducted at the 27th Annual International Society for Traumatic Stress Studies (ISTSS) conference, Baltimore, MD.
- Walter, K. H.**, Barnes, S. M. & Chard, K. M. (November, 2011). *The influence of MDD on residential treatment outcome among Veterans with PTSD and a history of TBI*. Poster presented at the 27th Annual International Society for Traumatic Stress Studies

(ISTSS) conference, Baltimore, MD.

Walter, K. H., Bertram, D. M., Chard, K. M. & Vasterling, J. J. (November 2010).

Examining neuropsychological measures as predictors of treatment outcome for Veterans with PTSD and TBI. Symposium conducted at the 26th Annual International Society for Traumatic Stress Studies (ISTSS) conference, Montreal, Canada.

Johnson, D., Perez, S., **Walter, K.**, & Johnson, N. (November 2010). *The Role of PTSD, Personality, and Shelter in Battered Women's Degree of Revictimization.*

Symposium conducted at the 26th Annual International Society for Traumatic Stress Studies (ISTSS) conference, Montreal, Canada.

Johnson, D. M., Perez, S., Johnson, N., & **Walter, K.** (March 2010). *Predictors of battered women's reabuse after leaving shelter: A prospective study.* Presentation at the National Summit on Interpersonal Violence and Abuse Across the Lifespan, Dallas, TX.

Walter, K. H., Johnson, D. & Palmieri, P. (November 2009). *Reduction of PTSD*

symptoms reduces risk of future interpersonal trauma. Symposium conducted at the 25th Annual International Society for Traumatic Stress Studies (ISTSS) conference, Atlanta, GA.

Horse, K. J., **Walter, K. H.**, Lamoureux, B. E., Wright, C. V., Johnson, D. M., & Palmieri, P. A.

(November 2009). *Trauma-related predictors of improvement in a sample of women in Dialectical Behavior Therapy.* Poster presented at the 25th Annual Conference of the International Society for Traumatic Stress Studies, Atlanta, GA.

Walter, K. H., Palmieri, P. A., & Johnson, D. (June 2009). *Long-term benefits of trauma-focused treatment: Are individuals whose PTSD symptoms improve through treatment able to maintain these gains?* Northeastern Ohio Universities College of Medicine & Pharmacy, Department of Psychiatry Thirteenth Annual Research and Scholarly Activities Day. Summa Health System.

Horse, K. J., **Walter, K. H.**, Lamoureux, B. E., Wright, C. V., Johnson, D. M., & Palmieri, P. A. (June 2009). *Dialectical behavior therapy treatment outcomes for Women with borderline personality disorder and history of trauma.* Northeastern Ohio Universities College of Medicine & Pharmacy, Department of Psychiatry Thirteenth Annual Research and Scholarly Activities Day. Summa Health System.

Walter, K. H. & Johnson, D. (November 2008). *Risk and Resiliency in the context of revictimization following domestic violence.* Poster presented at the 24th Annual International Society for Traumatic Stress Studies (ISTSS) conference, Chicago, IL.

Johnson, D., Perez, S., Pinna, K. & **Walter, K.** (November 2007). *The Role of Resources in Trauma and Posttraumatic Stress Disorder.* Symposium conducted at the 23rd Annual International Society for Traumatic Stress Studies (ISTSS) conference, Baltimore, MD.

Walter, K. H., Lamoureux, B. E., Horse, K. & Hobfoll, S. E. (November 2006). *Relationships among Childhood Trauma, Avoidance and Resource Loss: A Mediation and Direct Effect*

model. Poster presented at the 23rd Annual International Society for Traumatic Stress Studies (ISTSS) conference, Hollywood, CA.

Horsey, K., **Walter, K. H.**, Lamoureux, B. & Hobfoll, S. E. (November 2006). *The Impact of Posttraumatic Stress Disorder on Negotiating High Risk Sexual Situations*. Poster presented at the 23rd Annual International Society for Traumatic Stress Studies (ISTSS) conference, Hollywood, CA.

Lamoureux, B. E., Horsey, K. J., **Walter, K. H.** & Hobfoll, S. E. (November 2006). *Child Sexual Abuse and HIV Risk: Examining the Role of Interpersonal Negotiation*. Poster presented at the 23rd Annual International Society for Traumatic Stress Studies (ISTSS) conference, Hollywood, CA.

Hall, B. J., **Walter, K. H.**, Rattigan, S. (October 2006). *Promoting resiliency: The role of resources in the adaptation to trauma*. Symposium conducted at the the Ohio Psychological Association (OPA) annual convention, Columbus, OH.

Walter, K. H., Rattigan, S. & Hobfoll, S. E. (November 2005). *Resource Loss and Naturalistic Recovery from PTSD among Urban Women*. Poster presented at the 22nd Annual International Society for Traumatic Stress Studies (ISTSS) conference, Toronto, Canada.

Rattigan, S., Hall, B., **Walter, K. H.**, & Hobfoll, S. (November 2005). *Naturalistic PTSD recovery: social support/conflict and self-efficacy*. Poster presented at the 22nd Annual International Society for Traumatic Stress Studies (ISTSS) conference, Toronto, Canada.

Zoellner, L. A., Feeny, N. C., McDavid, J., Moore, S., Fukada S., Vigil, S., D'Angelo, F., McNamara, N., Stull, S., Goodpaster, J., & **Walter, K.** (July 2004). *Sertraline vs. prolonged exposure in the treatment of chronic PTSD*. Symposium conducted at the annual American Psychological Association (APA) conference, Honolulu, HI.

UNPUBLISHED TREATMENT MANUAL:

Walter, K. H. (2015). Behavioral Activation + Cognitive processing therapy: Military/Veteran Version: Therapist's Manual. Unpublished treatment manual.

GRANT ACTIVITY:

2023 – 2027 **Augmenting Suicide Prevention Interventions for Service Members (ASPIS)**
PI: Craig Bryan
Co-Site PI: Kristen H. Walter
Co-Site PI: Cynthia Thomsen
Congressionally Directed Medical Research Program (CDMRP)
Award type: Peer Reviewed Medical Research Program (PRMRP) Focused Program Award

- 2023 – 2025** **Harnessing the Power of Military Peers to Reduce Sexual Violence and Risky Drinking in Navy Sailors**
PI: Jennifer Read
Co-PI: Jennifer Livingston
Co-PI: Kristen H. Walter
Congressionally Directed Medical Research Program (CDMRP)
Award type: Traumatic Brain Injury and Psychological Health Research Program/Clinical Trial Award
- 2022 – 2024** **Patterns of Telebehavioral Healthcare Utilization among Active Duty Service Members across the Military Health System**
Co-PI: Kristen H. Walter
Co-PI: Emily Schmied
Defense Health Agency Military Health System Research (MHSR) Program
Award type: DHA-22-MHSR
- 2022 – 2024** **Improving Clinical Outcomes for PTSD Treatment through Enhancement of the Behavioral Health Data Portal**
PI: Brett Litz
Co-PI: Kristen H. Walter
Defense Health Agency Military Health System Research (MHSR) Program
Award type: DHA-MHSR-22
- 2021 – 2022** **Investigating the Effects of Suicide Exposure among Active Duty Service Members**
PI: Emily Schmied
Co-PI: Kristen H. Walter
Military Suicide Research Consortium (MSRC)
Award type: MSRC Common Data Elements
- 2020 – 2023** **Personalized Web-Based Sexual Assault Prevention for Service Members**
PI: Lindsay Orchowski
Co-PI: Kristen H. Walter
Co-PI: Amanda Gilmore
Grant number PT190176
Congressionally Directed Medical Research Program (CDMRP)
Psychological Health/ Traumatic Brain Injury Research Program 2019 Award type: Prevention Research to Reduce Sexual Assault and/or Understand Adjustment Disorders Investigator-Initiated Focused Research Award
- 2018 – 2021** **Overcoming Adversity and Stress Injury Support (OASIS): Psychological, Functional, and Career Outcomes of a Residential PTSD Treatment Program**
PI: Kristen H. Walter
Department of Defense; Navy Bureau of Medicine and Surgery (BUMED)
M9 Wounded, Ill, and Injured
- 2017 – 2021** **A Randomized Controlled Trial of Surf Therapy versus Hike Therapy for Active Duty Service Members with MDD**
PI: Kristen H. Walter

Department of Defense; Navy Bureau of Medicine and Surgery (BUMED)
M9 Wounded, Ill, and Injured

- 2016 – 2021** **BA + CPT for Comorbid Posttraumatic Stress (PTSD) and Major Depressive Disorder (MDD)**
PI: Kristen H. Walter
Department of Defense; Navy Bureau of Medicine and Surgery (BUMED)
M9 Wounded, Ill, and Injured
- 2015 – 2016** **Behavioral-Activation Enhanced Cognitive Processing Therapy (BA + CPT) for Service Members with Comorbid PTSD and MDD: A Continued Effort**
PI: Cynthia Thomsen
Co-I: Kristen H. Walter
Department of Defense; Navy Bureau of Medicine and Surgery (BUMED)
- 2015 – 2016** **Surfing as a Complementary Intervention for Major Depressive Disorder (MDD)**
PI: Cynthia Thomsen
Co-I: Kristen H. Walter
Department of Defense; Navy Bureau of Medicine and Surgery (BUMED)
- 2015 – 2016** **Relationship Based Recovery for Active-duty Service Members with PTSD and Alcohol Use Disorders**
PI: Cynthia Thomsen
Co-Is: Kristen H. Walter and Jeremiah A. Schumm
Department of Defense; Navy Bureau of Medicine and Surgery (BUMED)
- 2015 – 2017** **Combination Treatment for Complicated Cases: Efficacy of Cognitive Processing Therapy and Light Treatment for Posttraumatic Stress Disorder and Comorbid Major Depressive Disorder**
PI: Cynthia Thomsen
Co-Is: Gena Glickman and Kristen H. Walter
Department of Defense; Navy Bureau of Medicine and Surgery (BUMED)
- 2015 – 2016** **Psychological Comorbidity in the Population of Active-Duty Service Members during the Global War on Terror**
PI: Cynthia Thomsen and
Co-I: Kristen H. Walter
Department of Defense; Navy Bureau of Medicine and Surgery (BUMED)
- 2014 – 2015** **Behavioral Activation Enhanced Cognitive Processing Therapy (BA + CPT) for Active-Duty Service Members with PTSD and MDD**
PI: Cynthia Thomsen
Co-I: Kristen H. Walter
Department of Defense; Navy Bureau of Medicine and Surgery (BUMED)

2011 – 2013 **Mindfulness-based Cognitive Therapy (MBCT) for the Treatment of PTSD in Cognitive Processing Therapy Treatment Non-responders: A Pilot Study**
 PIs: Kathleen M. Chard and Kristen H. Walter
 Department of Veterans’ Affairs

2009 - 2010 **Executive function in PTSD: Does treatment increase performance?**
 PIs: Kristen H. Walter and John Gunstad
 Kent State University Graduate Senate 2009 Student Research Award

AWARDS:

- 2022** 37th Annual Academic Research Competition
 1st Place Category 1A Original Research-Staff Presentation
 Naval Medical Center San Diego
- 2022** 37th Annual Academic Research Competition
 2nd Place Poster Presentation (co-author)
 Naval Medical Center San Diego
- 2021** Civilian of the Year Science Award
 Naval Health Research Center
- 2021** Civilian Science Award for the Second Half of the Performance Year
 Naval Health Research Center
- 2021** 36th Annual Academic Research Competition
 Honorable Mention: Category 2 Original Research-Staff
 Naval Medical Center San Diego
- 2021** 36th Annual Academic Research Competition
 2nd Place Clinical Category 1A Original Research-Staff (co-author)
 Naval Medical Center San Diego
- 2020** Special Achievement Award
 Naval Health Research Center
- 2018** Shaping How we Invest For Tomorrow (SHIFT) Award Selection
 The Center for Jackson Hole
- 2018** Navy and Marine Corps Public Health Center (NMCPHC) Conference
 Poster Excellence Award (co-author)
- 2006** International Society for the Study and Treatment of Traumatic Stress
 (ISTSS), 2006 Student Poster Award (co-author)
- 2002** Psi Chi National Psychology Honor Society
 Case Western Reserve University, Cleveland, Ohio
- 2001** Alpha Kappa Delta National Sociology Honor Society
 Case Western Reserve University, Cleveland, Ohio
- 2001** Schermerhorn Award for the Outstanding Undergraduate
 Sociology Student
 Case Western Reserve University, Cleveland, Ohio
- 2000 - 2003** All-University Athletic Association (UAA) Academic Team
 Case Western Reserve University, Cleveland, Ohio

EDITORIAL SERVICE:

Editorial Board

2022 – Present *Journal of Traumatic Stress*

Guest Editor

2019 Guest Editor, *Global Journal of Community Psychology Practice*, Special Issue on Surf Therapy around the Globe

Reviewer

2009 - Present Ad hoc Reviewer, *Journal of Traumatic Stress*

2011 - Present Ad hoc Reviewer, *Psychiatry Research, Stress & Health*

2014 - Present Ad hoc Reviewer, *Rehabilitation Psychology, Behaviour Research and Therapy*

2015 - Present Ad hoc Reviewer, *Journal of Head Trauma Rehabilitation, Contemporary Clinical Trials, Military Medicine*

2017 - Present Ad hoc Reviewer, *Brain Injury, Psychological Services*

2018 - Present Ad hoc Reviewer, *Trauma & Treatment, Military Behavioral Health*

2019 - Present Ad hoc Reviewer, *The New England Journal of Medicine*

2019 Content Reviewer, *PTSD Casebook Companion to APA's Clinical Practice Guidelines for the Treatment of PTSD in Adults*

2020 - Present Ad hoc Reviewer, *European Journal of Traumatology, Mental Health and Physical Activity, Cogent Psychology*

2021 - Present Ad hoc Reviewer, *Psychological Medicine, AIMS Neuroscience*

2022 - Present Ad hoc Reviewer, *Behavioral Medicine, International Journal of Emergency Services, Journal of Adolescence, Journal of Family Psychology*

TEACHING/MENTORING EXPERIENCE:

2020 Chair, Master's Capstone Committee:
Fawn Liebengood, MBA (Master of Advanced Studies Program in Marine Biodiversity and Conservation), "Blue Ocean Warriors Exploring How Community-Based Marine Debris Cleanups Can Be Therapeutic Recreation for Active Duty Service Members and Veterans"
08 MAY 2020
Scripps Institution of Oceanography, UC San Diego

2021 Member, Dissertation Committee:
Alisa Bartel, MA, MPA (Clinical Psychology), "Examining Change in Objective and Subjective Neurocognitive Performance Following a Brief Online Trauma Intervention"
14 APR 2021
University of Colorado Colorado Springs

COMMITTEE AND VOLUNTEER SERVICE:

2022 – Present Department of Defense Sexual Assault Advisory Group
Committee Member

2022 – Present Defense Health Program (DHP) Psychological Research Portfolio

Strategic Plan
Subject Matter Expert

- 2019 – Present** Lifestyle Interventions for Traumatic Stress (LIFTS) Special Interest Group
Co-Founder
International Society for the Treatment of Traumatic Stress (ISTSS)
- 2018 – Present** Military Operational Medicine Research Program (MOMRP)
PTSD Treatment Research Interim Progress Reviews
Invited Guest
- 2018 – Present** Military Special Interest Group Co-Chair
International Society for the Treatment of Traumatic Stress (ISTSS)
- 2018 – Present** Individual Contributor
International Surf Therapy Organization (ISTO)
- 2015 – Present** Clinical Provider
American Red Cross
Service to the Armed Forces; San Diego Chapter
- 2013 – Present** National Veterans Summer Sports Clinic (NVSSC) Volunteer
VA San Diego Healthcare System
- 2010 – 2013** Clinical Training Committee
Cincinnati VA Medical Center

PROFESSIONAL MEMBERSHIPS:

- 2003 – 2015** American Psychological Association (APA)
2008 – 2016 APA Division 56 (Trauma Psychology)
2005 - Present International Society for the Treatment of Traumatic Stress (ISTSS)
2016 – Present Association of Behavioral and Cognitive Therapies (ABCT)
2017 – Present Anxiety and Depression Association of America (ADAA)

MEDIA COVERAGE:

Newspaper Articles

- 2021** **The New York Times**
“A rogue climber running from the law was fleeing his own trauma”
by Dave Phillips
<https://www.nytimes.com/2021/06/04/us/isaac-wright-driftershoots-ptsd.html>
- 2020** **San Diego Union Tribune**
“Love is all you need: Marine veteran finds solace with wife and adaptive sports” by Lauren Mapp

<https://www.sandiegouniontribune.com/caregiver/news-for-caregivers/story/2020-02-18/paralympic-snowboarder-san-diego-veteran-military>

2019

The New York Times

“Catching waves for well-being” by Amitha Kalaichandran

<https://www.nytimes.com/2019/08/08/well/mind/catching-waves-for-well-being.html>

2018

The Washington Post

“Riding the waves to better health: Navy studies the therapeutic value of surfing” by Tony Perry

https://www.washingtonpost.com/national/health-science/riding-the-waves-to-better-health-navy-studies-the-therapeutic-value-of-surfing/2018/03/09/254df9e2-06ca-11e8-94e8-e8b8600ade23_story.html

Radio/Podcast

2021

National Public Radio (WOSU)

All Sides with Ann Fisher

Wellness Wednesday segment

<https://www.npr.org/podcasts/381443470/all-sides-with-ann-fisher>

Website Blogs

2018

Navy Medicine Live

“Thinking Outside the Clinic: Researching Novel Approaches to Improving Psychological Health” by Cynthia Thomsen and Kristen Walter

<https://navymedicine.navylive.dodlive.mil/archives/10727>

2018

U.S. Department of Defense

“Doctors Use Cutting-edge Research at Navy Hospital” by Shannon Collins

<https://www.defense.gov/Explore/News/Article/Article/1383983/doctors-use-cutting-edge-research-at-navy-hospital/>

PAST EXPERIENCE:

2008-2009

Research Therapist, Helping to Overcome PTSD through Empowerment
Summa Health System, Akron, Ohio (NIMH)

2007-2008

Psychology Extern, Center for the Treatment of Traumatic Stress
Summa Health System, Akron, Ohio

2006-2007

Project Director, Women's Health Empowerment Project (NIMH)
Kent State University, Kent, Ohio

2004-2006

Research Assistant, Women's Health Empowerment Project (NIMH)
Kent State University, Kent, Ohio

2003-2004

Research Assistant, Treatment of PTSD in Assault Survivors (ADAA)
University Hospitals, Cleveland, Ohio

ACTIVE CLINICAL PRIVILEGES:

2015 - Present Naval Medical Center San Diego (NMCSO)
San Diego, California

ADJUNCTIVE RESEARCH AFFILIATION:

2021 – Present Adjunct Associate Professor Research Faculty
San Diego State University/San Diego State University Research Foundation
San Diego, California

2017 - Present Research without Compensation (WOC) Employee
VA San Diego Healthcare System
San Diego, California

CERTIFICATIONS AND TRAININGS:

Cognitive Behavioral Conjoint Therapy (CBCT)

Cognitive Processing Therapy (CPT) Certified VA Provider

Virtual Reality Exposure Therapy (VRET)

Advanced CPT Refresher

Behavioral Activation (BA)

Crisis Response Planning (CRP) for Suicide Prevention